

# Our Shire News

July 2013



## President's Report

On Friday 13 June 2013 Mr Stan Scott (CEO) and I attended a function to meet and hear from the Hon Tony Simpson, Minister for Local Government. There was an address followed by a question and answer session. Considerable discussion centred on the question of Local Government amalgamations.

The Hon Minister indicated the intention of the Government to legislate a change to the Local Government Act by which if one Local Government involved in a proposed amalgamation achieves a 50% turnout of electors and a majority of those electors reject that proposed amalgamation then the amalgamation is rejected. The most recent case was that of the Town and Shire of Narrogin and the Shire of Cuballing. These provisions are known as the Dadour poll provisions. Tom Dadour, a Local Government member for Subiaco in the 1980's introduced those provisions and the Government now proposes that this be changed to a majority of voters across all Local Governments affected by the proposed merger.

The Robson report on Metropolitan Local Government reform has recommended the present 30 metropolitan local governments be reduced to 15 or 20. A proposed amalgamation involving the Shire of Peppermint Grove, under the present poll provisions could be rejected by as few as 550 Peppermint Grove voters.

Although such a change seems minor it has far reaching consequences particularly for country and regional local governments. Although

the Government has repeatedly said that there will be no "forced" amalgamations it is open to conjecture what is meant by the term "forced."

Under the present provisions of the Local Government Act 1995 the Minister (for Local Government) may make a proposal to the Local Government Advisory Board to:-

- a) Declare an area of the State to be a district; or
- b) Changing the boundaries of a district; or
- c) Abolishing a district; or
- d) A combination of any of these matters.

The process for an amalgamation involves the Advisory Board holding an inquiry and then making a recommendation to the Minister. At that point the Minister may require a poll of the voters or the electors may demand a poll which is the Dadour poll provisions outlined earlier.

In the event that poll provisions are not activated or the polling does not result in rejection of the recommendation of the Advisory Board then an amalgamation can be recommended by the Minister to the Governor. The Governor usually acts on the recommendation of the Minister.

So by changing the Dadour poll provisions to make rejection of a recommended amalgamation high on impossible, amalgamation may be achieved by:

- The Minister submitting a proposal to the Advisory Board;
- The Advisory Board inquiring into the proposal and recommending an amalgamation to the Minister;
- The revised poll provisions not activated or not resulting in a rejection of the recommendation because of the increased requirements;

- Amalgamation is recommended by the Minister to the Governor;
- The Governor on the recommendation of the Minister may then make an order:
  - a) Declaring an area of the State to be a district; or
  - b) Changing the boundaries of a district; or
  - c) Abolishing a district; or
  - d) A combination of any of these matters.

Amalgamation is not compulsory but amalgamation would now be an irresistible process.

The evidence gathered in a number of reports across Australia is that amalgamations in other jurisdictions have rarely met expectations of reduced costs or enhanced capacity.

Australia already has the fourth largest average population per Local Government area at some 40,000 plus people. The UK is the largest with some 143,000 and France the smallest with 1,500 people on average per Local Government Area. There is possibly no "right" size for a Local Government.

Clearly metropolitan amalgamations are in the spotlight now however country amalgamations are not off the agenda. As a Shire we must consider all aspects of the amalgamation argument and secure available data to show the relevance or lack of relevance for an amalgamation for Toodyay both from the Structure – Conduct – Performance (SCP) perspective and from the enhanced capacity perspective.

Our present development of IPR (Integrated Planning and Reporting) will provide much data to either demonstrate the need to amalgamate or show the present structure is viable financially, socially and environmentally.

## Planning & Development



### AMENDED STATE PLANNING POLICY NO 3.1 – RESIDENTIAL DESIGN CODES

Please be advised that the Hon. Minister for Planning has recently approved proposed changes to State Planning Policy No 3.1 - Residential Design Codes. The R-Codes is a state government document administered by local government to provide the basis for the control of residential development throughout Western Australia.

The R-Codes (2013) will take effect upon publication in a special edition of the Government Gazette on Friday 2 August 2013. As the Governor has granted final approval to the R-Codes (2013), the Department has now publicly released the amended R-Codes (2013) and accompanying guidance documents, which can be viewed on the Department of Planning website on <http://www.planning.wa.gov.au/637.asp>.

If you have any further queries please do not hesitate to contact the Shire of Toodyay Development Services on 9574 2258.

## Environment Matters

### KERBSIDE RECYCLING BINS

It is with great pleasure the Shire announces Toodyay now has kerbside recycling! Recycle bins have been delivered to all residents that are currently receiving a rubbish bin collection service. Calendars, as well as a reusable shopping bag, have been supplied with the bin and these contain all the information you need to know about what can be recycled, what days your collection will be, and other helpful information.

Some confusion may arise regarding what can go in the recycling bins as there is conflicting information between what's stamped on the bin and what the calendar says. The bins have a generic stamp on top because they are not Council specific. HOWEVER, our recyclables will be going down to the South Metropolitan Regional Council (SMRC) facility in Canning Vale ([www.smrc.com.au](http://www.smrc.com.au)) which accepts a greater range of recyclables than shown on the bin lid. The information supplied in your calendar is the correct information regarding what you can recycle.

More educational material will be released in the coming months.

### ENVIRONMENTAL STRATEGY

The Shire is currently in the process of writing an Environmental Strategy. The framework for this document will be presented to council in the July Forum for consideration. Topics covered

in the strategy will range from Water, Energy, Land and Waste Management to future visions for grant funding and environmental education. Once the strategy is complete it will be used as a guiding tool for the Environment Officer to achieve results for the shire's overall sustainability.

### PLANTING DAYS AT MALKUP BROOK RESERVE

Friday 26th and Sunday 28th July  
from 9:30am

Community volunteers who would like to help to revegetate this shire reserve please call Bethan Lloyd on 9574 5882 or email [bethanlloyd\\_8@msn.com](mailto:bethanlloyd_8@msn.com) to register your interest

If you would like more information on either of these topics please contact Karla Hooper, Environment Officer at the Shire of Toodyay [eo@toodyay.wa.gov.au](mailto:eo@toodyay.wa.gov.au) or 9574 9322



### COUNCIL MEETINGS

Ordinary Meetings of Council will be held at 7.00pm on:

Tuesday 16 July 2013

Tuesday 20 August 2013

Council Meetings are held in the Shire of Toodyay Council Chambers, unless otherwise advised. Council Meetings are open to the public and community attendance is welcomed and encouraged.

## Library Ch@t



### Library Resources

There are some fabulous electronic database Library Resources that are freely available for all to enjoy in the comfort of your own home. These educational, explorative and research facilities may be located via the Shire of Toodyay website on the Library Resource page. The electronic Library Resources are suitable for everyone from tots to teens to adults. They are also ideal for assistance in home schooling.

Should you not have a personal computer or laptop web browser device the Library offers you free access to these facilities by utilising one of our six public computers. Some of our online Library Resources include.

### Databases for Children

**Busythings** is an online resource for young children with over 100 individual educational activities to help and guide creative development, problem solving, reasoning,

numeracy, communication, language and literacy. This facility is provided through your Library membership and our partnership with the Better Beginnings early learning initiative.

The **Tumblebook eLibrary** delightfully introduces children to the joys of reading, offering a variety of animated talking picture books. As with Busythings, Tumblebooks is an ideal stepping stone in a child's introduction to books and literacy.

**Literacy Planet**, previously known as Intrepica is the next stage in online learning facilities providing children of all ages and abilities with a high-quality play-based literacy resource covering more than 10,000 activities. Children and parents can select from activities focusing on pre-reading skills, phonics, reading, spelling, vocabulary, grammar and comprehension in a fun, exciting and safe online environment.

### Databases for Adults

**Novelist** is a fiction database providing subject heading access, reviews, annotations as well as information on authors writing in similar genres. Novelist is ideal for individuals and Book Clubs providing book discussion guides, Book Talks and Feature articles.

**The Health and Wellness Resource Centre** provides members with full text authoritative information in the areas of health, medicine, fitness and nutrition.

Gale's **Popular Magazine Collection** has full text content with a focus on current events, sports, science and health from thousands of popular magazines, including the Australian version of Choice Magazine.

Should you require any information on how to access any of the Library Resource databases please contact the Toodyay Library and a member of our friendly staff shall happily assist you.

### Regular Events for July

#### Morangup Library

9th & 23rd July  
2.30 - 5.30pm

#### Many Minds Discussions

11th & 25th July  
10.00 - 12pm

#### Creative Writing Group

4th & 18th July  
10.00 - 12pm

#### Baby Rhyme /Story Times

Every Friday  
10.30 - 11.30am

### Quote of the Month

"Women and cats will do as they please, and men and dogs should relax and get used to the idea." — Robert A. Heinlein

## Community Safety

### CHARCOAL LANE LIGHTING

On 10 June installation of the Solar LED Lights was completed. This project was largely funded by a Community Safety Fund grant of \$25,000 from the WA Police. Delays were experienced along the way with Sylvania Lighting wanting to ensure that the lights met all our expectations and I think everyone would have to agree they've done a good job.

As part of the acquittal process for the grant, a survey will be undertaken to see if the addition of this lighting has helped address community concerns. While it may have been nice to have a few more lights; the lights we now have definitely make a big difference to Charcoal Lane.

### SCHOOL CCTV

The Shire of Toodyay has been successful in the latest Community Safety Fund grant round and will be receiving \$23,754 from the WA Police towards the installation of CCTV to protect the Toodyay District High School premises. The Shire, Toodyay Community Safety and Crime Prevention Association, and Toodyay and Districts Community Bank are all contributing to this project which will get underway very soon.

The project as it stands is for the installation of two cameras, with the Toodyay Community Safety and Crime Prevention Association looking to the community for money to install a third camera at the same time. Anybody wishing to donate money toward the third camera please contact the TCSCPA or email grants@toodyay.wa.gov.au.



## Events



### EARTH MOTHER DAY

On 2 June Earth Mother Day was held down at the showground combining aboriginal culture, environmental awareness and fun for all the family. The cold windy weather made the bonfire started in the traditional manner very popular though it possibly kept the numbers down. The music and dancers were great, while the huge earth ball kept the kids busy running round the oval.

RHCS, MIFWA and One Life all have to be thanked for making this day possible. Of course one of the highlights for the day would have to be the Shire President, Kevin Hogg, taking part in the Smoking Ceremony as one of the dancers.



### PROPOSED TEMPORARY ROAD CLOSURES FOR 2013 ACT-BELONG-COMMIT AVON DESCENT

An application has been received from Northam's Avon Descent Association Inc proposing a number of temporary road closures on the 3rd August 2013.

The proposed road closures are as follows; Cobblers Pool Road and half road closure West Toodyay Bridge, Julimar Road.

Comments and submissions from the public are welcomed and should be presented in writing and will be received until 4.00pm 31st July 2013 at the Shire of Toodyay Administration Centre, 15 Fiennes Street (PO Box 96) TOODYAY WA 6566.



### TOODYAY INTERNATIONAL FOOD FESTIVAL

SATURDAY 4 AUGUST 10AM-4PM

The Food Festival committee is pleased to announce that we have a HUGE headlining act for the 2013 event.

Be prepared to witness some of the most incredible magic in existence today that truly needs to be seen, to be believed! This performance will feature incredible high-energy, mind blowing magic, world-class sleight of hand, witty and light-hearted comedy, audience participation and spectacular grand illusions that are unlike anything you have ever seen before. We are pleased to announce Adam & Selina are our headliners! You may remember them from Australia's Got Talent or if you were lucky enough, seen them live in Las Vegas recently!

This year's festival has a huge array of international cuisine to delight the taste buds of every visitor as well as entertain the whole family with our wonderful children's entertainment and main stage acts.

For further information please contact the Event Coordinator at the Shire of Toodyay, Debra Andrijich on (08) 9574 2258 or the Toodyay Visitors Centre on (08) 9574 2435



### TIDY TOWNS

Come Tuesday 23 July the Tidy Towns judges will be coming to Toodyay, so let's show them what a beautiful, friendly, community spirited town Toodyay is.

### NORTHAM TO TOODYAY PADDLE EVENT

Sunday 14 July 2013

# health matters

## Toodyay Men's Shed Inside The Shed

### The Scribe

HELLO Fellow Shedders.

Here we are, halfway through the year in a blink of an eye. How did that happen?

The older I get, the slower I become and the faster things happen around me. I long for those days that used to drag on and on and life was so boring. I guess it must have something to do with the feeling that time is running out and there are so many lists that remain unfinished. (one or two not even started!) But nonetheless, we hobble back to our corner and ready ourselves to come out and fight our way through another day. Winter can be quite challenging for the older folk of our community so now would be a good time to stop the merry-go-round and take some time out to check on a family member or friend and just say "hi" and have a cup of something while you catch up and make sure all is well.

At the Men's Shed this happens automatically as we arrive and stand around the fire trying to get warm, bitching about the weather and our aches and pains which we know everyone else has and there is nothing you can do about. But it feels much better when you know you're not the only one with the same problem. It doesn't take long to notice someone who may be a little out of sorts so the question can be put to him in so many different ways. Are you all right mate? What's happening? Having a bad day? Or just by engaging that person in conversation, the problem will come out in due course and, once shared with someone, is as we all know, it's halved, if not resolved by simply looking at it from a different point of view. But enough of my ramblings, let's see what happened over the last month.

Our 'Men's Health Initiative' on 7 June at the CWA Hall saw some 25 people brave the cold to hear what our guest speakers

had to say about some mental health issues that we face today. Many thanks to Helen Moses of One Life, Sara and Danielle from Act, Belong, Commit, Terry from Regional Mens Health Initiative and their Pit Stop and Colin Longworth, psychologist giving an insight as to what to expect when you visit a practitioner.

And last but by no means least one of our own, Owen, who had us all in stitches telling us about his experience with prostate cancer, a very delicate subject that was handled in such a way that his story will be seared upon my brain for the rest of my life. However, I can safely say that I am far more aware now of what to expect should I or have the misfortune to be diagnosed with the condition.

On 21 and 22 June we held our wood raffle outside the IGA entrance. This turned out to be a great success in so many ways. First I would like to thank Dean for allowing us to run the raffle at the entrance of his shop. Secondly, to once again thank our community for their support financially, with many people not only buying tickets, but offering their tickets for someone we thought would be in need, and then many more just donating money as they didn't have a use for the wood. We also had many enquiries about the proposal we have before the Shire and how that was progressing (we believe it may go before Council in August) plus many words of support. Once again, thank you good people of Toodyay and neighbouring areas.

One of our newer members, Kel, is not doing so well at the moment and hasn't been able to attend the Men's Shed for a while due to his health. So Kel mate, from all of us at the Shed, "Get Well Soon!" We miss your fighting spirit and happy smile and I know if you can't get to us, some of the boys will come and visit you soon. Stay strong, mate.

Some more visitors have come to the Shed to check out what we have to offer and we all say welcome and hope you decide to become members. It does take a few weeks to get used to our 'strange mob' and their carry on, but we are quite harmless really. Those of you who are current members, please note that when you read this, your subscriptions will be overdue and should be paid as soon as possible (a quick note from your treasurer!)

Talk about busy! Keep an eye out for 'Christmas in July'. More information closer to the date, 20 July, at GG's place about late afternoon - a Great Bush Bash! It will be hoot, not to be missed for you guys and your gals.

While we are talking about old age and slowing down (at the beginning of the column - remember?) something came over my desk the other day that relates to that subject rather aptly:

What does the new SOS stand for?  
Slower, Older and Smarter.  
Take care guys.  
Inquiries for TMS, please ring Fred on 9574 5795.

## A Night in Northam Hospital

Naomi Millett

RECENTLY there has been a great deal of negative publicity surrounding the standards of treatment in Northam Hospital. But, after spending a night there in the Emergency Department, I gained insight into how well this place operates considering its chronic staff shortages.

While attending a Garden Club function at a farm property, I was unlucky enough to get bitten by a redback spider. Anaphylactic shock rapidly set in with its symptoms of rash, dizziness, swollen throat and tongue.

As the Toodyay Medical Centre was closed, a friend kindly drove me to Northam.

On the way, as I could no longer swallow or talk, I worried about how to explain my situation. To my surprise, however, I didn't have to; the triage nurse took one look at me and fast tracked me straight in, administering four adrenalin shots plus intravenous drips of phenergen and other medications, and pain relief. During a long night, I was amazed at the diligence and dedication of the skeleton staff (two nurses, one doctor, one orderly/cleaner).

One nurse had been on an eight hour shift, then had two hours break before being called back in for another eight. She was exhausted, yet stoic - and also candid. Apparently this was a regular occurrence, and she even joked, "I don't know what Occupational Health and Safety would say about it!"

There were three other patients alongside me in immediate need: a teenage girl who had broken her ankle riding down a hill in a shopping trolley; an elderly, diabetic man with dangerously low blood sugar, (the nursing home forgot his meal); and a young man (complaining of agonising stomach pains) from the Yongah Hill Immigration Detention Centre. Three guards accompanied him, so the unit was fairly crowded (though the poor man seemed in no position to contemplate escape at that time.)

Some debate from the staff went on as to who should receive the only available bed in the main hospital area: it was a toss up between me and the diabetic man (if this doesn't highlight a lack of resources, what does?)

The refugee required scans, which revealed a gall stone, and then the sole doctor had to establish what language he spoke, (farzi) and organise a translator on the phone to explain the diagnosis and treatment. While maintaining a level of diplomacy, and attending to so many tasks, my candid nurse answered most of my nosy questions.

Yes, it does take a while to establish if some patients are 'faking it', she explained; quite a few refugees come in with pseudo ailments "after swallowing blu tac" in a desperate attempt to get out of the centre.

When there were lengthy waits for the doctor to check us, the nurses generally explained why there was a delay, which somehow eased the situation.

At around ten pm, an intoxicated, bipolar man who regularly shows up at the hospital caused a disturbance, shouting, swearing and punching walls in triage. After attempts to negotiate with and mollify him failed, the

police were called to take him home. This coincided with the arrival by ambulance of a baby with heart problems.

Despite the extra curved balls, my fellow patients and I were monitored through all this as closely as the staff could manage.

At midnight, my nurse even asked if I wanted a coffee. As she was too busy to get it herself, she (no doubt breaking numerous protocols) handed over a bunch of keys and allowed me to wander, unsteadily, down to the nurses' kitchen and help myself to coffee, sandwiches and magazines. I even found myself offering to bring her a cup.

There is nothing like a short stay in an institution like this to realise first hand just how flat tack the staff are, and what a brilliant job they are doing under difficult circumstances. But it's also easy to see how things could go drastically wrong in a system where all resources are stretched - as they are here - to the limit.

## Is Pee and Poo Putting You off Your Breakfast?

Cancer Council WA

TUNE into RadioWest over breakfast this week and you might be in for a shock. The Find Cancer Early radio ads are on air again. They start with a toilet flushing, a guy peeing, shower taps being turned on or a person coughing, and encourage people to look for the early signs and symptoms of cancer.

"The ads might be a bit confronting, especially with a mouthful of Weet-Bix, but they work in capturing people's attention, and maybe a few giggles."

Behind the toilet talk there is a serious message behind the ads for people over 40.

Next time, before you flush, check if there's any blood in your poo or on the toilet paper. You should also look out for diarrhoea, going more often or a change in when you go, especially if it lasts longer than four weeks. Any of these could be signs of bowel cancer.

For men, take notice of blood in your pee, needing to go urgently or more often, experiencing pain when you pee or being unable to go when you need to. These are all possible signs of prostate cancer.

While women are showering they should check the size, shape or feel of their breasts for anything that isn't normal. It could be a sign of breast cancer.

Also take notice if you are coughing up blood, have a cough that lasts longer than four weeks or an existing cough that changes or gets worse. Any of these could be signs of lung cancer.

It is important to spot symptoms early, because the earlier cancer is found, the greater the chance of successful treatment.

If you are over 40 and have any of the symptoms above, make an appointment to see your doctor.


So listen out for the ads.

"It's quite funny, they tried to play similar ads in the UK, but they were only allowed to play them after breakfast because people couldn't stomach them. But the Aussies don't seem mind," says Karen Hansen, Find Cancer Early Project Officer.

Having these symptoms doesn't mean you have cancer - often they turn out to be something less serious - but it's important to tell your doctor. More information is available at: [www.findcancerearly.com.au](http://www.findcancerearly.com.au).

Find Cancer Early is an initiative of The University of Western Australia and Cancer Council WA investigating ways to improve cancer outcomes for people in regional Western Australia.

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# health matters

## Warriors Wellbeing Men's Sexual Health

### Owen and The Team

#### The Regional Men's Health Initiative

MEN'S sexual health encapsulates three areas: it is about the physical (male reproductive system, one's anatomy); mental (psychological wellbeing); and one's social/spiritual wellbeing (effective communication, knowing oneself, one's identity).

What are some of the components of men's sexual health?

1. What is sex?
2. What is the Prostate and its problems such as enlargement and cancer?
3. Erectile dysfunction.
4. Infertility.
5. Testosterone deficiency.
6. Testicular cancer.

There is a lot of information on the physical (anatomy) areas of men's sexual health. Andrology Australia, which is the Australian Centre for Excellence in Male Reproductive Health, has a lot of awareness and education resources. They can be contacted by email at [info@andrologyaustralia.org](mailto:info@andrologyaustralia.org), by phone on 1300 303 878 or through their website: [www.andrologyaustralia.org](http://www.andrologyaustralia.org).

Now, because I'm a bloke, I want to talk about a couple of bits that aren't discussed very often. The first topic for discussion is Sexual Dysfunctionality in Men.

Because we blokes don't talk about sexual health in a holistic way there is a lot of myth and secrecy about what is normal sexual function. Quite often men boast about their sex life but this is different from sexual health. What is normal sexual health functionality?

There is some recent research which is a great guide to deem what may be normal in regards to sexual functionality. Whether we want to believe it or not this is linked to age.

It goes like this:

- In our 50's - 50% of men are sexually dysfunctional.
- In our 60's - 60% of men are sexually dysfunctional.
- In our 70's - 70% of men are sexually dysfunctional.
- In our 80's - 80% of men are sexually dysfunctional.

Don't panic, it is a normal part of ageing, and we blokes need to talk about it a lot more so it's not a great shock to us when it starts to happen. Is there more to life than sex?

So what is sex? It is a biological activity that all living creatures partake in, both to propagate the species and for enjoyment. The latter presents the biggest problem with human sex and that is males and females having very different sexual needs (which can be especially annoying for men). We can't have a positive sexual relationship without connection.

In order to maintain a positive connection, the social/spiritual aspects of your relationship require constant attention. This connection then allows everything else to fall into place.

Some important points to remember in relationship to men's sexual health are:

- talking to your partner and your doctor is most important;

- dysfunctionality is very common in men over 50 years of age;
- it can be a sign of other more serious diseases such as diabetes or heart problems;
- quite often the problem is a combination of physical (male reproductive system, our anatomy); mental (psychological wellbeing); and social/spiritual wellbeing (communication, knowing ourselves, our identity);
- try and maintain a health and fitness programme.

Only by getting men to talk about sexual health will we be able to encourage men to seek treatment, be able to give constructive positive support and ultimately improve that area of men's lives that is vital for overall health and wellbeing.

Blokes - by talking about our sexual health we will encourage other men to open up and talk, to seek treatment, and if necessary book in to see a GP.

## Psychological Health

### Homelessness, Mental Health and Policy Failures

#### Richard Taylor

#### Specialist Clinical Psychologist

NICK Cater, the Chief Opinion Editor of *The Australian*, and the author of 'The Lucky Culture' wrote an interesting article in *The Australian* on 25 June entitled 'Vanity bill keeps homeless out in the cold'.

He noted that the 2006 census found a little under 105,000 homeless Australians. In 2011 the figure was more or less the same and does nothing to realise Kevin Rudd's much vaunted pledge to halve homelessness by 2020.

As Nick Cater remarked, tackling homelessness is not like building school halls, because it is a complex condition linked to mental illness, alcoholism, family dysfunction and divorce, with the complexity

of causation defying simple solutions.

The Minister for Mental Health, Mark Butler, is also the Minister for Housing and Homelessness (and the Minister for Social Inclusion, whatever that is!) The current Homelessness Bill 2013 appears to be still going through the House of Representatives. Nick Cater has described it as hand ringing symbolism and that it simply seeks to raise awareness and recognition of the problem without real action. He stated, 'That is all there is to this spineless, sanctimonious statute - enlarged recognition and awareness raising. Its passing will be without consequence; homelessness will be as miserable an experience as it has always been, and the chances of finding a home will not have improved one jot. The act comes with no funding and no specific measures. Indeed, since homelessness is almost entirely a state concern, there is little the commonwealth can do except wring its hands and dole out money if it has any, which it hasn't.'

The Bill is not worth the paper it is printed on with the final clause emphasising that the legislation has no legal effect and cannot be tested in court, 'This act does not, by its terms and operation, create or give rise to any rights (whether substantive or procedural), or obligation, that are legally enforceable'.

This weak and uninspiring piece of legislation is masked by much bureaucratic speak such as Minister Mark Butler's comments during the second reading speech which reassures us that the government is 'committed to improving outcomes' by adopting a range of 'service delivery principles'. This same minister also presides over mental health policy and delivery, which has become an omnishambles under this government.

Announcing vast reforms is one thing; however, delivery on the ground is another. For example, the DisabilityCare scheme is a concept highly worthy of our full support. But Henry Ergas in *The Australian* on 6 May warned against its uncritical embrace and suggested caution, 'By eschewing unaffordable promises, that are only ever made to be broken, it would avoid the problems that have plagued efforts to improve mental health services: notably, vast

spending pledges that degenerate into smoke and mirrors, with the whole process drowned in reviews and ministerial announcements as vacuous as they are high minded.'

When services for people in need in our community are let down by governments that cannot deliver on their grand schemes, it compromises personal recovery efforts.

## Pet Health Spey and Neuter Your Dogs and Cats

### Dr Seven Devery BSc BVMS Veterinarian

DID you know that sterilising your cats and dogs can dramatically reduce their chances of acquiring certain types of cancer later in life? Speying females also significantly reduces the risk of life-threatening infections of the reproductive tract while sterilising males reduces the risk of prostate disease. In addition, sterilisation can curb undesirable behaviours such as wandering, aggression, and inappropriate urination.

People are often surprised to learn that sterilisation does not affect a working dog's behaviour or value, nor does it have a negative impact on your pet's character.

At Heartlands, we use the most up to date monitoring equipment to ensure your pet has the safest anaesthetic, intravenous fluids to support your pet's vital organs where necessary, and comprehensive pain relief both in hospital and at home during the recovery period.

All told, sterilisation is a safe procedure that often leads to healthier pets, less vet bills down the track, a decrease in unwanted behaviours, and an increase in animal welfare by helping to curb the number of new pups and kittens looking for homes. Just one unsterilised female dog and her puppies can produce over 50,000 dogs in six years, while one unsterilised cat and her kittens can produce over 350,000 cats in seven years. That's a lot of puppies and kittens!

## Stressed and Depressed!!

Not sure about asking for help?  
We know that can be the hardest thing.

Talk to those that have been through it  
and see how they have rebuilt their lives.

### Toodyay Men's Shed

Thursday 9.00am - 12.00 noon  
6176 Toodyay Rd

Phone 9574 2498 or 9574 4568

Emergencies: LIFELINE 13 11 14

## Wheatbelt Clinical Psychology

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Toodyay & Bindoon

### Richard Taylor

Member of the *Institute of Clinical Psychologists WA*  
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# environmental matters

## Toodyay Tidy Towns



The recycling bin roll-out in Toodyay town. (Photo: Greg Warburton, 2013)

**Greg Warburton and Beth Frayne**  
Chairman and Secretary

WITH both the Chairman and Secretary away for the days leading up to Tidy Towns submission deadline (1 June), the responsibility of meeting the deadline was given to the Shire's Kim Angus who, of course, got it in on time. Many thanks to all those TTT Supporters who helped with the submission compilation. Toodyay entered all eight categories and, with a vast array of projects to describe, it was indeed an impressive document. This does not mean that Toodyay Tidy Towns will be taking a rest as work continues apace.

Breaking news! The Tidy Towns – Sustainable Communities Judges (Peter and Rhonda Ashton) are coming to Toodyay on Tuesday 23 July from 9am to noon. So, we hope the Toodyay community will support the TTT Committee and our 37 supporter groups and individuals to get our town and district ready!

As expected, the Adopt-a-Spot launch on 15 June was a highly successful event with standing room only in the CWA Hall. Representatives from the 23 community

groups who have joined the scheme came to show support and collect their litter pick-up packs. Maureen Maher of Keep Australia Beautiful WA pointed out that Toodyay has made Adopt-a-Spot history, exceeding by far any other community in WA in terms of the number of groups signed up. This is due to the generosity and the huge contribution from our Toodyay and Districts Community (Bendigo) Bank and the support from their Board. Our Shire CEO, Stan Scott, congratulated all those involved in bringing the scheme to fruition. The moment, however, really belonged to Shelley Kingston of the Bendigo Bank and Kim Angus of the Shire whose hard work and determination has seen Toodyay's Adopt-a-Spot scheme get up and running.

Adopt-a-Spot Toodyay will not only help keep our town litter-free but provide an opportunity for community groups to raise funds whilst adding a strong sense of pride in our community. It is a 'jewel in the crown' for our Tidy Towns submission and bound to impress the judges. Well known local group, the Toodyay Naturalists' Club, later that day turned out in force for their annual clean-up of a three kilometre section of the main road

at Morangup. Not only getting Adopt-a-Spot off to a flying start but, this time, raising money for the Club!

All this coincides with the introduction of kerbside recycling in the Shire. How heartening it is to see, at last, on 17 June, those distinctive yellow and green wheelee bins appearing in town, and knowing that they are there because our community supports re-cycling.

One Tidy Town Project that held so much promise but has failed to deliver has been the signage project. Despite a long, determined campaign and successful sourcing of funding, it seems unlikely the new boundary and coming events signs will be in position in time for judging.

By the time you read this, I expect the third issue of 'Toodyay Tidy Talk', our highly successful newsletter, will have hit the streets, featuring continued Tidy Towns activities and projects. One such event is the opening of the Toodyay Friends of the River and Naturalists' Club River Walk Track and Bird Hide project in August.

Our next meeting will be in July sometime, before the Judges come! See 'Toodyay Tidy Talk'!

## Weed of the Month Narrow leaf Cottonbush

**Jacqueline Lucas.**

THE narrow leaf cotton bush, *Gomphocarpus fruticosus*, is one of the focus weeds of the Department of Agriculture and Food this season.

It is also known as swan plant or milkweed. Narrow-leaf cotton bush was originally introduced from South Africa as a garden plant, although it is seldom seen in gardens these days.

Interestingly it is the host plant of the larvae of the lesser wanderer butterfly, *Danaus chrysippus petilia*.



*Gomphocarpus fruticosus*

It is a shrub of 1-2m, with narrow, opposite, dark green leaves. Flowers are white and about 1cm across, and carried in drooping clusters in the leaf axils. The fruit is a papery green pod with a covering of long bristles. Seeds are large and black, with a parachute of fine white hairs. Narrow leaf cottonbush can reproduce from seed and root suckers. It also can resprout if the roots are not completely removed. It has a long seed bank persistence, of greater than five years. It has allelopathic properties, which means that it produces chemicals that make the surrounding soil a hostile environment to other plant species. Hot fire will kill mature plants and can destroy soil stored seed. The seed is dispersed by wind, water and soil movement. It takes two years from germination to the first flowering. It can move into undisturbed native vegetation, so is also a threat to biodiversity.



The plant exudes a milky sap when damaged. All parts of the plant are poisonous and sap is a skin irritant.

The plant is poisonous and has caused deaths in cattle, sheep and poultry. It is seldom consumed fresh, but may be dangerous if included in cut fodder or chaff. The main symptom of poisoning is gastroenteritis. The bladder-like pods may be attractive to children as playthings.

The narrow leaf cotton bush can be controlled by hand pulling small plants, making sure that the roots are removed.

It is best not to hand pull plants with mature fruits as this can lead to the release of the seed. Spot spraying with glyphosate can be effective, or cut and paint the stem with 50% glyphosate.

Narrow-leaf cotton bush is a declared plant (noxious weed) throughout Western Australia and declared as a P4 plant across the Avon district.

This means that the infested area must be managed in such a way that prevents the spread of seed or plant parts within and from the property on or in livestock, fodder, grain, vehicles and/or machinery.

DAFWA would like you to report suspected cotton bush or any other unusual weeds as soon as possible.

In country areas, contact the nearest office of the Department of Agriculture and Food, or call the Pest and Disease Information Service on Free call 1800 084 881.

Further information can be obtained from Terri Jasper, Northam District Office, PO Box 483, Northam WA 6401. Telephone 9690 2415, fax 9622 1902 or email terri.jasper@agric.wa.gov.au.

## Toodyay's Kerbside Recycling Initiative

**N Millett**

THERE has been much excitement around town with the introduction of the new kerbside recycling bins – a fantastic development for Toodyay.

But – and isn't it terrific how many people have read the info – a number of folk have noticed there are some discrepancies between what is printed on top of our bins and the information inside the calendar/brochure we received.

For example, the brochure says plastic bags and window glass can be put in the bin, whereas the bin lid says these items cannot be included.

However do not panic! According to Karla Hooper from the Toodyay Shire, the discrepancies result from different stations being able to process different items. In Toodyay's case, the calendar information is correct: our waste heads off to Canning Vale and they can handle glass and plastic bags. Good on them.

This is positive news for those of us who were planning to get our hands dirty delving down to retrieve glass, bags and margarine tubs from the bottom of our new bins!

Karla has put some more information in this edition of the *Herald* (see the Toodyay Shire pages 20-21).

Please read it and get clarified.

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# environmental matters

## What to Do If You Hit a Kangaroo

...or any other wildlife

### Stop in a safe place

TAKE care not to endanger yourself or others by stopping your car suddenly in a dangerous location. Switch on your hazard lights. Please take extreme care when on the roadside.

### Approach with caution

Approach any wild animal with care. Kangaroos particularly, are capable of lashing out with their powerful back legs, even when severely injured. Most animals are able to inflict nasty bites and scratches especially when frightened and in pain.

### If the animal is dead

If you are able to safely do so, drag the animal away from the roadside so that other animals don't also become road strike victims whilst seeking an easy meal.

Please check for a pouch. Kangaroos, Possums and Quenda (Bandicoots) carry their young in a pouch; young joeys can survive for several days after their mother's death. Please do not leave the joey to die a slow death, or to be predated by other wildlife. Note: Quendas have a backward facing pouch.

A bulge or movement inside a pouch may indicate live young.

Do not lift the joey by its tail, legs, or with your hands under its arms – because all their weight is in the lower part of the body picking them up in this way will break their ribs. Using one hand to support the lower part of the body, with your other hand loosely circling the neck. Gently remove the joey and encase it in a towel or a piece of clothing.

Very young, furless joeys are fused to the teat and any attempt to separate it from the teat will destroy its mouthparts. If a joey is attached to a teat cut the teat off as far down as possible and leave it in the joey's mouth.

In the case of smaller kangaroos, wallabies, possums and quenda it's desirable, if possible, to leave the joey in the pouch and take the dead or dying mother with you until you can get it to a Vet or Wildlife Rehabilitator.

When checking a pouch, please note whether there's a second elongated teat in the pouch which indicates that the dead animal has a joey at heel which may need rescuing. Please report this to the Statewide Wildcare Helpline on 9474 9055 which may be able to arrange for the later rescue of the at-heel joey.

### If the animal is critically injured

Adult Kangaroos with leg or spine fractures cannot be saved; they should be humanely euthanased as soon as possible, by shooting. If in the country, assistance may be received from nearby farmers, the police or shire rangers.

Alternatively, the Statewide Wildcare Helpline on 9474 9055 has access to trained volunteers throughout the State who will be able to expertly shoot the animal.

### Calling the statewide wildcare helpline

If you're calling the Statewide Wildcare Helpline the volunteers manning the phones will need the accurate information:

- the exact location of the body, the exact number of kilometres to the nearest intersection is an accurate location indicator
- whether the animal is dead, or alive – please be sure on this point
- for dead animals, it's helpful if you're able to visibly mark the body – we use brightly coloured surveyors tape tied to an ear, limb, or tail – to save others having to stop and check the body as well

### Keep the rescued animal warm

A cold animal which is sick, injured or orphaned will stay cold unless it is heated by some external heat source. Wrapping an animal alone will not make it warm. Small animals and orphans can be wrapped and put under your clothing, next to your skin. This is a safe, reliable source of warmth. Alternative emergency heat sources are a hot water bottles filled with warm water, microwavable heat packs, plastic containers filled with warm water, electric blankets on low, or increased heating inside the car. Animals must not be placed directly onto a heat source and they should always be well wrapped. Take care not to warm the animal too quickly and avoid extreme fluctuations in temperature. A joey requires the same care as a premature human baby.

### Keep the rescued animal quiet and calm

Native animals are extremely susceptible to stress and this alone is often enough to kill them. Keep the animal as quiet as possible and away from loud noises, car radios and people. Covering the animal's head is often beneficial.

### Seek immediate assistance

Wild animals have a strong preservation reflex and will mask their suffering at all costs; don't go by appearances.

Telephone the Statewide Wildcare Helpline on 9474 9055 which will put you in touch with one of the hundreds of Wildlife Rehabilitators throughout Western Australia or Sue Eldridge on 9574 5407 or 0408 944 981.

If you are unable to contact the Wildcare Helpline for any reason, please seek immediate veterinary help if the animal is injured; most vets deal with wildlife rehabilitators and will know of someone who is will be able to care for the animal.

### Short-term emergency care

Until you can get the animal to a qualified person – a vet or a Wildlife Rehabilitator – the animal requires:

- Warmth which must be indirect
- Quiet (no radios, televisions, domestic machinery, domestic animals, children)
- Darkness in a secure, solid-sided container a suitable size. Place a cloth in the base of the container to give the animal purchase

### Do not feed

Native animals have highly specialised diets; the rescued animal can survive without food until you are able to get them to a qualified person. Offering unsuitable food can further compromise the animal's outcome.

Depending on the circumstances, the animal will probably be dehydrated and, if you're not going to be able to immediately deliver the animal to a qualified person, you can offer tiny amounts of lukewarm water but only if the animal will self-drink. A joey requires the same care as a premature human baby.

To repeat, wherever you are in the State, the Statewide Wildcare Helpline on 9474 9055 can put you in touch with a Wildlife Rehabilitator who will be able to offer specific emergency advice.



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## Bird of the Month

Grey Currawong

Desraé Clarke

THIS large bird, of up to 50cms, has one of its calls compared to the sound of a blacksmith's hammer as stated by well-known English ornithologist, John Gould (1804-1881), who spent two years in Australia from 1838-1840. The Grey Currawong has also been called the 'bell magpie' as it does have a loud metallic call of 'kling, kling, kling'. I was surprised to hear, and see, one very recently in the yard of a relative in the heavily built up area of Shenton Park. It is a truly magical sound!

There are five sub-species found in open forested areas throughout Australia. It is interesting to note that the birds found in the lower south west of our state are darker in colour than those in the more northern mallee woodland areas and towards the Nullarbor; it is uncommon in arid areas. Although it resembles the Raven, or Crow, the Grey Currawong does not belong to the corvid species.



When stationary, the Grey Currawong has a dark grey body and wings, a white vent and white tail tips; in flight the white vent is clearly visible and it has white bullseyes beneath the wings. It has a yellow eye and the Raven, or Crow, has a white eye and does not have any white feathers on its body.

The bill of the Grey Currawong is stout and strong, is bluish in colour with a black tip which is not noticeably hooked. It has a varied diet of carrion, fruit and berries, insects, spiders, small reptiles, birds and rodents, nestlings robbed from their nests and frogs. It will cling to eucalypt trees to tear bark from the tree trunk to find insects and will turn over stones to search for small reptiles.

The nest is a rough, shallow bowl of sticks (smaller than that of the Raven) concealed and built high in the outer leafy canopy of trees. The egg cavity is lined with fine rootlets and grass; up to three eggs are laid,

one brood each year, with breeding from August till November. The eggs are light brown to a reddish buff colour; they are spotted and blotched with a reddish brown. Either the female, or both birds, will incubate and both parents attend the young.

## Toodyay Naturalists' Club

Desraé Clarke

THE trip to Dryandra Woodland, which included a nocturnal tour of Barna Mia, on the June long weekend proved to be a pleasurable three days with club members also enjoying the camaraderie of the Central South Naturalists' Club, based in Narrogin. Members stayed at the Dryandra Village in very comfortable, former timber-cutters cottages while others took up space at the well-serviced camping grounds at Congelin Dam.

The nocturnal visit to Barna Mia, (Noongar for 'wildlife home'), was a wonderful experience. This innovative Department of Environment and Conservation (DEC) ecotourism facility was built 'to enhance community awareness and appreciation of the biological and physical diversity natural to WA'. The amazingly beautiful complex was officially opened 14 December 2002.

Five of WA's threatened species are housed in a specially constructed predator-proof enclosure. They are the Bilby (dalgyte), Rufous Hare-wallaby (wurrup), Western Barred Bandicoot (marl), Burrowing Bettong (boodie), and Banded Hare-wallaby (merrine). As the group was escorted around the enclosure with volunteer guide, Lynette Carroll, we were fortunate to see a number of the little creatures including, although only briefly, the extremely shy Bilby. Lynette used a special red-coloured torch so as not to disturb the animals; the camera flash was not to be used.

En route home, members made a stop at the Boyagin Rock Nature Reserve for lunch. The high, large, bare rock is a fascinating outcrop with incredible views of the surrounding area. All those present voted the tour a wonderful experience and the weekend a great success.

Two young members, Michalie Foley

*Continued on Page 26*

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Bookings essential

# environmental matters

Continued from Page 25

and Sacha Ruoss, are to be congratulated on gaining their PhDs in their chosen fields of natural history. Michalie achieved her PhD for her study on remnant banksia populations. She sought answers as to why there are so few populations and searched for the pollinators of this species. Sacha gained his PhD for 'Mine Site Remediation' completing extensive fieldwork at the Mt Gibson mine site. Congratulations to you both!



Over the past few weeks there have been numerous queries on the great diversity of fungi found in a variety of land forms. These interesting growths, some really large, others small and delicate with different colours and varied structure, can be quite difficult to correctly identify. Kevn Griffiths, our fungi guru, suggests photographing both top and underside to determine species. However, even with a photograph, Kevn says it is not always easy to get a positive identification as a collection of the fungi spore may also be necessary. Kevn is to give a presentation in May 2014, a long way ahead but he is a 'wanted' man! The photo is by Charm Venn of the Salmon Gums Boletus with the scientific name of *Phlebopus marginatus*.

The 2013 Annual General Meeting is to be held on Saturday 20 July. The day will commence with an excursion with noted botanist and patron of the Toodyay Naturalists' Club, Dr Neville Marchant. This will be followed by a 'bring and share' tea at a member's property which, in turn, will follow on with the Annual General



Meeting and election of office bearers and a short general meeting.

For all enquiries please contact Secretary, Wayne Clarke, on 6364 3609 or [secretary@toodyaynats.org.au](mailto:secretary@toodyaynats.org.au) or [www.toodyaynats.org.au](http://www.toodyaynats.org.au)

#### Wildlife Assistance Contacts

**Sarah Dudley** Julimar 0428 129 477  
All animals 9574 2118

**Wildcare Helpline** 9474 9055

Volunteers – 24 hours – All animals

**Kanyana Wildlife Hospital**  
120 Gilchrist Road 9291 3900

Lesmurdie (off Welshpool East)

**'Miss Hiss'** – relocation of reptiles -

Hailey & Jonathon, Northam 0439 794 308

**Terry High** – Gidgegannup 0408 918 272

Raptors – eg Eagles, Owls, Falcons.

## Planting Days at Malkup Brook Reserve

Bethan Lloyd

PLANTING days at Malkup Brook Reserve will take place on Friday 26 July and Sunday 28 July from 9.30am.

Community volunteers who would like to help to revegetate this shire reserve, please call Bethan Lloyd on 9574 5882 or email [bethanlloyd\\_8@msn.com](mailto:bethanlloyd_8@msn.com) to register your interest

## Python Watch Western Spiny-tailed Skink

Desraé Clarke

Member: Toodyay Naturalists' Club

I HAVE placed this article in *Python Watch* prior to this edition of the *Toodyay Herald* but this little creature is a 'nationally-listed endangered species' and, if the word and description is broadcast, the more chance there is to find this special little skink.

Phil Lewis, World Wildlife Fund (WWF), is monitoring a small reptile, the Western Spiny-tailed Skink, through the Wheatbelt Natural Resource Management Healthy Bushlands project which is funded through the Australian Government's 'Caring for Country Program'. An important aspect of the project is to involve the community and to encourage reporting of sightings of this rare skink. A valuable sighting was reported when a Wheatbelt farmer was preparing to burn some logs and discovered it was the home of a small population.

The Western Spiny-tailed Skink was once found throughout the central wheatbelt but, with the loss of suitable habitat and predation by cats and foxes, its numbers have declined to the present status of a 'nationally-listed endangered species'.

They have been found to occupy woodland patches as small as one hectare, completely surrounded by cleared crop paddocks. Its habitat is mainly in York Gum woodland but also gimlet and Salmon Gum areas. The most preferred sites are those with fallen logs and minimal grazing by stock. It is also known to occupy abandoned sheds and buildings and some have been found beneath sheets of corrugated iron.

The Western Spiny-tailed Skink grows to a length of 30cms; it's relatively short, flat tail (approximately one third of its body length) is covered in spines. The Wheatbelt farmer described it as "looking similar to a Bobtail with a saw tooth tail". It has strong legs and long toes; its skin is thick and covered in rough-edged scales to minimise water loss.

The ground colouring of the skink is

olive-brown to reddish-brown with paler brown scales and scattered scales with darker brown rear edges; these scales tend to form transverse bars. Although the ear aperture is very narrow it is distinct and has two to four lobules. It has a cream-white belly.

The Spiny-tailed Skink may give birth to an average of five live young between February and March. It is omnivorous (feeds on plants and animals, both dead and living) with the juveniles mostly feeding on insects and the adults consuming more plant material.

This skink lives in colonies and all members defaecate in the same place, near their basking area, to mark their territory. With this habit, the presence of the species may be located during surveys. Phil is concentrating on monitoring the skink with the use of 'sensor photography' and habitat restoration.



For further information on this nationally listed, endangered species please contact: Phil Lewis, WWF Project Officer, at 9690 2250.

I am grateful to be able to use the photograph of the baby Western Spiny-tailed Skink courtesy of DEC/Sonja Creece.

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# environmental matters

## Toodyay Friends of the River

Greg Warburton

EVERYBODY is talking about the Adopt-a-Spot launch last month and I am no exception.

TFOR was amongst the throng of community groups collecting their litter kits on the day and it was satisfying to note that we, and our sister group, the Naturalists' Club got a special mention from Keep Australia Beautiful as being previous Toodyay Adopt-a-Spotters. TFOR's new spot is the Bilya Walk Track from Lloyd Reserve to Nardie Cemetery.

On the subject of the walk track, work continues with additional signage installation, brochure production, slashing and weed control and foot bridges. We are 'on track' for completion by Avon Descent weekend. A week later is the proposed grand opening day of Saturday 10 August which will include the opening of the Naturalists' Club's amazing John Masters Bird Hide. A special sub-committee has formed to plan and organise the opening event with a very impressive list of invitees being compiled.

Other TFOR news includes the election of a management committee for the newly incorporated CARE (Conserving the Avon River Environment) with TFOR members well represented on that important advocacy group for protection of the Avon River. Thank you to Adrian who has once again started his campaign of slashing and whipper snipping key sites along the river such as Lloyd Reserve, the Seed Orchard and Millard's Pool.

The TFOR programme indicates tree planting as the activity for our next working bee in July but it will more likely have to be preparation of the Bird Hide and Lloyd Reserve picnic area for the opening event. Those who wish to tree plant, volunteers are needed for planting at Malkup Brook Reserve on the following weekend, 27 and 28 July.

Any enquiries about TFOR can be made by phoning Greg on 9574 5445 or Robyn on 9574-2578 or e-mail [info@toodyayfor.org.au](mailto:info@toodyayfor.org.au) and don't forget to check out our website: [www.toodyayfor.org.au](http://www.toodyayfor.org.au). In the meantime



Constructing the footbridge for the Bilya Walk Track

let's pray for rain for our farmers and for a decent flow for the Avon Descent. See you in Duigdee Park at 9 am Sunday 21 July.

### Toodyay Theatre Group

Continued from Page 18

Hall at 6pm and the show starts at 6.30pm;

- Tickets are \$35 per person and are available now from Makit Hardware;
- Tickets include a delicious 3-course Christmas Dinner;
- Strictly no BYO; bar facilities will be available on the night.

So get into Makit now and get your tickets before you miss out! Why not get a group together and book a table of 10? The

Toodyay Theatre Group guarantees a great night out for everyone so why not have your community group book a table and celebrate Christmas in July! It will be a night of good entertainment, good laughs and great food. Don't miss out!

The Toodyay Theatre Group is now on Facebook! If you would like to be kept up to date with productions, auditions and just general TTG chitchat, please follow us by searching 'Toodyay Theatre Group' on Facebook or go to [www.facebook.com/ToodyayTheatreGroup](http://www.facebook.com/ToodyayTheatreGroup).

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## 10.30am

18 STIRLING TCE, 9574 4546

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## Toodyay Community Resource Centre

your local connection

79 Stirling Tce Toodyay Ph: 9574 5357 E: [toodyay@crc.net.au](mailto:toodyay@crc.net.au)

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**WA Seniors Card Information Service** Thursday 18th of July 1.00pm - 3.00pm \$FREE. Information includes updates on eligibility and services. New rebates and concessions information and advice on getting the most from your WA seniors Card. If you're a senior this is a must not miss event!

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Department of Regional Development



# gardening

## Pickling Olives

Barbara Moran

WHY do people get into a pickle (or panic) at olive pickling time when it's so easy?

On the web there are so many recipes but this is a proven one that my husband, Francis, and I have used for years.

Choose glass jars that have been sterilised by simply using washing detergent and boiling water. Rinse, dry (in the oven) and you will have sparkling clean jars!

After washing and discarding any damaged fruit (olives for pickling need to be hand-



If still bitter, you can reduce a new brine to 70g to a litre or less and wait patiently for a few more months. Home-pickled olives are worth waiting for!

When you are ready to eat your olives, pour out the strong preserving solution and fill the jar with clean, cool rain water. Leave in the fridge for 24 hours and if still salty, repeat the process.

When ready, a reduced brine solution (50g to 1 litre) can be used with brine/vinegar mixed 3 to 1. Garlic, basil, chilli, lemon rind, lemon pieces, capsicum, herbs etc can be used. Experiment with anything you fancy!

picked to avoid damage), make a brine solution by dissolving 100g of cooking salt in boiling water to a total of 1 litre of rain water. When cold, place the olives carefully into the jars, adding the brine as you go until the olives are completely submerged.

Use a plastic piece from a yoghurt container that just fits into the neck of the jar to keep the olives under the brine, then pour in enough cheap vegetable oil to cover the plastic piece. This is very important as all the air must be excluded.

No further preparation is required and the olives can be stored for 12 months (and more) in a cool cupboard.

However, if you can't wait, check in three months or so as olive varieties differ.



## The Good Earth

Sandy McKay  
U Grow Vegies

### A healthy garden environment

NOW that July is here, our vegetables should be up and producing some food for us to eat; all the hard work is done, for now. It's time for picking delicious broccoli, snow peas, turnips, coriander, bok choy, spinach, fennel, lettuce and spring onions.

These are all fresh and free from poisons (let's hope so!) Just think of all the nutrients they are giving you besides all the wonderful flavours if you have done your job in taking care of the soil before you planted them.

There are other things to do or think about in our garden at this time of the year that will help keep our environment working in harmony with its surrounds. Just by wandering around your garden you can observe what is happening with your plants. I spotted some aphids the other day, way out of season but, because we have had a very dry June, bugs can be around at strange times.



you by feeding on other insects that are pests. If you spray broad-spectrum pesticides, even organic ones, in your garden, then most of the insects die, especially the bees. The frogs, lizards and spiders that eat these insects will often be affected too.

### Attract beneficial insects to reduce plant pests

Grow a diversity of plants including grasses, low growing flowering or spiky shrubs and herbs as these encourage good insects into your garden which help eliminate the pests that cause the problems. The insects use the plants for shelter and as a source of food. The less stress a plant is under the fewer pests it attracts.

Some beneficial insects are; lady birds, lacewings, hoverflies, wasps and the predatory mites.

Some plants, when in flower, help attract the good insects into your garden and these are basil, celery, comfrey, coriander, calendula, dill, fennel, garlic chives, marjoram, marigolds, mints, mustards, onions, oregano, rosemary, tansy and yarrow.

Above all, be prepared to put up with a few holes in your lettuce. It does not matter that it is less than perfect as, if a bug can eat it, then it is safe for you to eat.

Be patient in waiting for your environment to balance out, as it takes time for the predators to build up enough



So, by taking care of the problem early, you can avoid bigger problems. Caterpillars should have finished eating your broccoli leaves by now but just check as you wander past and collect them if they are still persistent and give them to the chooks for a feed. Sitting and observing is not a waste of time so find that sunny spot out of the wind and observe what is happening in your garden. You will be surprised at how much activity is going on without you even doing anything.

All the microorganisms, worms, insects, frogs, dragonflies, wasps, birds and lizards are all busy helping to balance the environment where your garden is. Most insects are not pests; they will do little harm but can help

numbers to bring the other pests under control. Do not resort to spraying poisons again as you will need to start the waiting game all over.

Happy Gardening.



life **OneLife and Toodyay Community** life

## On the track with HEATH BLACK



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"Black"  
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More Info: Helen Moses RHCS

\*Heath's lunch time talk is for teenagers and adults

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## Proposed Farmers' Market for Toodyay

Maree Lewis

KARLA Hooper and Rachel Byrne are young women with a vision for Toodyay. Both work at the Shire, Karla as the Environmental Officer and Rachel in Administration Support and Records, and both have a plan for Toodyay – to start a farmers' market.



The idea was born out of the realisation that they, amongst many others, travel to growers' markets in Midland and Mundaring in search of fresh, locally produced fruit and vegetables. "Why not establish one in Toodyay, the heart of a thriving rural community that produces a huge variety of farm products," they thought. (Sadly, they suspect, a fair percentage of produce goes to waste.) A farmers' market, that operated regularly and was easily accessed, would enable producers to provide local consumers with fresh produce.

The key idea of course is that local foods would be sold directly to customers, thus circumnavigating the pitfalls of supermarket fruit and vegetables where the emphasis is on shelf life rather than quality. "People appreciate food that is healthy and has been produced with some love put into it," Karla said. "People are demanding to know what goes into food." She went on to elaborate that for many consumers, organically certified or simply spray-free products are important. "A farmers' market is an ideal outlet for these," she enthused, "and a place where people expect to find them."

Rachel is equally enthusiastic about

the prospects opened by establishing a marketplace, relishing the idea of being able to buy local seasonal fruit and vegetables, free-range eggs and poultry, honey and homemade jams and preserves, olives and oils, handmade cheeses, and then looking further ahead, handmade soaps, scarves from local alpaca farms...the possibilities are enormous.

If you need a reason to enjoy the vibe of a market, one is that it provides a venue for producers and consumers to come together, establish relationships, and exchange information. "People can learn skills from others in an atmosphere of fun... and it would be a place where people could access local knowledge," they said.

There are other benefits to be had from a marketplace in Toodyay. It should become a huge drawcard for tourists. Our pretty, historic town provides the perfect focus for a weekend drive. Add to this some farm markets, bursting with locally produced food and goods – a sensory delight of colour, taste and smell – and we have increased the tourist appeal.

A less obvious benefit of a farmers' market gets down to the motherhood statement of saving the planet - cutting down on food miles, favoring organically produced goods – all of which surely benefit our environment, thus the community, and ultimately ourselves.

Karla and Rachel have already commenced their project in that they have started to canvass the community to gauge the amount of support such a venture would have. Karla described Sandy Mckay of U Grow Veggies as providing her with inspiration, and Graeme Bissett, who is manager for Planning and Development in the Toodyay Shire, is keen to see the girls deliver. Already they are talking of possible sites for a monthly market such as the undercover area at the race grounds.

In their address to one community group, the Toodyay Garden Club, they advised that there is money available, via Government grants, for such a project. "All that's needed is community support to make things happen... We need to have discussion on how we can make it work," they explained. "For instance, should a growers' market in Toodyay be

managed by the Shire or should it be independent of it?"

Their enthusiasm is infectious and members of Toodyay Garden Club were quick to offer their support for the proposal and their efforts to make a farmers' market for Toodyay a reality. Ben Camenzuli, well-known as a keen vegetable grower, applauded their initiative. "It's been something I've wanted to see happen in Toodyay for years... and these girls are in the right place to handle any red tape," he said. President of the Toodyay Garden Club commented that "the girls have given us real food for thought... and they are positive role models for the Shire."

Where to from here? Karla and Rachel would like to form an interest group. They are therefore seeking expressions of interest from groups and individuals in the community. You can call them on the Shire number (9574 2258) or emails can be sent to records@toodyay.wa.gov.au. *The Toodyay Herald* would also welcome discussion via its 'Letters to the Editor' section (email to toodyayherald@westnet.com.au.)

It is hoped that the market becomes part of the Toodyay calendar of events in the new year.

## Toodyay Garden Club

Ian Calderwood

THE Toodyay Garden Club's busy schedule of events continues unabated with yet another gathering of members on 6 June. Thirty-five members met at Barbara and Francis Moran's Oliomio Olive and Lavender Farm on Parkland Drive. Now commonly known as the annual 'Long Table Lunch', members assemble to enjoy the fine company, pick some olives and then relax and appreciate all that our long table lunch has to offer including an abundance of home prepared foods and, of course, a little 'singing syrup'

for those so inclined.

It was a beautiful June morning with clear skies and a watery sun. Picking started at 9am and finished just before midday. The yield this year was 468kg of the Avon Valley's finest Manzanilla olives and, with an oil return of 21%, we realised 108 litres of bottled Extra Virgin Olive Oil. This year the processing was done by the York Olive Oil Company which is to be commended for processing our crop at such short notice and providing us with a fine finished product. The only event to disturb the tranquillity of the day was when our long standing member, singer and raconteur, Greg Randle, fell and kicked the bucket!

It was midmorning and picking had been progressing steadily when a mild ripple of concern swept through the pickers. While standing on a stolen Brown's Dairy milk crate, Greg suddenly toppled to the ground with arms and legs flaying, scattering nearby pickers and totally demolishing his red plastic olive collecting bucket. An olive picker of vast experience, he scrambled to his feet in acute embarrassment offering a number of excuses for his collapse that included; unevenness of the ground, glare from the sun, wind speed and other nonspecific terrestrial interference. Greg's wife, Leonie, who was picking nearby was quick to add that perhaps Greg's sampling of a fine Cabernet Sauvignon the previous evening may also have been a contributing factor!

Over lunch we hosted Karla Hooper and Rachel from the Shire of Toodyay. They briefed us on a proposal for a Farmer's Market where local growers and producers could periodically sell their produce in an open air market environment. The advice given was that the proposal had the support of the Shire and while it was only at a consultative stage, early indications suggest the idea had popular community support.

The next Garden Club event will be a bus trip on 4 July to the Green Life Soil Company followed by a picnic lunch and a visit to the Swan Valley Nursery.

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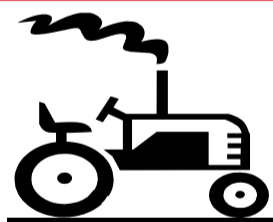


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☆ WHITE GOODS ☆ YOUR GOODS  
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Prompt pickup and delivery to or from the metropolitan area and into the surrounding areas of the Avon Valley

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We "CARE"  
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**GARDEN SUPPLIES**

All Soils available:  
Topsoil, Mulch, Yellow and White Sand,  
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Mob: 0438 412 324 or 0439 842 987

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For complete garden care  
We offer landscaping, mowing, mulching, edging, hedging, weed spray, pruning, whipper snipper and anything else that will keep your garden healthy and well maintained.

For an obligation free quote call 0448 373 106 or 9574 4797

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**No job too small**

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WA's Country Service Providers  
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SMALL PAINT JOBS PLUS ODD JOBS**

"All the little chores you don't want to do"


Call Mitch

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*Wayne Weaver*

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Email: weaver27@gmail.com

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# trades and services

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OBLIGATION FREE QUOTES

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## PLUMBER

Lic. No: 6872

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Sean Fitzgerald  
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: GREAT PRICES ON CHEMICALS  
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 Rock raking, loader, firebreaks, slashing, mowing and property cleanups

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 Brett: 0407 026 683  
 Robbie: 0498 954 642

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 0407 124 175  
 9574 2064



## PUMPS

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 Maximising your minimal resource  
**32 Years Experience**  
**All Pump Requirements & Repairs**  
 240v - Air - Solar - Petrol - Diesel  
 All underground water needs  
**BORE BLOWOUTS**  
**PHONE STEELE ON**  
**9574 2903**



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▶ **Mike Jacobson** 0409 102 021  
 ▶ **Lang Lefroy** 0408 742 436



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**MOBILE PUMP SERVICE**

Servicing to all makes of pumps  
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Agents for: Onga, Ebara, Grundfos, Mono  
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**CASH PAID FOR ALL SCRAP METALS**

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 email: grovewesley@bigpond.com

www.grovewesley.com

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# trades and services

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Welding and Carpentry Work

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Grow more on your property for your sheep and other stock, I am ready to plant and fence for you. There's always time for other jobs \$25 per hour for hours required

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**Traditional Artisan Stone Mason**

30 years experience  
No job too small or large

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**Avon Storage Toodyay**

- Now Managed by Country Realty -

Self storage Units  
Located at Extracts Industrial Estate  
6m x 3m (single garage size) units now available  
You lock it up - You keep the key

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Specialising in  
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AAAC Contractor #402



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Accident/Breakdown

**Michael Speciale**  
0419 62 0055

148 Wellington Street  
Northam WA 6401

Ph/Fax 08 9622 2623

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Fully insured  
23 years experience  
Fully experienced climber

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Certified Operators

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- FULLY INSURED
- MULCHING
- FREE QUOTES
- STUMP GRINDING
- ALL AREAS

**Steve**  
0407 993 280  
Email: avontrees@hotmail.com  
ABN 97049595469



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**U Grow Vegies**

Learn how to grow vegetables in your back yard successfully

**Sandy McKay**  
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'I'll Show you how'




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Professional veterinary care for all animals

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Servicing the Avon Valley & Wheatbelt

BIN BOOKINGS MON - FRI 9am - 5pm



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**Avon Water Solutions**  
Maximising your minimal resource

32 Years Experience

**BORE BLOWOUTS AND ADVICE**

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# trades and services

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### Julimar Drilling Services

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Contact Nathan or Sandy

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Mob: 0409 089 392

Email: julimards@bigpond.com

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### Website Design

Affordable, professionally designed web sites without breaking the bank.



**Web's Creative Studios**  
Complete Web Design & Maintenance  
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2005 ABC Business Award FINALIST

We can create your web presence from as low as \$500.

- Complete Website Design
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**Northam store now open**

Located at 1 Katrine Road  
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Large and small lots  
On-farm service  
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Mobile: 0417 991 302

Email: [waimarie@bigpond.net.au](mailto:waimarie@bigpond.net.au)

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### WINDOW CLEANING

#### STEEPLE

### WINDOW CLEANING

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Commercial & Domestic

"Servicing the Central Midlands and Wheatbelt Area"



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## TOODYAY RAINFALL

Recordings are taken from Bureau of Meteorology (in mm).

YEAR	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	TOTAL	
2003	0.0	26.6	46.2	49.0	71.8	120.0	68.6	92.0	75.2	7.0	26.8	6.8	590.0	
2004	2.2	2.4	3.4	4.2	73.6	93.2	63.8	82.8	28.6	21.2	35.0	0.8	411.2	
2005	0.0	2.2	25.2	10.6	86.0	135.6	43.6	71.6	51.0	22.6	9.6	4.6	462.6	
2006	119.5	16.6	3.0	21.2	19.0	29.8	54.8	88.8	73.2	15.6	13.8	9.4	464.7	
2007	16.4	26.6	10.2	34.0	58.2	43.2	121.0	74.0	70.4	39.2	0.0	57.6	550.8	
2008	0.0	10.8	9.8	76.8	38.2	62.8	146.2	8.4	50.6	43.0	31.0	3.4	481.0	
2009	8.0	8.0	9.0	32.6	39.2	83.6	115.0	76.2	56.2	17.2	30.2	2.6	478.2	
2010			(No recordings taken)					69.4	36.2	12.0	3.4	7.2	21.4	149.6
2011	24.2	15.4	14.2	10.4	36.6	52.6	92.0	70.2	65.0	57.4	18.8	29.2	486.0	
2012	0.0	42.3	0.0	11.8	23.6	106.2	13.8	51.9	59.7	3.6	52.1	29.0	394.0	
2013	30.4	0.0	66.7	10.4	79.4								186.9	
AVERAGE ALL YEARS: (RECORDING COMMENCED IN TOODYAY 1/1/1877)														
	10.9	12.6	19.6	25.6	66.7	99.6	101.7	80.0	48.0	31.4	15.1	9.4	520.6	

## Crossword, Sudoku and Crosscode Solutions

A	S	S	R	S						
A	B	O	L	I	S	H	M	E	N	T
A	A	A	N	T	I	F	E			
U	T	E	S	A	R	R	I	V	E	
E	T	A	R	E	N	R				
A	D	D	S	L	L	E	S	S		
B	O	M	I	C	E	A				
A	C	U	M	E	N	A	R	C	S	
C	G	A	G	E	S	R				
U	P	H	O	L	S	T	E	R	E	D
S	Y	S	C	D						

**Combo**  
**Crossword 3771**

**Crosscode**

M	S	S	A	P								
E	G	Y	P	T	U	C	H	E	A	P		
Q	R	R	T	E	L							
S	U	R	E	U	S	E	L	O	A	D		
A	N	C	E	T								
L	J	O	K	E	S	A	R	G	U	E	D	
O	H	S	A									
L	A	Z	Y	W	E	A	V	E	P	L	U	G
D	E	F	U									
E	V	E	N	T	S	T	H	I	E	F	S	
E	T	N	F	T								
X	R	A	Y	W	I	T	S	C	A	R		
B	E	S	A	E	Y							
S	M	A	S	H	K	E	N	E	S	T	S	
H	E	E	D	O								

8	5	4	3	7	9	2	6	1
9	3	2	6	5	1	4	7	8
1	6	7	4	8	2	3	9	5
3	4	9	1	6	8	7	5	2
5	7	1	2	3	4	9	8	6
6	2	8	7	9	5	1	3	4
4	8	5	9	2	7	6	1	3
7	1	6	8	4	3	5	2	9
2	9	3	5	1	6	8	4	7

**Sudoku**  
**Hard**

**Sudoku**  
**Easy**

9	8	6	1	7	4	3	2	5
4	1	2	6	3	5	9	8	7
5	7	3	2	9	8	6	1	4
1	2	5	7	6	3	8	4	9
8	3	9	4	1	2	7	5	6
7	6	4	5	8	9	2	3	1
2	9	7	8	5	1	4	6	3
3	5	8	9	4	6	1	7	2
6	4	1	3	2	7	5	9	8

# classifieds

## FOR SALE

CUT price Razors (New) Gillette Mach 3 cartridges \$9 for 4. Ph: 9574 4030

CASH paid for aluminium cans, steel, brass, copper, old car bodies, etc. Lot 10 Tannin Place, Industrial Extracts, Northam Road. Ph 9574 2987 or 0438 412 324

GARDEN supplies Lot 10 Tannin Place, Industrial Extracts. Topsoil, Compost, Mulch, Yellow Sand, White Sand, Metal Dust, Sawdust. Plus Concrete Products: Paving Slabs, Curbing, etc. Used Star Pickets and Plough Discs. Phone Charlie or Marion on 9574 2987 or 0438 412 324 or 0439 842 987

FIREWOOD Quality dry split Jarrah available for pick up from Industrial Extracts, 10 Tannin Place. Phone Charlie or Marion 9574 2987 or 0438 412 324 or 0439 429 987

Garden Mulch 8x4x4 straw bales \$70 pick delivery extra. Ph 9572 9066

HONEY : Redgum with jarrah unprocessed \$8/kg tub. Please leave message :9574 0393 Hives For Sale

## TO LET

Double brick 3 bedroom, under cover parking, aircon, in town, Available late July. Enquiries 9574 4499

## HOUSE / HOLIDAY RENTALS

LEEMAN: Reverse cycle air conditioning, two bathrooms, accommodates nine people, BBQ, microwave, TV/DVD, 100m from beach. Ph Brian or Jeannette for information on 9574 5087 or 0427 446 439

3x1, WALKING distance to town. Long lease available. \$300 rent per week. Phone after 5th July 0428 742 662

## WANTED

SHED WANTED. I need to store my JD 9650 sts Harvester in shed until start of season 2013. Contact 0457 599 026 but preferred by email ghills@westnet.com.au

## Avon Valley Shotokan Karate Club

WHAT a busy term it has been this month for the club.

We have had strong representation in both the Margaret River Tournament and the Shobukan Tournament. Our students always represent the club in a positive manner and show a lot of dedication and determination, giving 100% effort in every event. Some have come away with medals but they are all champions.

Congratulations to Storm, Tyler and Shaun for making it into the WA State Karate Team. They will be representing our club and our state in the Australian Karate Championships in Hobart in August.

The first grading in the Hombu Dojo was held on Sunday. Congratulations to everyone who passed.

At 10am on 21 July we will be having our first Adopt-A-Spot clean up at the Toodyay Showgrounds and we would appreciate an hour or two from each family. The Toodyay branch of the Bendigo Bank is sponsoring the club \$500 each year for two years to help keep the showgrounds clean. The more help we have, the less work there is. Please bring your own gloves, closed in shoes, hat and/or wet weather gear, and tongs for picking up the rubbish.

Bring a picnic lunch to have after the clean up as the Annual General Meeting will be held afterwards at 1pm on Sunday 21 July in the Youth Hall. Nominations for committee positions are open but you don't need to take on a position if you attend the meeting.

Toodyay classes are held in the Youth Hall:

**Wednesdays**  
3.45 – 4.15pm 5-8yr olds  
4.30 – 5.30pm 8-12yr olds  
6 – 7.30pm Seniors

**Fridays**  
3.45 – 4.15pm 5-8yr olds  
4.30 – 5.30pm 8-12yr olds  
6 – 7.30pm Seniors

Classes are also held at the Hombu Dojo on Mondays:

3.45 – 4.15pm 5-8yr olds  
4.30 – 5.30pm 8-15yr olds  
6 – 7.30pm Seniors

Also in Wongan Hills on Tuesdays:

3.45 – 4.15pm 5-8yr olds  
4.30 – 5.30pm 8-12yr olds  
6 – 7.30pm Seniors

All classes are held during school terms only. If you would like to keep up-to-date with all that is going on at the club, email Helen at helenbain@optusnet.com.au and ask her to link you into the Avon Valley Shotokan facebook site.



## Toodyay Junior Soccer Club

THE Junior Soccer season started off with a bang on Sunday 19 May with 34 eager soon-to-be soccer stars coming down to the oval for the registration / have-a-go day. From 9am onwards, soccer coach, Dan Evans, from Football West took the participants for a fun training session which included basic and new skills, the rules of the games and educated the kids on the importance of team work. This clinic was thanks to the Avon Be Active Scheme and Healthway which helped cover the cost of the clinic. Thank you!

The club has seen an increase in participants this year which is great for its future. A recent addition to the club is our new shirts which we wear with pride when playing against Northam; and don't we look the part! The new uniforms were provided by the Soccer club.

If you are interested in playing soccer with us, you can still register on our game days: Sunday 9 – 10am, ages 5 – 16 years. Games are not played on long weekends or school holidays. For more information, contact Debra on 9574 2676.

## Bandits in the Pink

THIS season, a new men's hockey team has formed within the Avon Hockey Association called the Southern Brook Bandits.

The team has come together to support two of their players as their mum has been diagnosed with breast cancer. Local players from Toodyay are Kristian and Damon Geary, Mat and Joe Fleay.

The team has supported the McGrath Foundation, which raises funds to support McGrath Breast Care Nurses in communities, by the purchase of pink socks to raise breast cancer awareness in the community.



The socks have certainly made a colourful impact.

## Toodyay Golf Club 1913 – 2013

**Kaye Rewell**  
Secretary

TOODYAY Golf Club is 100 years old this year.

There will be a men's competition on 4 August 2013, 11.30 start, to commemorate our Centenary.

All past, present and new players are welcome to come and have a game to celebrate this special occasion.

Enquiries to Aaron Boston 0419 410 502  
Special shirts for sale, \$35.00, enquiries to Dave Gordon 9574 4152.

## Toodyay Ladies' Golf results

**Margaret Scahill**

**Wed 1 May** **Opening Day Ambrose**  
Winners Lois Dival & Dianna Lengkeek

**Wed 8 May** **Club Stableford**  
Winner Roma Heath  
Runner-up Lorraine Musielak

**Wed 15 May** **Club Day Stroke Putting Competition**  
Winner Lorraine Musielak  
Runner-up Kaye Rewell  
Winner of the putting competition Kaye Rewell.

**Wed 22 May** **Club Day Stableford**  
Winner Kaye Rewell  
Runner-up Dianna Lengkeek

**Wed 29 May** **Club Day Stroke and Putting Competition**  
Winner Lorraine Musielak  
Runner-up Dianna Lengkeek  
Winner of the putting competition Marion McBride

**Wed 5 June** **Vera Smart Fun Day**  
Stableford  
Winner Marion McBride  
Runner-up Margaret Scahill

**Wed 12 June** **Club Day Stroke and Putting Competition**  
Winner Margaret Scahill  
Runner-up Lorraine Musielak  
Winner of the putting competition Lorraine Musielak

## Toodyay District Horse and Pony Club

**Alison Cook**

THE Pony Club season is rapidly approaching its midway mark and Toodyay Pony Club members have many events to attend to keep them busy for the rest of the year.

The Avon Zone will host its midyear camp at Northam once again this year on 6 and 7 July. Toodyay Pony Club has nine riding members attending. The weekend promises to be full, with activities over the two days including lessons on flat work, jumping, games, guest lecturers and coaches and a variety of fun

# sport and leisure

activities on Saturday night. The camp is a great social weekend to meet other riders within the Avon Zone and an opportunity to be coached by a variety of highly accredited people striving to develop rider abilities.

We have several junior members currently working towards efficiency certificates. Isabella Vandapeear will be the first to sit the new E certificate, recently added to the Pony Club syllabus in 2013. Sadly, Isabella and her sister Rebecca are leaving us to follow Rebecca's dream in South Australia.

Rebecca Vandapeear, 15 years old, is a vaulter. Vaulting is gymnastics and dance on the back of a moving horse at canter to music – not to be confused with trick riding! Rebecca started vaulting five years ago whilst living in NSW and won a national title in her first year of vaulting, at walk. She then moved to WA where vaulting was only practiced as part of RDA, and was not as advanced as in other states. Rebecca has had to travel to the eastern states to compete and train. She regularly flies to SA where she stays with a family over there for clinics and competitions and vaults with their team, Quicksilver.

Rebecca hopes to compete for Australia in the next few years, and is a very promising vaulter who has the dedication to succeed. She has trained mostly on her own for the four years the family have been in WA and, as a result, the Vandapeears have decided to move to SA so that she can follow her dreams. One of her coaches, an American vaulter, Devon Maitozo, who is the current World Champion feels that she will make it and has asked that she move over to California to train with him. At this stage, SA may be easier for the family.

We will miss you all, but wish your family all the very best pursuing your dreams.

We'd like to welcome three new families to our club. Welcome to the Horridge family, Coussens-Leeson family and Charlotte Hamilton and her mum Tracy Sullivan.

Our small club is rapidly expanding, with riders ranging in age from four years of age to twenty two years of age. Our current annual membership now stands at an impressive total of 49 with eight coaches.

We have recently received a fantastic grant from Healthways, which has allowed the club to purchase three new portable shade shelters to use at rallies and events. Healthways are a major sponsor of Pony Club Association of WA and annually provide opportunities for clubs across the state to access funding which allows all members to benefit.

Our next rally is to be held on 14 July. Returning and prospective members are welcome to contact our Secretary, Tanzi Carpenter on 0439 980 799, for further information regarding memberships.

## Football

AFTER a bye on 12 May, Toodyay Lions were back in action in what was a replay of last year's Grand Final against Dowerin in 2012 on 19 May at Toodyay Oval.

And a replay it unfortunately was with Dowerin Tigers winning by 23 points. Final score: Toodyay 9.12 (66) lost to Dowerin 14.5 (89).

But that wasn't the case against Gingin on 26 May at Gingin. Toodyay had to win against Gingin to stay in touch with the top sides and they scraped in by 4 points. Final score: Gingin 14.9 (93) lost to Toodyay 14.13 (97).

On 1 June Toodyay once again went down at home, this time to the Calingiri Cougars by a whopping 42 points. Final score: Toodyay 10.14 (74) lost to Calingiri 17.14 (116).

Finally, a home win as Toodyay managed to take home the prize on 9 June.

Toodyay thrashed Goomalling by 38 points, nearly as many as they had lost by to Calingiri the week before. Final score: Toodyay 17.17 (119) defeated Goomalling 12.9 (81).

And back into the doldrums they go as the Lions were defeated by Wongan Ballidu for the second time this season at Wongan Hills

*Continued on Page 38*



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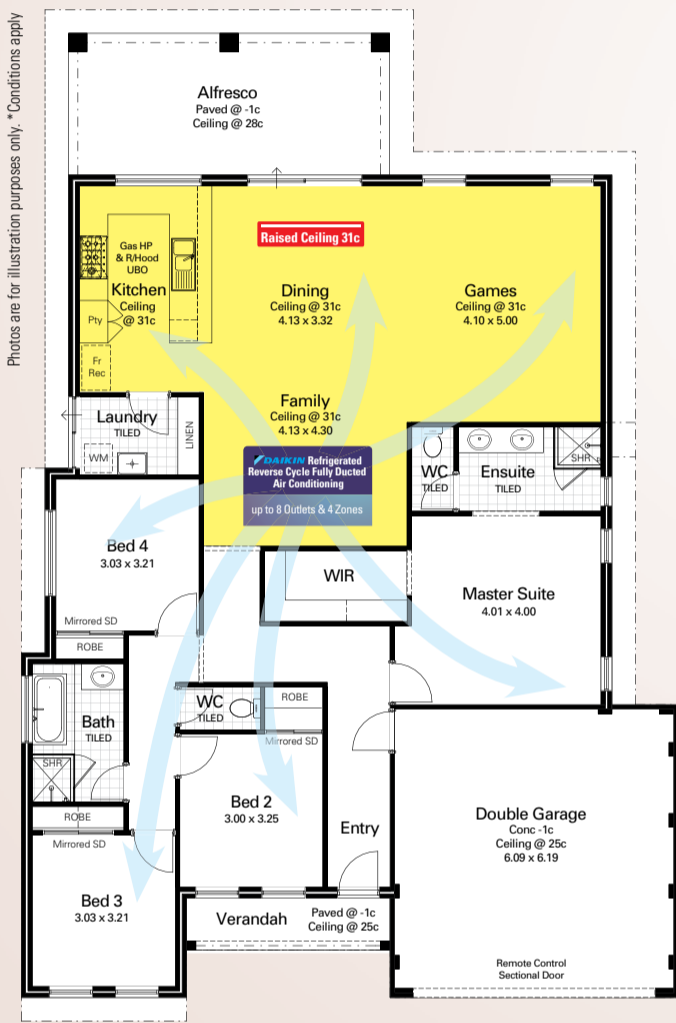


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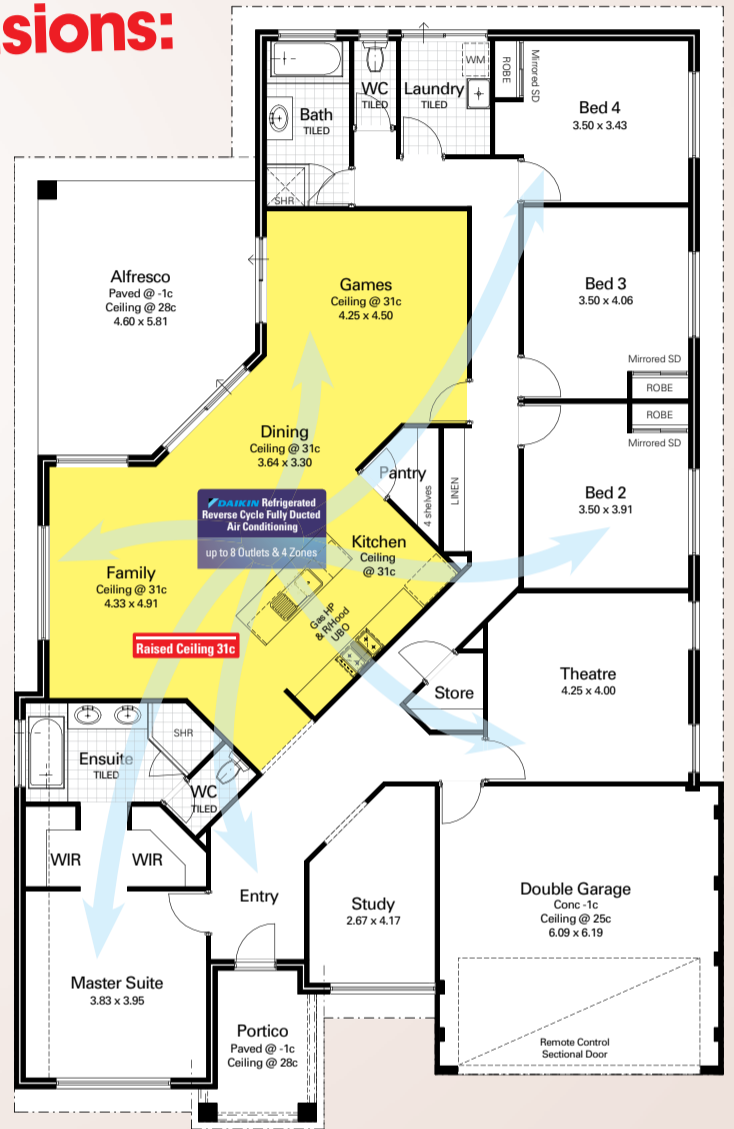
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**MAGNIFICENT VIEWS**

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**TOODYAY MARKET FACTS**

<b>New Home Approvals</b> Shire of Toodyay		<b>Properties listed for sale</b>	
2012-13 Year to Date (13 May)	7	Realestate.com (28 June)	244
<b>Average Annual Growth Rate</b> Source: Landgate/REIWA		<b>Properties Transferred</b> Shire of Toodyay	
10 year AAGR:	9.3%	2012-13 year to date (13 May)	122

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