

5 February, 2019

## **Toodyay seniors to connect with Silver Chain**

SENIORS are invited to connect over coffee and cake when Silver Chain's Toodyay Social Centre throws open its doors at a special event next week.

People from Toodyay and the surrounding areas are invited to an open day on Tuesday, where staff and volunteers will share details of the services and activities on offer.

The social centre provides a comfortable, home-like setting where seniors over the age of 65 can socialise, relax and have fun.

Clients enjoy activities including arts and crafts, days out and visits from guest speakers as part of a specially-designed program.

A dementia-friendly environment allows visitors to enjoy music boxes, puzzle solving and support to practice skills.

Care team leader Melanie Bernasconi said: "We're excited to welcome people to the Toodyay Social Centre, where we will be sharing details of the exciting program of activities that we have on offer.

"Our clients enjoy hobbies, play games and develop friendships and spend time in the garden," she said.

"We also plan days out, go to concerts and plays and have guest speakers and partnerships with the local community.

"The program is designed to cater to individual needs while improving the happiness and quality of life of our clients.

"If you live in the Wheatbelt come on down to our open day, and join us for some coffee, cake and a chat."

The open day takes place on Tuesday, February 12 from 10am to 2pm at the Toodyay Community Centre at 79 Stirling Terrace.

## **Media Contact**

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## About the Silver Chain Group

We are a not-for-profit organisation delivering community health and care services across Australia. We help people of all ages to receive the care they need to remain happy and healthy at home.

We have a proud history of serving Australians for over 110 years in Western Australia and more than 120 years as RDNS in South Australia. We currently deliver our services in Western Australia, Queensland, New South Wales, Victoria and South Australia.

With over 3,550 staff and 280 volunteers, we assist more than 98,000 people to remain living in their homes and community every year.

For more information, please see [silverchain.org.au](http://silverchain.org.au).