

news from

our Shire

April 2011

PRESIDENT'S REPORT

As many know, our Chief Executive Officer, Mr Simon Fraser underwent brain surgery recently to remove a tumor. The most recent update includes Simon being given the all clear regarding cancer and he will begin working towards full recovery directly. Our thoughts are with Joy and his parents and I am sure all Councillors, staff and members of the public will join with me in wishing Simon well.



In Simon's immediate absence we had Mr Clem Kerp from Goomalling kindly act in the capacity of Chief Executive Officer. I extend thanks to Clem for his steady hand and assistance in this time of very severe staff shortages and for continuing to deal with the audit report and management report issues in a measured and considered way. The Shire is now pleased to welcome Trevor Harken to Toodyay. Trevor brings a wealth of experience to Toodyay with 38 years CEO service, most recently at Mosman Park and Mullewa, and will be a positive face in the office during Simon's absence.

In response to representations from the Medical Centre, Cr Somers, the Chief Executive Officer and I met with Dr Walkey and Sean Byron (Practice Manager) to hear the issues that they want to put before the Shire. Council at its Concept Forum on 1 March 2011 discussed the issues raised on behalf of the Medical Centre and the many competing interests that must be taken into account in assessing a response. Following these discussions, the Acting Chief Executive Officer, Sam Mastrolembro and I met with Dr Walkey and Mr Byron, indicating until there is a full assessment of the Shire's Financial position no further consideration of their requests were possible. As soon as that assessment has been made the Shire will begin further discussions with Dr Walkey and Mr Byron.

Much community angst has been generated by the ultimatum to close the Medical Centre on 1 July 2011 if there is not sufficient financial support from the Shire. It is my view that the first responsibility for primary health care rests with the Federal Government, secondly with the State Government. There is no obligation on the Local Government to provide primary health care, however community expectation has been raised that this is the case in the absence of assistance from the tiers of government with clear responsibility. The community should be directing political activation at those tiers of government through their Senators, Members of the House of Representatives, Members of the Legislative Council and Members of the Legislative Assembly.

There is the potential to place unsustainable financial pressures on Local Governments to service the provision of Medical Services – Toodyay is no exception and no more because of an exceedingly vulnerable financial position. I can assure all that the Shire is not in a position to provide any further assistance to the Medical Centre without recourse to the ratepayers.

This matter has been most decisive in the community with the full spectrum of responses and an outpouring of emotive statements. Many unfounded rumours have circulated in the few weeks this issue has been active and very strong opinions expressed across the range. Simply, Council does not have a position, no decisions have been taken by Council. I would hope that no decision would be made without a full consideration of all the issues and an assessment of all the options available.

As soon as Council has determined, with some certainty, its financial position discussions will recommence.

There have been several successes in the last month. Negotiations were held and a proposal developed for a Community Emergency Services Manager to be shared between Goomalling and Toodyay Shires - Funding is proposed to be 15% to each Local Government and 70 % by FESA. The full details regarding this are presented in the agenda this evening for deliberation by council. Dry seasons funding has yielded some \$80,000 to assist in the installation of two fire emergency water tanks with modern enhanced facilities for serviced fire tenders.

Of greater significance has been advice from the Natural Disaster Resilience Program 2010/11 that a grant of \$620,000 has been approved to assist in the upgrading of Shire firebreaks and emergency egress routes. The shire will have to match the funding from its own resources, namely ratepayers funds. Although these funds provide much needed relief, we have to match these funds and we are still left with a number of projects with very large impacts on our finances, namely the Charcoal Lane car park and the footbridge to cite two big-ticket items. On behalf of council I wish to record our thanks to Ranger Alan Knapp for the success in obtaining two grants totalling some \$640,000 of much needed funds.

INCREASED PENALTIES FOR UNAUTHORISED DEVELOPMENT

The State government has recently passed the Heritage and Planning Legislation Amendment Act 2010, which increases the penalties under the Heritage Act of Western Australia 1990 and the Planning and Development Act 2005 for unauthorised demolition and development.

Penalties under the Heritage Act of Western Australia 1990 for damaging or despoiling a State-registered place without a valid approval have increased from \$10,000 to \$1,000,000 for an initial breach. Daily fines have increased from \$1,000 to \$50,000, along with a possible development moratorium placed on the property for up to 10 years.

Penalties under the Planning and Development Act 2005 for unauthorised development have increased from \$50,000 to \$200,000 for an initial breach while daily fines have increased from \$5,000 to \$25,000. This applies to any form of unauthorised development, not just for places of heritage significance.

The increase in penalties has been introduced by the State Government to enhance enforcement abilities of both the State and local Governments.

If you have any queries, please call the Shire of Toodyay offices on 9574 2258 after 1pm weekdays.

Toodyay Community Bank Major Skate Park Sponsor

The Shire of Toodyay would like to acknowledge the Toodyay Community Bank for their generous support for the Toodyay Skate Park.

Bendigo has made a significant contribution towards the project which has allowed for further adjustments to the park, enabling the park to be made to a higher standard than originally designed.

The Shire of Toodyay, Toodyay Skate Park Committee and the Toodyay community would like to thank the Toodyay Community Bank for their assistance and look forward to the grand opening which is scheduled for Sat 30 April 2011.



Council Dates

19 April: Ordinary Meeting of Council, Bejoording Fire Shed, 7pm.

17 May: Ordinary Meeting of Council, Council Chambers, 7pm.

21 June: Ordinary Meeting of Council, Morangup Community Centre, 7pm.



Library News

Can you spell? Would you like to win a trip for you and your family to Hong Kong? The State Library of Western Australia is calling all children aged 5 to 8 years to demonstrate their spelling excellence by joining in the inaugural online Spelling Bee. It's a state wide competition with lots of amazing prizes and Channel 7 will be filming the Grand Spell Off live in the Perth State Library on 14 April 2011. Check out www.spellingbee.org.au for all the information you need, or come in and see the staff at the Toodyay Library.

Easter is nearly upon us and that means holiday time. The Toodyay Library will be conducting a Free school holiday activity on Thursday 28th April, 10.00am noon for children aged from toddler to 12yrs. The theme for this Easter's extravaganza is loaded with fun "Animal Antics", including DVD's and craft activities. Please register at the Library by Wednesday 27th April.

Baby Rhyme Time / Story Time – Fun and play for babies and toddlers continuing throughout April, every Friday at 10.30am. This month's theme is "Farm Animals".

Sharing a Good Read – The fun loving better than a book club session will meet in the Library on 14th April at 10.00am. This month the group will be discussing "Change – How do we handle it?" New members are most welcome.

Toodyay Crime Club – Join Dot and Liz in their research into why ordinary people commit murder. Analyse crime scene reconstruction and delve into the minds of criminals. All are welcomed, see you on Friday 15th April at 10.00am.

Morangup Library – see you at the Morangup Community Centre on Tuesday 12th April 3 – 5pm. Remember, if you can't find what you're looking for on the day just complete a request slip for the Book, DVD or Sound Recording of your choice hand it in at the check-out desk and we will do the rest.

Just a reminder the Library shall be closed from Friday 22nd – Tuesday 26th April inclusive.

Wishing a safe and happy Easter to all our members.

Community Development/Grants Officer

An opportunity exists for an enthusiastic individual to join our team in the role of Community Development/Grants Officer. The Community Development/Grants Officer is responsible for providing the highest standard of administrative and secretarial assistance to the Chief Executive Officer and Council's Executive Team. The role will include aspects of community development and the sourcing of grant funding.

To be successful in this position, you must possess excellent communication skills, a high competency with software including word, publisher and excel and the ability to work effectively in a high pressure environment. Demonstrated highly developed time management and organisational skills combined with good customer relations and the ability to work in a team environment are also essential.

The successful applicant will enjoy the benefits of working as part of a high performing, supportive team and receive the resultant rewards. Salary will be negotiated dependent on qualifications and experience, with a cash component of between \$45,000 to \$55,000 in addition to commuting use of a Shire pool vehicle.

An application package can be obtained by visiting the Shire's website www.toodyay.wa.gov.au or by contacting Cherie Delmage on 9574 9306 or by email mfa@toodyay.wa.gov.au. Applications close 4.00pm on Thursday 21 April 2011

Trevor Harken
ACTING CHIEF EXECUTIVE
OFFICER

Changes to Building Legislation

Residences are advised that a number of key changes will be introduced on 1st May 2011 in relation to how new buildings and alterations to buildings must be constructed.

The primary standard that all buildings must be constructed will be known as the National Construction Code (previously BCA). This new code introduces three important changes for WA.

Firstly, it allows for a new type of construction not previously formally recognised. Bushfire Shelters are now recognised as a separate class of building with separate standards applicable.

The second important change involves dwellings only. From the 1st May 2011 all new houses and additions will be required to achieve a higher 6 star energy rating (it is currently 5 stars). This means the construction of houses will need to be improved to meet the new standards of energy efficiency required. New levels of insulation and higher specification windows are examples of how things may change.

The third and perhaps the most significant of the changes involve the area of disability access. This will impact on all new commercial buildings and additions. The changes are incorporated in new Disability (Access to Premises - Buildings) Standards which are called up by the new Construction Code. In addition the existing standard AS1428.1 has been revised with additional increased standards.

A summary of these new requirements are as follows:

- Increases in the number of accessible entrances and doorways to buildings.
- Increases in circulation space requirements such as lifts, accessible toilets and at doorways
- Signage in relation to accessible facilities.
- The introduction of a requirement for passing and turning places on passageways in some situations.
- Increases in the areas covered by hearing augmentation systems in rooms with a built in PA system.
- The types of lifts and access features within lifts.
- The number and distribution of accessible spaces in cinema and theatres
- Introduction of access requirements to certain common areas in new apartment blocks in which there is one or more short-term rental units.
- The introduction of requirements for accessible facilities in some specified new or upgraded holiday accommodation such as B&B's bed or cabins in holiday parks.
- The introduction of requirements for accessible units in hotels and motels.
- The introduction of requirements for access into certain public swimming pools.
- Increase in the number and location of unisex accessible toilets and the introduction of 'ambulant accessible cubicles' in standard toilets.

The Disability Access to Premises – Building Standards 2010 and the Explanatory Statement that assists in interpreting the Standards are available for free download.

For further information go to:
<http://www.ag.gov.au/premisesstandards>.

All new Building License applications submitted from the 1st of May 2011 must incorporate these changes. If residents have any questions or concerns in relation to these new requirements they should contact Councils Development Services section for clarification.

Toodyay Skate Park - Grand Opening

The Skate park has been under construction over the last month and is due for completion by the end of April. To help recognise the generous community support for this project, an official opening day has been planned for Saturday 30th April 2011. The opening will commence at 10am with many activities for the whole family. It will be a great day to celebrate the opening of this project, with fun activities and skating demonstrations.

Skate Park Car Wash

A huge thank you to the Toodyay Youth Group for helping at the Car Wash held on Saturday 26th March. It was great to see so many kids come down and assist in raising funds for the Toodyay Skate Park. Another car wash will be held on Saturday 16th April at the Food Festival Site, so come on down, get your car washed and help the kids raise some much needed funds for the skate park! Every dollar raised by the young people of Toodyay is matched by the Toodyay Community Bank - so please support our youth in their fundraising activities.



health matters

Northam WAG Learns How to Draw the Line on Weight Gain

THE twelve-week Northam Weight Action Group started last week for people who are overweight to learn how to 'Draw the Line' on weight gain. No more feeling hopeless, no more fad diets; for these people it was the start towards building a healthier lifestyle.

Brie Elson, dietician, explained to the group why fad diets don't work and can actually cause weight gain. "Restrictive dieting sends a signal to the body that there is a food shortage and the body thinks its own survival is threatened," she said. "It responds by slowing down the rate at which the body uses energy. This means that fat loss slows down and it becomes harder to lose weight."

Brie went on to explain that, "When people diet, the body responds by conserving fat, as it thinks the body is going into starvation. The weight people do lose when on fad diets is mainly muscle and water. When your body loses muscle, it further slows down the rate at which the body uses energy."

"Fad diets can be harmful to the body because they do not supply adequate

energy and nutrients for the body to function efficiently. Fad diets are often not maintained as they are too restrictive and research has shown 95% of dieters actually regain the weight after the diet is over and often regain more than they actually lost," said Brie.

Brie emphasised to the group, "The healthy way to lose weight is by eating smaller portions, eating lots of fruit and vegetables as well as eating less fat and sugar."

Elizabeth Dow, the Physiotherapist supporting the group, also encouraged members to be more active and sit less. "Finding at least 30 minutes of physical activity that slightly raises your heart rate every day is what everyone needs for good health," said Elizabeth.

"A way to achieve this is my making physical activity apart of every day. Choose activities that are enjoyable and vary these activities to keep motivation high. Being active with your friends, family or partners will also help with motivation," she said.

The Northam Weight Action Group made a healthy lifestyle goal to assist them to 'Draw the Line' on weight gain. If you have made a New Year's resolution to lose weight, perhaps it is time to reassess your progress and lifestyle changes.

For more information on how to 'Draw the Line' on further weight gain, contact Brie Elson, Dietician, or Lauren Cotter, Senior Dietician, on 9690 1320 or go to www.drawthelinewa.com.au.

Palliative Care in the Wheatbelt

THE Wheatbelt GP Network manages the Rural Palliative Care Programme. The programme raises awareness of palliative conditions and services amongst Wheatbelt GPs and coordinates training for GPs. Most importantly, the programme brings together stakeholders to raise awareness of services and work towards solutions for issues affecting palliative care in the Wheatbelt.

What is Palliative Care?

A person receiving palliative care will have an active, progressive and far-advanced disease, with little or no prospect of cure. The aim of palliative care is to achieve the best possible quality of life for the individual patient, their carers and family.

The Wheatbelt Palliative Care Directory
The Wheatbelt Palliative Care Directory is a booklet produced by the Wheatbelt GP Network that provides information on community contacts in the region that may be useful to people with a palliative illness.

The directory includes contact information and websites on Palliative and cancer services, transport, complementary therapies and other helpful contacts for palliative patients and their families. Contacts for general medical and community services are also available and include - emergency services, all Wheatbelt general practices, all Wheatbelt hospitals, Aboriginal health services and allied health services. Community services such as community health, nursing, respite, pharmacies and specialists that provide services to the Wheatbelt are also included.

Who will find the directory useful?

Families, carers and patients who have been diagnosed with a far-advanced disease or who are receiving end-of-life care.

Advanced Health Directive

An AHD is a document that contains your decisions about future treatment. This may include medical, surgical and dental treatment and other health care. Your AHD can either provide consent or refuse consent for future treatment for example you may choose only pain management.

An AHD only comes into effect when you are no longer able to make a reasonable judgement about a treatment decision at the time that the treatment is required.

Why make an AHD?

Reasons vary from person to person and can be influenced by personal experience, religious beliefs or advice from family and friends. You must be over 18 years of age and have full legal capacity to prepare an AHD. Preparing an AHD is a personal choice and it is not a compulsory measure. People are encouraged to make the right decision for their circumstances.

To obtain a copy or for more information on the Wheatbelt Palliative Care Directory or the please contact the Rural Palliative Care Project at the Wheatbelt GP Network on 08 9621 1530. For more information on making an Advanced Health Directive, please contact the Department of Health on 9222 2300 or visit www.health.wa.gov.au/advancedhealthdirective.

Things That Cause Distress

Julian Krieg

The Regional Men's Health Initiative

AS we are all aware certain problems we face cause significant distress in our lives. At the top of the list is the loss of a loved one in unexpected or tragic circumstances.

Other significant things on the list include relationship breakdowns, moving house, loss of employment, being diagnosed with a serious illness and one we often overlook, struggling with financial problems.

We often overlook how significant financial issues can impact on our overall wellbeing. Research tells us that when we are having difficulties financially it can lead to some of the other issues that are on the list.

Financial stress is, in many ways, similar to the impact of the dry season; it is more insidious than a significant dramatic event like the earthquake or the flood. Those events have immediate consequences that are highly visible as a reason for our distress or grief.

The gradual insidious creep of financial distress, like a drought, slowly erodes our passion for our work and eats away at our confidence. This can lure us into a sense of hopelessness that with time erodes our get up and have another go attitude so necessary in farming.

Given these problems it is important to be realistic about your budget, be optimistic but keep within the realms of reality, maybe give thought to other options because if your enterprise isn't projecting reasonable returns, given an average season, it could be your chance to consider change.

We know that if these matters are not addressed our wellbeing is impacted in so many ways. Our physical health and our relationships with our partners and children suffer.

Remember it is the insidious things that often have greatest long term effects on our health. They are also often the things we ignore and hope they will dissipate by themselves, most times they don't they just fester and get worse.

Look after every aspect of your wellbeing; it's the things we ignore or neglect that give us the most grief.



Elizabeth Dow (Physiotherapist), Brie Elson (Dietician), Lauren Cotter (Senior Dietician) and Stacey August (Physiotherapist).

Gatekeeper Workshop

A 2-day Suicide Prevention Course

presented by

Wheatbelt Alive and Well Inc.
and the Regional Men's Health Initiative

Wednesday and Thursday
20 and 21 April 2011

8am	Registration
9am	Start
10.15 - 10.30	Morning tea
12.30 - 1pm	Lunch
3 - 3.15pm	Afternoon tea
4 - 4.30pm	Finish

Toodyay Community Centre
79 Stirling Terrace, Toodyay

Places are limited to 10 Community Members only
(Includes: 2-day workshop, workshop material, morning/afternoon tea and lunch)

To register, please contact
Regional Men's Health Initiative
PO Box 768 Northam WA 6401
Tel 9690 2277

Email: menshealth@agric.wa.gov.au

By Wednesday 13 April 2011

This advertisement is
sponsored by
The Toodyay Herald



SILVER CHAIN

EVERY MINUTE. EVERY HOUR. EVERY DAY. WE CARE.

Silver Chain Toodyay Day Care Centre

Keeping you connected in your community.

As part of Silver Chain's commitment to increasing the community's capacity to maximise its health and wellbeing, the Toodyay Day Centre is open for mature aged people with a disability. Dedicated to encouraging social interaction in a welcoming setting, the Toodyay Day Centre promotes healthy ageing within our community through a variety of activities and initiatives.

If you visit our centre today, you can:

- Be part of monthly outings to places of interest
- Meet like-minded people
- Play board games and other fun activities
- Enjoy delicious lunches and
- Hear guest speakers discuss a range of interesting local issues

For more information or to book, please call Silver Chain 1300 650 803 (cost of a local call).

Clients must be HACC eligible to be entitled for this service and transport can be provided if you require it. Standard fees apply according to the fee for service schedule.



adcorp F54742A

health matters

Toodyay Medical Centre

Dr Richard Walkey

YES, yes, yes. Once more we achieved accreditation valid for another 3 years and I would like to thank all the team at the Alma Beard Community Centre (Toodyay Medical Centre) for making this happen. It's an ongoing process of keeping practices up to date, new equipment and courses. I think people appreciate our style because so many come from out of our area with Dongara, Piawaning, Moora and Secret Harbour provided as examples of further away places. You would imagine that people from outside the Shire bring much needed revenue to other businesses in the area.

It takes time to get a balanced team and for various reasons people do leave over time. Both Sean and I would like to thank Chris for her hard efforts over the past few years and wish her well for the future.

Of course, as a Community Centre besides the medical practice we have a physiotherapist, three visiting podiatrists, audio clinics, Dieticians, speech pathologist, treatments for cancer patients and a pathology service all working independently of the medical practice. The work the Shire does to maintain their building is important for all those who work out of it and come there for treatment. The revamp that started over 18 months ago was the first since the building opened some 19 years previously and has really reinvigorated the place. That work is appreciated. The centre is also a teaching practice for GP's and I mentor a medical student as well, hoping one day she will choose being a GP as her speciality, preferably working in a country area.

I would also like to thank all the people who attended the recent public meeting to

hear the issues in finding another doctor to permanently join us in Toodyay. It was gratifying to see young families with the kids playing by the church to more senior citizens complete with gophers. I hope medicine remains more than just a business as the American style fee for service, while a more pure business model has certainly led to very expensive services and a wide gap in what people can afford and quality of care they receive.

I am not good on quotes so I hope it was Mark Twain who famously said that the news of his death was greatly exaggerated. So it seems is my business turnover (estimates well over 100% more than what is true), the amount of money asked for to provide a second doctor, my personal wealth (I wish) and impending retirement (yeah, right!) Still, if not me then someone else.

Medical News

Ibuprofen, which is an anti inflammatory, appears to lower the risk of Parkinson's. Other anti-inflammatory medications and paracetamol do not appear to have that link. The trial suggested that this benefit occurred when taking the tablets more than twice a week. Overusing ibuprofen is contraindicated because of concerns with gut problems, blood pressure and renal issues.

It is known there is a link between breast cancer and obesity. This was thought to be related to oestrogen in the fatty tissue but there now appears to be additional cancer not linked to oestrogen known as triple-negative breast cancer.

Swedish research puts forward the idea that diastolic blood pressure in people aged 18 is a stronger indicator of mortality than systolic. The data came from following up military conscripts. A diastolic pressure above 90mm Hg shows a steep rise in death rate from cardiovascular and non cardiovascular causes. A great way of helping reduce blood pressure is ensuring a good diet in potassium. This helps prevent

strokes too. Potassium is found in fresh fruit, yoghurt and juices.

The UK has spent about 1 billion dollars on e-records and not without teething problems. The government here is hoping to launch e-records, spending an estimated \$467 million. The idea is the patient controls them with a starting date of July 2012. Problems that need to be covered include who provides the information and ensures it is up to date? Probably the GP. How much time will that all take? What about information the patient does not want in the records? For instance past mental illness or drug issues, certain infections. As usual, what can start off as looking a great and simple idea spins into a potential legal and medical nightmare.

Psychological Health

Richard Taylor
Specialist Clinical Psychologist

Anger Management

READERS of this column may know of someone struggling to control their anger. If the person does not want to seek help, then the provision of reading or other material for personal use may be an option. I have placed an excellent publication in the Toodyay Library called 'Act on life not on anger' by Georg Eifert and others. Some of the chapters can be read as stand-alone information such as Chapter 5: 'How the mind creates anger.'

Workplace Bullying

In the course of my work, I quite often come across stories of workplace bullying. Workplace bullying is not always obvious. It can occur in subtle ways and may not appear to reach a threshold where it could be recognised as such. However, all forms of bullying can have very negative

psychological impacts over time.

A recent major study in Australia has found most organisations have failed to stem the problem of workplace bullying. According to Associate Professor Jacque Hutchinson, who is part of the UWA Business School's Consortium for Diversity at Work, "Workplace bullying has been too narrowly defined. In reality it is fluid, dependent on what has happened the day before, dependent on relationships, and dependent on other factors such as gender, culture and job security." While newspaper headlines often talk about the 'Toxic Boss' or even the 'Psychopathic Boss', much bullying occurs well below the radar and, if reported, can be extremely difficult for a manager and those in positions of responsibility to address. Examples here include withholding information, undermining of confidence, unnecessary intrusion into emails and forcing petty rules upon people that only serve to make work less rewarding. Such bullying can have a major impact on physical and psychological well-being.

The study found that between 2.5 and 5 million Australians are exposed to workplace bullying either as a target victim or bystander. It costs the economy billions of dollars each year. Another finding was that organisational culture in places such as the public service contributed to bullying through constant restructuring and under-resourcing.

Those who are bullied are likely to feel they are not valued either for themselves or for the work they do. If you worry about job security then it is likely to compound the problem.

The study also highlighted a new trend: resistance. Guerrilla tactics and covert operations against bosses who bully is a new trend. This is likely to add to psychological problems in the workplace.

One approach to offset bullying is to have clear guidelines in place for achieving, or working towards, a mentally or psychologically healthy workplace.



'Losing weight
with Tony Ferguson
was so easy'

FREE
REGISTRATION
OFFER ENDS APRIL 30

Start losing weight today on the Program that makes it easy for you and join for **FREE***

www.tonyferguson.com 1800 612 644

*Offer ends 31 March 2011. Consult your doctor or healthcare professional before embarking on any weight loss program. Individual results may vary.

YORK PHARMACY

105 Avon Terrace, York WA 6302

08 9641 1044

Northam Pharmacy

Shop 17, The Boulevard Shopping centre

Fitzgerald street Northam 6401

Phone: 9622 1512

Tony
Ferguson
weightloss program

health matters

Staying Safe at Seeding Time

Julian Krieg

The Regional Men's Health Initiative

SEEDING time is one of the busiest and most critical times of the year. So much depends on getting the crop in the ground in a short window of opportunity. Because of this pressure it is also a time when accidents can happen or our relationships come under pressure and even our physical health can be affected.

What can we do to minimise the risks during this high pressure time? I guess the most important thing is to be as well prepared as possible. Our previous experiences give us lots of capacity to be well prepared for unexpected eventualities, but there will always be the unforeseen event no one saw, or could predict, coming.

No matter how good our preparation the truth is it cannot predict what will happen when we start the task. I am a big fan of V8 car racing and it doesn't matter if you follow Ford or Holden, all teams prepare their cars to win races, the real test comes during the race when the preparation is applied during the race.

Like a car race our preparation will be tested during seeding and, like a race, adjustments to plans will need to be made for all sorts of reasons.

The things that are critical that make a difference during seeding are fairly obvious, well prepared and serviced machinery, adequate supplies of fuel and fertilizer, and a well developed plan of attack.

The less obvious part of the programme is a well-briefed support crew (often our partner and family). Like a car race the pit crew needs to know the strategy. Unfortunately with farming this doesn't happen as well as it could which often leads to unnecessary disputes and increased tension and frustration. When this happens the probability of accidents or mistakes increases dramatically.

The final thing that makes a difference is you, the operator. Staying focused and alert is probably the most significant element. As with car racing you can have the best car in the world but without a top driver it isn't going anywhere.

It is critical that you and your other operators look after your physical and mental health during seeding. The three major issues are good nutrition, exercise and adequate sleep. These things have a significant impact on how well your seeding program will go.

Make sure you are eating wholesome well balance meals regularly (one of the traps is not eating regularly). Lack of regular exercise also impacts our digestive system; go for a short walk (5 or 10 minutes) at least three or four times a day to keep your system working well.

Also have snack food and drink with you that is nutritious (dried fruit and nuts, fresh fruit and water) and limit your alcohol. If you have an accident, even on your own property, and you are above the legal limit it will be a problem.

Fatigue is the other big issue. Everyone needs about 7 or 8 hours good sleep, not 7 or 8 hours off the tractor! Also, make sure you have things to keep you alert during those

difficult hours, one of which is mid-afternoon. Take regular short breaks. CD's you like and even a talking book to listen to will help. If you haven't tried a talking book pick one or two up from the library. It's surprising how much choice there is available.

The last thing to remember is that if things do go a bit out of shape, don't panic. Again, like a car race, most problems can be solved if we stay calm, take a deep breath and consider the solutions.

PATS Helps Patients Who Travel

THE Patient Assisted Travel Scheme (PATS) helps permanent country residents who are eligible for Medicare to access eligible specialist medical services by providing a subsidy towards the cost of travel and accommodation if applicable.

The PATS Clerks at local hospitals administer PATS for Beverley, Boddington, Corrigin, Cunderdin, Dalwallinu, Dumbleyung, Goomalling, Jurien Bay, Kellerberrin, Kondinin, Kununoppin, Lake Grace, Merredin, Moora, Narembeen, Narrogin, Northam, Pingelly, Quairading, Southern Cross, Wagin, Wongan Hills, Wyalkatchem and York.

HACC and Community Centre at Brookton has a PATS Clerk assisting within their office.

There is a centralised process where the approval and accounting processes are completed for all applications based at Northam and Moora.

Distance to be travelled

Patients must be travelling more than 100km (one way) specifically to access the nearest eligible medical specialist service.

Limited PATS assistance is available for patients within the Wheatbelt region who need to travel between 70-100kms to access their nearest eligible medical service for cancer or renal dialysis treatment.

Eligible patients from Northam and York town boundaries who need to travel to Perth to access the nearest medical specialist are eligible for the full PATS benefits.

Fuel Subsidy

Patients travelling by private vehicle may claim a fuel subsidy of 16 cents per kilometre. Only one claim per vehicle may be applied for.

When two or more patients travelling in a minibus, or similar group transport vehicle, owned by a community or an organisation, the fuel subsidy is 25 cents per kilometre per vehicle payable to the relevant organisation.

Where a patient uses bus or rail travel, costs are reimbursed according to the relevant economy fare or discounted fare.

Eligibility for approval for a carer/escort to travel with aged, disabled or cancer patients

Escort/carer eligibility is based on medical or legal assessment that the applicant would be unable to manage alone particularly if the applicant is undergoing treatment for cancer or is disabled, frail or under the age of 18.

Accommodation subsidy (available to all patients and approved escorts/carers)

- \$60 per night for an eligible person travelling without an approved escort/carer;
- \$75 per night for a patient travelling with

- an approved escort/carer; and
- \$20 per night for patients and approved escorts using private accommodation.

Accommodation eligibility

Accommodation may be approved where:

- Transport schedules/availability does not permit travel on the same day;
- Medical specialist certifies that the patient needs accommodation for medical reasons;
- Distance to be travelled taking into account all relevant factors;
- Cancer patients and escorts are eligible for accommodation subsidies for a recovery night following treatment.

Please remember this service is to assist, not fully compensate for travel and accommodation expenses.

For further information, visit WA country health at www.wacountry.health.wa.gov.au or contact your nearest regional PATS Clerk on 1800 728 792.

Music Feedback

MUSIC Feedback was initiated by WA Department of Health Mental Health Division (now the Mental Health Commission) in 2009 with support from the WA Music Industry Association.

The campaign asked, "What if we talked about music the same way we talk about mental illness?"

Now in its 3rd year, Music Feedback has developed both its message and scope incorporating new partners: the Inspire Foundation, Ruah Community Services and the Department for Communities Office for Youth.

A greater focus on youth involvement and leadership in both project development and production of materials such as the new Music Feedback Documentary has seen this organic project continue to evolve.

Due to significant interest across Australia, the project is aiming to go national in 2012.

Project aims:
It targets 14 to 25-year-olds and encourages them to:

1. participate in music and healthy activities to improve their wellbeing
2. express themselves and connect with others
3. talk about mental health and get early help for any problems
4. understand and support their peers and people with a mental illness
5. study and work in mental health

The secondary aims are to:

1. increase mental health literacy in the WA community reduce stigma and discrimination associated with mental illness, which is often a barrier for people to access services
2. promote mental health issues in the media and public forums
3. promote the human rights, equality, dignity and social inclusion of people with a mental illness
4. promote early intervention and support the WA Suicide Prevention Strategy 2009-2013

For more information, head to www.musicfeedback.com.au. To see previous Music Feedback Videos head to <http://www.youtube.com/user/musicfeedback>.

The Stigma of Mental Illness

Three out of four people with a mental illness report that they have experienced stigma (Sane, 2007). Stigma is a mark of disgrace that sets a person apart. When a person is labelled by their illness they are often stereotyped and face prejudice and discrimination. Research has shown

that stigma towards people with a mental illness is a major obstacle in their access to mental health care and better quality of life (Sartorius, 2002).

Over 50% of Australians believe that a person with a mental illness can "snap out of the problem" and that the illness is "a sign of personal weakness". Due to fear and shame, over 20% of Australians indicated that they would not tell anyone if they were experiencing mental health problems (Griffiths, Nakane, Christensen, Yoshioka, Jorm and Nakane 2006).

Negative attitudes towards mental illness are often fuelled by a lack of knowledge about the issue. It follows that the starting point to breaking down the stigma attached to mental illness is through awareness-raising and education. It is then that social inclusion can occur.

Public education, consumer and carer self-advocacy and stronger community connections are essential to promote the human rights of people with mental illness and reduce stigma. Greater awareness about mental health issues and available services also encourages people to access necessary supports and treatment.

This is identified in the key priorities of the Fourth National Mental Health Plan:

Priority area 1. Social inclusion and recovery

Improve community and service understanding and attitudes through a sustained and comprehensive national stigma reduction strategy.

Priority area 2. Prevention and early interventions

Work with schools, workplaces and communities to deliver programs to improve mental health literacy and enhance resilience.

In planning an anti-stigma campaign, the Department of Health's Mental Health Division (MHD) identified the following key objectives:

1. increasing community awareness and understanding of mental illness
2. enhancing the human rights and dignity of people with mental illness and their families
3. countering the myths and stigma surrounding mental illness
4. promoting early recognition of symptoms of mental illness and access to appropriate services and supports
5. increasing the capacity for people with a mental illness and their families for self-determination, such as media training or public speaking to counter misrepresentation
6. encouraging communities to be more supportive and inclusive of people affected by mental illness
7. promoting the benefits of studying and working in mental health

Elements of these multi-faceted campaigns have been integrated into MHD's approach to mental health promotion and stigma reduction. This includes:

1. profiling personal stories by people with a mental illness, their family and peers in publications and online
2. media training for mental health stakeholders
3. engaging celebrities as media champions
4. using popular culture and humour to appeal to young people
5. multi-media strategies (CD/DVD, posters, newspaper, radio and website)
6. state-wide and local activities to promote mental health and social inclusion, such as public forums, youth art workshops and all-ages gigs

Continued Page 25

RURAL FENCING

Keith Rodgers

All Fencing ■ Farm

■ Hobby Farm

■ Residential

No Job Too Big or Too Small

Phone 0447 128 283 or 9622 1293



BAKERS HILL VET. CLINIC TOODYAY DAY EVERY WEDNESDAY

- Our regular day in Toodyay, at a reduced charge, is proving very popular. Remember, bookings must be made prior to each Wednesday.
- A great way to save on routine work such as drenching, vaccinations & preg. testing.
 - House visits for pets - farm visits for large animals.
- No travel charge from Bakers Hill to Toodyay or within 5km of Toodyay PO.
 - Travel charged from Post Office for farm visits.
 - Our usual service applies any other day.
- Please phone 9574 1061 to book appointments or make enquiries.

health matters

Music Feedback continued from previous page

Targeting young people is a priority because early intervention delivers better long-term health and social outcomes for people affected by mental illness (*National Health and Hospitals Reform Commission, 2008*).

Research shows that exercise and music can quickly change a person's mood from sad to happy (*Primack, Dalton, Carroll, Agarwal and Fine, 2008*). Music connects deeply with adolescents and influences identity development more than other entertainment mediums. Further, adolescents are exposed to music more frequently than any other age group, with an average of 16 hours of activity per week (*Primack, Dalton, Carroll, Agarwal and Fine, 2008*).

New Venue for Breastfeeding Education Classes in Northam

PREGNANT? Thinking of breastfeeding? 'Prepare to succeed!' is the message the Australian Breastfeeding Association (ABA) sends.

The Northam group of the Australian Breastfeeding Association has Breastfeeding Education Classes for 2011 at a new venue: Northam Hospital, Day Hospital Unit, Robinson St Northam. The first class for this year is on Saturday 19 March 2011 from 1pm to 4.30pm.

"It's wonderful to have the support of the Northam Hospital and Primary Health Service in providing the venue for classes. Mothers are now able to access all their antenatal classes in the one location." ABA counsellor and class coordinator, Amanda Abbott, said. "Statistics show that about 90% of new mums leave hospital breastfeeding, however, by 3 months, only 54% of infants are fully breastfed.

"While some of the parents would be very happy with their choices, others stop breastfeeding because they are worried about their milk supply," she said. "Timely information and support would help these mothers breastfeed for as long as they wish. By coming to a breastfeeding education class before you have your baby, you can learn how to help your baby breastfeed from birth, using instinctive behaviours.

"Many mothers make a birth plan, and this class will help them make a breastfeeding plan and combat some of the myths out there about breastfeeding," said Amanda.

Participants will leave with a take-home pack and 12 months subscription worth \$65 to the Australian Breastfeeding Association. This will give them access to ongoing local support at group meetings. Subscription also includes a book, *Breastfeeding...naturally* plus a bi-monthly magazine, *Essence*, allowing the family to learn about different breastfeeding experiences before the baby arrives.

The cost of the class is great value at \$85 per couple, including afternoon tea. A concessional rate is available. The classes are aimed at all pregnant women and their partners who wish to learn more about breastfeeding. Classes will be held approximately every two months.

More information on Breastfeeding Education Classes including upcoming classes can be found at www.breastfeeding.asn.au. To book your place, please see the website, or ring Amanda on 9622 9593.

The Australian Breastfeeding Association

THE Australian Breastfeeding Association (Northam group) met at the Toodyay Playgroup in February to discuss mastitis - what it is why, how to treat it, and why some women get repeat episodes while others get none. Because of the Anzac holiday/Easter overlap, we won't be having an April meeting, but will meet again on 17 May to discuss expressing and storing - more details in next month's edition of the *Toodyay Herald*.

In the meantime, we will be busy with our discussion meetings in Northam. We now meet weekly (except for the Toodyay

meeting) at 'Little Smarties', Hutt St, Northam on Tuesdays between 10 and 12 noon. On 12 April we will be looking at breastfeeding after a caesarean birth while on 19 April we'll be having a recipe swap so make your favourite food and then bring the recipe along with you. On 3 May, we celebrate Mothering Week (because it's too big to be contained in one day) with the topic 'Mothering: Different Journeys, One Love', to show that, despite our differences, we all wish our kids to grow healthy, wealthy and wise!

You are welcome to come along to any of our group get-togethers, or to ring me (Louisa) on 9574 0229 for more information on any of these topics. If you wish to access counselling for your breastfeeding challenges, then the Australian Breastfeeding Association has a seven day Breastfeeding Helpline 1800 mum 2 mum (1800 686 2 686). We do offer regular classes for expectant parents as well. A small fee applies to the classes, but regular group meetings are free for all to attend.

Together We Can Brighten Their Lives

THE Starlight Children's Foundation is urging the community to support Starlight Day on Friday 7 May to help raise \$1.8 million.

Over 7000 volunteers will be collecting donations and selling merchandise in shopping centres, central business districts and train stations throughout Australia between Thursday 5 - Sunday 8 May. Funds raised from merchandise sales will ensure Starlight can continue vital In-Hospital programmes such as Captain Starlight, the Starlight Express Room, Starlight TV and Starlight Fun Centres, which are now in every paediatric hospital across Australia. These programmes have helped hundreds of thousands of children each year including 5-year-old Taylor.

For the past two years, Taylor has lived with a chronic bowel condition that causes her unbearable pain, constant trips to hospital including periods in isolation wards and multiple surgeries.

In a letter to Starlight, Taylor's mum wrote, "Before we knew about the Starlight Express Room Taylor would sit in bed crying. She was bored, constantly in pain, and couldn't move because of the wires and tubes attached to her... finally we found out about the Starlight Express Room.

"The look on her face as we walked in the door for the first time was enough to make me cry".

Starlight's CEO, Louise Baxter said, "Starlight's hospital programmes give children just like Taylor the opportunity to escape painful treatments and to simply be a child.

"All of Starlight's programmes are dedicated to supporting the well being and resilience of the child and family, promoting a positive hospital experience."

Every minute of every day a child is admitted to hospital. Thousands of these admissions will lead to a diagnosis that will impact upon the whole family, and change their lives forever.

The support from the Australian public this Starlight Day will help Starlight reach these seriously ill children and their families when they need it most.

To make a donation or to find out how you can support the Starlight Children's Foundation this Starlight Day, visit www.starlight.org.au or call 1300 727 827.

Little Rascals
CHILDCARE

2 SETTLERS RIDGE
TOODYAY 6566
PHONE/FAX 9574 2922

0-12 YEARS -
BEFORE & AFTER SCHOOL

Falls We Can Beat with Stay on Your Feet

FALLING is not a normal part of aging, yet one in three people aged 65 years or over will fall each year. Hazards inside or outside the home as well as in the community such as roadways, shopping centres, parks and footpaths can all cause falls.

Amy Messer, Occupational Therapist with Avon and Central Wheatbelt Primary Health Service, stated, "Around 28% of falls among older people occur in the bedroom, 21% in the family or living room and 13% in the kitchen. 10% happen just outside the home, near the back or front doors. The other 17% of falls occur in the laundry, hall or other places around the home."

Last month Amy spoke to the Northam Day Hospital Falls Group about common hazards and how to reduce the risk of falling by removing possible hazards. This group is for people who have fallen in the last six months and would like information on how to reduce their risk of falling again.

The group stated that having a fall takes away your confidence and they would like to warn others in the community about common hazards to prevent them from falling and losing their confidence.

"Be careful of gravel," the group said. "Five out of eight of us here today slipped on gravel. Also lifted pavement can be a trip hazard. We have learnt that you can buy strips of grip for stairs, which is a good idea."

Another message the group wanted to pass on to others was to remove clutter from the floors in your house. "Remove mats with curly edges or a use mat with rubber backing. Clark Rubber in Midland is a good place to go for them. Make sure you're wearing safe footwear too; that is a big part of preventing falls."

For information on identifying and removing hazards in and around the home call the Occupational Therapy Department at Northam Hospital on 9690 1320. For information on home aids visit the Independent Living Centre's website www.ilcaustralia.org.

Ida's Hideaway

Greasy Sleeve

TO Graham from the bakery and to all the volunteers who help every week, thank you very much for your ongoing support. A big thank you, also, must go to the Shire of Toodyay and Bendigo Bank for their continued support.

Ida's Hideaway is a voluntary organisation to assist the seniors of Toodyay. We meet every Saturday afternoon at Butterly House from 1 - 4pm. You can play bingo, cards or you can just have a chat - whatever you like. So, if you have nothing better to do, please come along; you will be most welcome.

Ida's Hideaway is looking for more volunteers so, if you are looking for something worthwhile to do, why not come down to Butterly House on Saturday afternoon?

We are looking for donations in the way of gifts for our next street stall in July so, if you have any unwanted gifts, please remember Ida's Hideaway.

Birthday wishes for this month are: Helen Evans (20th) and Tom Langham (24th). We wish you both a very Happy Birthday. Birthday wishes for the month of March were: Margaret McKay (7th), Joan Hubie (9th), Ida Edwards (10th), Maureen Langham (27th) and Christina Wright (28th). We hope you all had a very Happy Birthday.

He had come home late and was listening to some home truths from his wife.

"I don't care, my dear," said he. "I mean exactly what I say. I'm a man who calls a spade a spade."

His wife nodded.

"Maybe, John," she replied, "but you don't call a club a club; you call that working back at the office!"

Inside the Shed

A note to keep you up to date

Jeff Roberts

YOUR Management Committee has appointed Fred Fellowes to the Committee and he has taken on the role of 'Shed Boss' and what a great job he is doing, organising projects and learning sessions for those who want to take on new skills. Why don't you be with us on Thursday mornings?

Great to see so many at the last breakfast on 26 February where we were hosts to the Northam and York Men's Sheds and handed over to those two Sheds our 'Loan Tool Resource' so they may help their communities who were so badly impacted by recent storms. We have advised the donors of those 'Resources', that we have transferred the 'care' of that equipment to others and they are excited that the tools and equipment are helping more and more people.

The next breakfast was on 26 March. There was a short General Meeting that started at 7.30am, at which time some came and had their say and caught up with what is going on. This is your opportunity to put forward your ideas and stay on for a good nosh up afterwards. We would encourage you to bring a friend and join us for breakfast on the last Saturday of the month.

Our best wishes go to the Shire CEO, Simon Fraser, who is not in the best of health. We hope and trust he has a speedy recovery. Oh, and come on Joe, get better soon and come home, Geoff.

Till next time, 'Stay Safe'; it's tough and rough out there.

LOSE WEIGHT - FEEL GREAT

with

HERBALIFE

Calorie controlled weight management programme

For personalised programme ring

Edith Welburn on 1800 818 289

email welburn@iinet.net.au

Or order your products at

Welburn@iinet.net.au



Trees Cafe

Bolgart's historic old bank building
Ph: 9627 5187

Opening first weekend of the month
Sat 7th & Sun 8th of May
10am-3pm

Please join us for morning or afternoon tea or a relaxing lunch at the cafe.
Lunch specials for Sunday Mothers' Day, come along and spoil yourself.

RSL Toodyay Sub Branch



Members of the RSL with some of this year's sponsors of the Sandakan Memorial Scholarship. Photo Wayne Weaver

John Adams, Secretary/Treasurer

ANZAC Day

THIS year ANZAC Day, 25 April, falls on Easter Monday. The program for the day is as follows:-

DAWN Service – Commences 6.00am sharp at ANZAC Park War Memorial followed by Gun Fire Breakfast.

ANZAC Day March – Form Up at 10.30am in Stirling Terrace opposite the Memorial Hall. March steps off at 10.45am.

MAIN Service – Commences 11.00am at ANZAC Park War Memorial.

We look forward to the support of the community in observing this important day.

Sandakan Memorial Scholarship Tour

ON Saturday 26 March this year, sponsors gathered outside the Bendigo Bank to be presented with Certificates of Appreciation to acknowledge their generous donations which along with Sub Branch who funded this year's tour. This year's recipient, Taylor Ferguson, was also present to convey her appreciation for receiving this Award.

This year's sponsors are **Toodyay Lions Club, Shire of Toodyay, Toodyay Op-Shop, Bendigo Bank, Dr. Michael McGuinness, Anderson Earthmoving (Andrew & Robyn Anderson), HON. Judi Moylan M.P., HON. Grant Woodhams MLA.**

Our most sincere thanks are extended to these sponsors as without their support we would not be able to offer this Scholarship.

Thanks are also extended to the Toodyay District High School for their support and encouragement of students to apply.

The Scholarship enables a student from the Toodyay District High School to take part in a tour of Borneo which traces the path and history of the tragedy which occurred in the Sandakan area during World War II. This has an important connection with Toodyay as this is where the three Dorizzi brothers and Reg Ferguson lost their lives.

The tour, which is run by the Borneo Exhibition Group, also enables interaction



Taylor Ferguson, recipient of this year's award with President, Gary Holland and Secretary / Treasurer, John Adams. Photo Wayne Weaver.

and bonding with local school children. Previous recipients of this award have found it to be a most worthwhile and profound experience.

Finally, we would like to convey our best wishes to Mr Mac Wroth and Mrs Elsie Wroth who is hospitalised in Northam.

Recipe Corner Carrot and Walnut Cake

Desraé Clarke

OVER several decades cakes, using various vegetables such as potato, beetroot, carrot and zucchini, have become very popular. However, our grandmothers and great grandies would have used pumpkin in cakes and scones! Using a finely grated or mashed vegetable in a cake mixture appears to give a beautiful moist texture to the finished result.

Two good-sized carrots are needed for this cake and it is essential to grate the carrot and then chop it finely for the cake to cut well. A second hint is to measure the ½ cup of oil, tip it into the bowl with the beaten eggs and then use the same ½ cup measure for the sour cream (the cream pours out so much more easily with the oily base.) This cake also requires a non-stick 20cm ring cake tin. Although it is called 'non-stick' I cut baking paper to fit the base of the cake tin for it to loosen and leave the tin in one piece.

Many carrot cake recipes have a cream cheese frosting which adds to the cost. I like a tangy lemon frosting that is similar to the cream cheese flavour and just as delicious.

Ingredients:

- 1 ½ cups grated and chopped carrot
 - ¾ cup self raising flour
 - ½ cup plain flour
 - ½ teaspoon bicarbonate of soda
 - 1 teaspoon ground cinnamon
 - 1 teaspoon ground nutmeg
 - ½ cup brown sugar
 - 1 cup sultanas
 - ½ cup chopped walnuts (optional)
 - 1 cup sultanas
 - ½ cup oil
 - 2 eggs, lightly beaten
 - ½ cup sour cream
- Citrus Frosting:
- 60gms softened butter
 - 1 ½ cups icing sugar
 - 4 teaspoons lemon juice
 - 1 teaspoon grated lemon rind (optional)
 - 10 half walnuts for decoration

Method:

Line the base of a non-stick 20cm ring cake tin with baking paper.

Sift the flours, bicarbonate of soda, ground cinnamon and ground nutmeg into a large bowl.

Stir in the brown sugar, sultanas, chopped walnuts and carrot - mix thoroughly.

Lightly beat the eggs in a smaller bowl then add the oil followed by the sour cream and beat the mixture till it is well combined.

Add the egg combination to the flour and ensure that it is thoroughly mixed.

Spoon the mixture evenly into the prepared cake tin after which I gently tap the filled cake tin on a folded tea towel on the table or cooking bench to rid the cake mixture of air bubbles and to evenly spread the mixture.

Bake in a moderately slow oven for approximately 50 minutes. Stand for 5 minutes before running a plastic knife around both the outer edge and the inner portion to loosen the cake to turn it onto a wire rack to cool. Cover with a cloth to prevent the cake from drying. When it is cold spread the frosting and decorate with walnut halves.

Citrus Frosting:

Gradually mix the icing sugar, grated lemon rind and the softened butter. Add sufficient lemon juice to make frosting spreadable. Beat the frosting with an electric beater to make the topping deliciously creamy.

NB – This cake freezes really well.



Interested in Cartoon Drawing?

DO you have a bit of an artistic flair but want to finetune your skills? Or maybe you don't have an artistic bone in your body and you want to spark some creativity?

Great news! Cartoon Drawing Workshops which have been partly funded by CAN WA on behalf of HealthWay to promote the 'Relationships Australia's Make Time To Talk' message, the Department for Communities and the Regional Development Australia Wheatbelt's Youth Connections Programme will be held during National Youth Week at the Y@T Centre (Youth@Toodyay), The Factory, Toodyay on Saturday 9 April from 10am – 1pm.

Those of you who are interested in going a bit further with your cartoon drawing will be invited to have your cartoon designs used in a number of publications such as a comic book series that is being developed in the Wheatbelt, newspapers, as well as for some logos and shirt designs.

If you are interested in being involved, contact Michelle Blackhurst on 9622 8700 or email michelle.blackhurst@rdawheatbelt.com.au and register your interest.

It would be great to see you there.

OLIOMIO OLIVE
AND LAVENDER FARM



NOW OPEN
April - November, 2011

bring this voucher to receive 10% on all purchases over \$30

Group bookings available
439 Parkland Drive, Julimar 6567
Ph. 9574 5786
oliomio@inet.net.au

Such is Life

Naomi Millett

THROUGHOUT February, I was trying to catch a mouse in the pantry. Both humane and traditional traps failed to capture the critter that could be heard munching away on a nightly basis.

Not content to consume cereal, rice and cat food, it also snacked on a large piece of Styrofoam and gnawed through a bottle of blue food colouring, washing it all down with spilled soy sauce.

"Enough is enough!" I cried, attacking the cupboard, dragging the contents out with a broom and creating further kitchen devastation.

The space empty, I thought he'd done a Houdini-style disappearing act – until suddenly, a little, furry head popped out of the top of a roll of wrapping paper. We had our mouse!

Later, we released the humiliated thing outside to take his chances in the big, wide world.



AVON VALLEY PEST CONTROL

(P.H.D. LIC 655)

Chris Openshaw

FOR ALL YOUR PEST CONTROL REQUIREMENTS

PO Box 18 Telephone
Toodyay 9574 2639

Toodyay Hair Studio

Monday to Friday

9am to 5pm

Saturday

9am to noon



Phone 9574 2505

120A Stirling Terrace Toodyay

KATYDID ALPACA
Suri & Huacaya
Phone Kath on 9572 9148
www.katydidalpaca.com.au
www.katydid.com.au

Toodyay Christian Fellowship

GETTING BACK TO BASICS

We welcome everyone to join us for communion and worship at 9.30am Sunday mornings in the Toodyay Community Centre

If you are interested in getting to know more about God then we have groups that meet informally.

For further information call 9574 5002
We are a child friendly church

Quo Vadis

URANIUM: Named after the Planet Uranus

PRESENTLY, because of the earthquake and subsequent tsunami, the nuclear facilities in north eastern Japan have been (almost) irreparably damaged, mainly because the cooling system became inoperable, causing eventual radiation leaks that are polluting land, sea, water storages and foodstuff of all kinds, with the consequent danger of being ingested through food change, as well as the atmosphere, which is a double jeopardy for most if not all terrestrial life forms. This nuclear calamity is the greatest which has befallen humankind and even more serious than 3 Mile Island (USA) and the Chernobyl accident in the then, USSR).

The Principle purpose of using the Uranium/Nuclear process is to generate power, electrical power to drive the productive machines which contribute to the material comforts of humankind, besides permitting the use of technology that takes much of the physical/mental burden of the work-load off, mainly, humans, in some cases, animals.

There is a catch phrase, which embraces the changes that have taken place between those two (historic) events, which is too clever by half, having some resonance in the dismissal from the 'garden' on account of "eating" of the "fruit from the tree of knowledge" we have discovered some of the universal secrets but we have not learnt the consequences of "playing" at manmade creations, going back to our first "fiddle" from which Hiroshima and Nagasaki arose, with such tragic consequences, which was the outcome of another human blunder, that of war, the beginnings of which Tolstoy pointed out in his epic "War and Peace". He pointed out that, directly at the heart, mind, soul of humankind, as the perpetrator of "War" even as with Cain and Abel, in which deceit was the motivating force and still active in so much of contemporary life.

As this deception has become almost a template for the life we lead, it has become embedded within our "culture" – except it is not culture anymore – it is lifestyle that abrogates (used very advisedly, for it is an annulling of something basic to "a sane and coherent purpose" for which there is an accumulated "wisdom" to be mined, permitting a course that may be pursued by all of humanity).

There are portents, in many parts of the globe, for the institution of more Democracy, a release from the bonds, restrictions of dictator/Junta on personal liberty and freedom. To develop to the fullest their human abilities, a very noble ambition, as long as it does not end up as a "Democracy", that is only a clone of what prevailed before in which the only difference is that ability to mark a ballot paper but is still as far removed from the of, by, for, context of the Democratic essence and process which is indeed a complex operation, to blend the individual and communitarian interests, now that we have deserted the "Village Commons" where all shared the good and the bad of the Seasons and the ability to craft, exchange a family's needs. This does call for the opposite of crowded cities, a decentralisation away from them, with the mantra of frugality, obeying Nature's cycle of the "Law of Return", being the "providential" scheme of things biological; the whole circle/system of life is one of affinity and harmony to which humankind has an integral stewardship - however, it has to do with other than agri(culture) it involves the culture of the person, for them to have the ability to live in concord with their "fellows" without disturbing the terrestrial balance, as has happened with the disharmony of agricultural practices since the Industrial Revolution and flowing into the Nuclear age now upon us.

Thus to return to the theme of Democracy; many centuries BC, Lycurgus said that "Democracy" starts at home, in which the principle "of, by, for," has a harmonious relationship within that peace Tolstoy has espoused and encouraged, to overcome war of every kind, in every place!

New Working Basis between DEC and Farmers/Landowners

THE Upper House Nationals Member for the Agricultural Region, Hon Philip Gardiner, strongly supports the paradigm shift which is emerging in the way the Department of Environment and Conservation (DEC) and farming community is building bridges over dealing with the fraught area of breaches and alleged breaches of agricultural land clearing.

"Over the past two years, DEC Officers have been working with my office, developing foundations for a different process and analysis of clearing applications." Mr Gardiner said. "The analysis rests upon affected farmers working with DEC to construct a plain language Vegetation Management Plan for their properties.

"A Vegetation Management Plan outlines which parts of the farming property will have dedicated vegetation, which parts have deteriorated vegetation which can be rehabilitated and remnants which no longer warrant conservation and can be turned into agriculturally productive land and which parts will be replanted to vegetation as vegetation off-sets.

"There are many different situations of alleged breaches where DEC and farmers need to sit together and map out a vegetation solution in a spirit of trust including those who are contemplating clearing for purposes of roads, fences or weed eradication management.

"The Vegetation Plan would show the benefit of either the quantity, quality or the intensity of added natural vegetation over the farmer's property compared to that of the alleged breached action," he said. "Each party signs off on the agreed Vegetation Management Plan for implementation.

"I am aware of the historical rupture in the relationship between DEC and farmers which has existed over the past decade," said Mr Gardiner. "The new foundation of DEC and farmers working together under a basis of trust which heretofore had been seriously eroded is the bedrock of an entirely different working relationship.

"It does not mean that farmers and landowners can clear in contempt of DEC's land clearing direction and expect to be exonerated prior to having an agreed Vegetation Management Plan. It does mean that there is now an avenue by which DEC and farmers can negotiate to develop a Vegetation Management Plan leading to both greater agricultural productivity and higher vegetation intensity and conservation", he said.

"My office and I will be working with DEC to plan extension into regions, especially where vegetative regrowth has been an historical problem with regard to illegal clearing, so that farmers and land owners develop a deep understanding of how to construct their Vegetation Plan," Mr Gardiner concluded.

Royalties for Regions Funding Keeps Occasional Child Care Open

THE Upper House Member for the Agricultural Region, Philip Gardiner, strongly welcomes the statement from the Minister for Community Services and the Minister for Regional Development which recognises the crucial relevance of government resourcing counselling for mothers especially, and parents in general, about how to strengthen the bond between parent and child from the age of zero minus 6 months to around the age of 8 years.

"This is the most important formative childhood period," Mr Gardiner said. "If communities make real changes at this stage of each life, over time it will be seen that the ongoing quality of our communities will reach a new sustainable level.

"The foundation for this community quality is no more complex than the bond which mothers especially, and fathers make with their young child. Ministers McSweeney and Grylls have stepped in to plug the gap left by the Commonwealth," said Mr Gardiner.

Twenty-one Neighbourhood Model occasional child care centres will keep their doors open thanks to \$687,329 funding from the State Government's Royalties for Regions programme. The centres, which were previously part-funded by the Federal Government, were under threat of closure following cuts in the 2010 Federal Government Budget.

Community Services Minister, Robyn McSweeney, said, "The State Government had recognised the importance of the service to regional communities and had been funding the centres to stay open until the end of 2010."

The new funding commitment will cover 100 per cent service provider costs to 31 December 2012, providing certainty to occasional care centres located across Western Australia. Centres affected are located in the Wheatbelt, Kimberley, Great Southern, South-West, Mid-West, Pilbara and Peel regions.

"Thanks to Royalties for Regions funding, child care service providers in regional and remote areas of our State will be able to support local families that rely on them to manage a work and family balance," Mrs McSweeney said. "The Federal Government stopped their funding with no notification which would have left these service providers with no ability to operate if the State Government had not stepped in."

Regional Development Minister, Brendon Grylls, said 17 of the 21 services were located in a town or community where no other child care options were available.

"The Royalties for Regions funding will allow regional communities to keep their doors open to provide the quality care local families depend on," Mr Grylls said.

The Occasional Child Care Programme run for children aged zero to six years was previously funded by the Federal and State governments (52 per cent and 48 per cent respectively.)

Mr Gardiner is optimistic that more resources from the State and Commonwealth Governments can be provided to communities in the future so that service delivery can take place at the community level – the level which best knows the community's needs.

In Days Gone By Fire Wood for Northam

Ron E. Waters

BACK in the early days Northam got a lot of fire wood from the Toodyay area. Most of it was chopped down with axes. Up on the high ground behind our house was Chitty's bush paddock where most of it in our area was cut. We lived near the Bindoon Road those days. Most of that land is parkland cleared today and is owned by Mr Brodrick. I really miss the sound of axes being swung all day by those big brown men that were there at the start from Italy and the former Yugoslavia. They used to walk down to our house and buy some eggs from my mother and fill their water bags at our tank which we kept full by pumping the water from a well close by with a hand pump. Me and my brother, Ken, could pump one hundred gallons of water through a 2 inch pipe in 5 minutes if we pumped fast. Sometimes these men would put a hole each end of an egg and suck the contents out raw. The wood was loaded on trucks in 6 foot lengths. The loads were about 6 feet high above the tray which was fitted with two upright iron bars to hold the loads at the back. Us kids used to watch the trucks come down through the reserve near our gate and go over a little bridge and onto the Bindoon Road and go off to Northam.

When the big, brown axemen left the area other men came to Chitty's Paddock to cut the fire wood with power saws for Northam and the man carting the wood was Mr Ken Rule from Northam with his big red truck. He carted the wood for about 2 years. When he finished carting Mr Ben Hunter from Northam was cutting the wood and carting it to Northam. When there was not much wood left in the paddock Mr Hunter left the area. About the time the big brown men were cutting in Chitty's block, Harry Bella was cutting wood for Northam with axes out on C J Cook's block at Bindoon Spring. He cut there for quite a long time. Unfortunately, he ran off the Bindoon Road with a big load of wood and was killed, so I was told. Half way up the long hill past Brodrick and Chitty's boundary there is a deep gully on your right as you drive towards Bindoon where he went off the road. We call that Harry Bella's Hollow today.

Some soldiers ran off the road in the same place during the war and died there. However, Northam still needed fire wood and Mr Jimins came to Mr Victor Coe's block to cut wood just above Chitty's on the Bindoon Road. By that time I had grown up and was working for Mr Ced Lidelow carting super, grain and sand from the Bindoon Spring Sand Pit for the building of the factory houses in Toodyay and he took on the job of carting Mr Jimins' fire wood to Northam. No wonder those big brown men had big muscular arms, having to throw those six foot lengths of wood, six feet high onto trucks. When loading them it nearly killed me. They were six inches through the small end. I couldn't sleep at night - my arms were so sore - until I got used to it. Mr Jimins cut wood there for a long time until the wood ran out and then he moved over to cut the wood for Northam on Mr Hasson's block just off Coondle West Road where he cut the wood until he retired and by then I had gone off shearing sheep. I suppose those six foot lengths of wood were cut up into blocks in Northam with bench saws. I often wonder how many people in Northam have wood fires these days and if they do, where does the wood come from, as Northam is a pretty cold town like Toodyay in the winter months.

The Toodyay Herald is online!

Reading your local paper has never been easier. Simply access any of our current or archived newspapers anytime, anywhere online.

Visit us at

www.toodyayherald.com.au

The Toodyay Herald

Toodyay Taxis

Would like to offer a return shopping trip to Northam and back for \$20.00 per person.

Will pick up and drop off every Friday.

If interested, call

9574 4283

after 5pm Wed or Thu



PE & SM FERGUSON
BULLDOZING CONTRACTOR
 Owner Operator

- * Dam Construction
- * Fence Lines
- * Contour Banks
- * Ripping


 Phone Patrick
9574 4402

trades and services

AIRCONDITIONING

TOODYAY REFRIGERATION & AIRCONDITIONING SERVICE

Specialists in

- Split Systems Installations •

Phone **95742135**  Lic: L009694

Your local experienced installer of **SPLIT SYSTEM AIRCONDITIONERS**

ANTENNA SERVICES

B.G. Antenna Services

- * TV Antennas
- * Digital TV
- * Satellite TV
- * VCR Tuning
- * Sound Systems

Servicing Toodyay and Surrounding Districts
Barry Grey Ph: 9574 2149

ASBESTOS REMOVAL

TOODYAY ASBESTOS REMOVAL Licensed since 1993 

AND GENERAL YARD CLEAN-UP WORK
NO JOB TOO SMALL OR LARGE!

TOODYAY ASBESTOS REMOVAL
Phone George: 0417 099 981
Accredited Worksafe No. WARA593
Professional Work and Competitive Rates

AUTO AIRCONDITIONING

BOT'S MOBILE DEGAS/REGAS
License No: L049994

For all your Automotive and Machinery Airconditioning needs

"WE COME TO YOU"

Servicing the Shire of Toodyay, Northam, York and surrounding districts

Contact Hank
Mobile: 0417 944 373
Phone: 9574 4631

AUTO PARTS

TOODYAY AUTO PARTS

Suppliers of all Automotive Parts, Electrical & Mechanical. Batteries-alternators-starter motors-filters-bearings, etc.

9574 4032 

BEAUTY THERAPY

 *Clare Love*
beauty therapist
9574 5771

104B STIRLING TCE TOODYAY
OPEN WEDNESDAY - SATURDAY

BLINDS

BLIND AS

Patio Blinds - Clear PVC and Shadeview

Tel: Shelly 9574 5904

BOBCAT HIRE

BOBCAT AND TRUCK HIRE

WHY BARROW IT.....BOBCAT IT.....

ALL TYPES OF WORK - NO JOB TOO BIG OR TOO SMALL

LANDSCAPING ADVICE FREELY GIVEN

- * FIREBREAKS * LEVELLING
- * TANK, SHED & HOUSE PADS
- * SAND * SOIL * GRAVEL * ROAD BASE
- * BLUE METAL *

PHONE PAUL HARRINGTON
9574 2130 WEEKEND WORK AVAILABLE 0408 952 215 

BORES

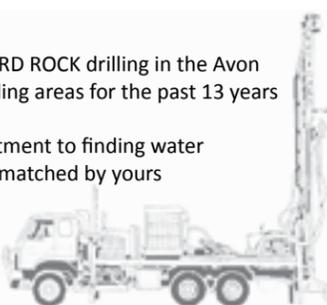
Toodyay Boring Not Really!
It's where we live and what we do!

DIVINING SERVICE WATER BORING

- Cost Efficient Bores
- Site Selection
- Day Rates available
- Bore cleaning
- Dam site Investigation

Specialising in HARD ROCK drilling in the Avon Valley and surrounding areas for the past 13 years

Our commitment to finding water is only matched by yours

Pat and Donna **9574 2122**
PO BOX 883 TOODYAY WA 6566 

BOOKKEEPING

Marie Connolly

- Bookkeeping
- Administration
- Internet
- Computer
- Remote Access

Email: tyrouno@westnet.com.au
Ph: 08 9574 4592
Mob: 0407 476 783

BRAKES/CLUTCHES

Northam Brake & Clutch Services Est. 1968

Under New Management
Unit 3, 12 Yilgarn Avenue, Northam

SPECIALIST IN ALL MAKES AND MODELS OF CARS, TRUCKS AND MACHINES

24 hour callouts on farm - on road

Phone Ross/Toni **9622 2020**
Fax **9622 3866** A/H **0427 281 063**

BRICK PAVING

Pete's Paving Brick Paving & Toodyay Stone Laying

Qualified Tradesman

Large or Small Jobs
Free Quotes

9574 2946
0409 574 294

BUILDERS

BUILDERS

- New Homes
- Additions
- Maintenance
- All aspects

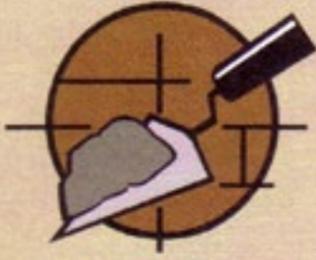
Quality Tradesmen
Competitive Prices

0429 649 781
for a quote

BRICKLAYERS

J & J BRICKLAYING

PO Box 1384
TOODYAY WA 6566
Mobile - 0437512964 (Jamie)
Mobile - 0418932003 (Josh)

e-mail jn66@live.com.au 

BUILDERS

nimbus

CONSTRUCTIONS
Registered Builder 10717
Member HIA

- Fully licensed and insured for total peace of mind
- Plans drawn
- Engineer and Energy Efficiency certificates supplied
- Lodgement of Planning and Building Applications to Shire
- New homes
- Extensions
- Renovations

Phone/Fax: **9574 4225**
Mobile: **0427 646 287**
Email: **homes@nimbus.com.au**

trades and services

BUILDING SERVICES

Evans Building Services

Qualified Carpenter
Registered Builder
Over 20 years of Experience

Contact Rod on:
9574 2320 or 0417 961 956

BUILDING SERVICES

R&R Outdoor Improvements

"Local Tradesmen Servicing Toodyay and Surrounding Areas"

Owner Builder Assistance * Carpentry / Kitchen Flat Pack Install * Gyprocking
* Retaining Walls * Verandahs / Pergolas / Carports * Decking * Renovations
* Small Welding/Fabrication Jobs

30 Years Trade Experience

PO Box 1283
Toodyay WA 6566
9574 4518

Quality Workmanship
Reasonable Rates

**Baz Roberts
Peter Rogers**

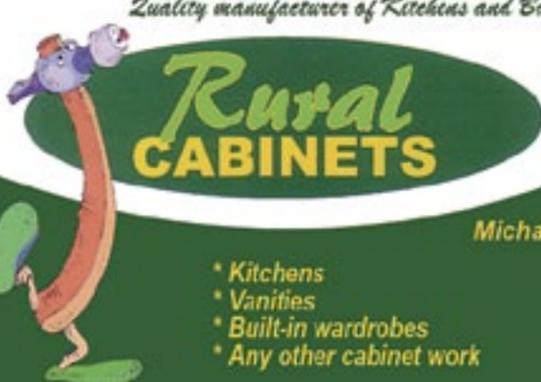
BUILDING SERVICES



**Toodyay
Building &
Maintenance
Services**

Bob 0409 300 673
3 Settlers Ridge, Toodyay, 6566
email rhaynes4@optusnet.com.au

CABINET MAKER



Quality manufacturer of Kitchens and Bathrooms

Rural CABINETS

Michael Mijota
A Craftsmen in the Art of Wood
0419 610 920
9574 5616
Extracts Place
PO Box 1383
Toodyay 6566

- * Kitchens
- * Vanities
- * Built-in wardrobes
- * Any other cabinet work

CABINET MAKER



BLUEPRINT interiors
COMMERCIAL & RESIDENTIAL CABINETRY

Wayne Foley, Director
M: 0439 930 900
T: 9404 5153
F: 9206 4668
Unit 9, 21 Warman Ave
Neerabup WA 6031
PO Box 2455 Clarkson WA 6030
E: admin@blueprintinteriors.com.au
www.blueprintinteriors.com.au

- Kitchens
- Bathrooms
- Laundries
- Wardrobes
- Fine theatres
- Custom Made Furniture
- Alfresco Areas
- Shop Fittings
- Office Fitouts

CARPENTER

**CUSTOM DESIGNED HERITAGE
TIMBER SCREEN DOORS
& WINDOWS**




"Enhance the Character
of Your Home"

**Call Laurie or Liz
9574 2020**

CARPENTER

**CARPENTER/HANDYMAN
TRADESMAN**

30 Years Experience
Large or Small Jobs
Free Quotes



**Phone Pete
9574 2946
0409 574 294**

CARPENTER

**PETER REDEKER'S
CARPENTRY &
MAINTENANCE**



Peter 0419 045 966
p_redeker@yahoo.com.au

Qualified Carpenter - Joiner
Kitchen Installations
& New Wardrobes
All Carpentry Work Big or Small
Fibreglass Fabrication & Repair

CARPETS

Dallimores
CARPET CHOICE

258 Fitzgerald St

9622 1154

CARPET CLEANING

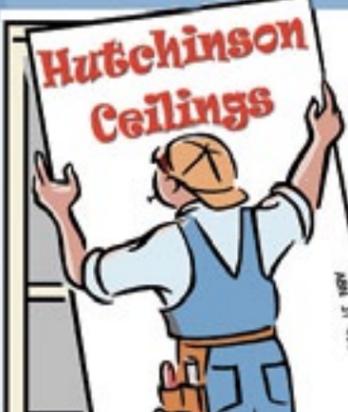


The Carpet Gleaming Company
Number One in the Avon

Commercial & Domestic
for friendly local service
call Adam
Ph: **9574 5500**
Mob: **0400 111 141**

"Upholstery, carpets, tiles and grout
driveways, roofs, too much to count
We travel all over the Avon
Our pink van is known to everyone
Mr and Mrs Pink is our name
The best in Toodyay is our aim"

CEILINGS



**Hutchinson
Ceilings**

For All Your Residential
& Commercial Ceiling
Flushing & Fixing Needs

Guy Hutchinson
Phone: (08) 9574 4489
Mobile: 0439 901 250
PO Box 240, TOODYAY WA 6566
Email: hutchinson@skymesh.com.au

CEILINGS

BUILDERS OWNER BUILDERS HOME RENOVATORS



GYPFIX

Supply
Plasterboard & Accessories
Fibrous Cement Sheeting
Insulation

Plasterboard Installation
Fix, Flush, Cornice & Sand

Ron Jones
PO Box 164
Toodyay WA
Phone/Fax
9574 2087

CHIMNEY SWEEP

Toodyay Chimney Sweeps



For all your chimney and
flue cleaning requirements,
please contact

Peter or Ann
9574 5331/0428 956 948

CLOTHING / WORKWEAR

**EMBROIDERY
& CLOTHING
WORKWEAR
SAFETY BOOTS**



grovewesley
signs printing design promotional
design art
ph 9574 4948 fax 9574 4641
email: grovewesley@bigpond.com

'trades and services' advertising is now available in colour for our valued customers
single advertisements \$22 - double advertisements \$44

if you require alterations to an existing advertisement this month, please email us at toodyayherald@westnet.com.au

trades and services

CLEANING



GLENOHN SERVICES TOODYAY

For your commercial & domestic carpets, windows, floor cleaning, general cleaning, property vacate clean.

DAVE AND GLEN
FREECALL: 1800 242 314
PHONE: 9574 4668
OWNED AND OPERATED IN TOODYAY

CLOTHING AND LEATHER GEAR



JJ's Leather N Lace
 Duke Street, Toodyay (Behind IGA)

For all your winter and summer biker wear needs. If we don't have what you want, ask us and we will endeavour to find it for you at the best possible price.

Open Thursday - Sunday and Public Holidays
 9.30am - 4.00pm
 Closed Christmas Day



Leather Jackets
 Leather Gloves
 Mens & Ladies Leather Vests
 Leather Boots
 Dresses, Skirts
 Tassled Midriff Leather Vests
 Incense & Incense perfume
 Bandannas
 Butterfly tops
 Fisherman Pants
 & lots more

COMPUTER TECHNOLOGY

AGM Software

Professional Software Development

Microsoft Certified Developer
 Customised Business Software and Web Sites
 including Database and Excel development

Contact Graham Richardson
 Ph 9574 2419, 0401 678 040

COMPUTERS

GB's PC's
 FOR MOBILE COMPUTER
 REPAIRS AND UPGRADES



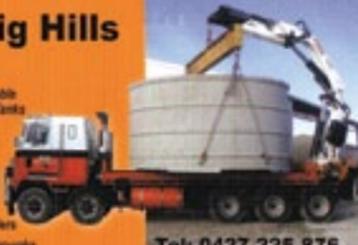
For virus and spyware removal, hardware repair, system upgrades and quotes on new PC's

Call Glen or Vicki on 9572 9170
 or 0409 904 994
 email gbpc@iinet.net.au

CONCRETE

HILLS CONCRETE PRODUCTS

Craig Hills



- Transportable Concrete Tanks
- Troughs
- Fertiliser Sheds
- Sheep & Cattle Troughs
- Shed Dividers
- Feed Lot Troughs

Tel: 0427 225 876

0427 225 876

CONCRETE



Mobile Concrete Services

SUPPLIERS OF CONCRETE
 in Toodyay and surrounding areas

Contact Stephen & Julie Street
 PHONE 9574 4008
 FAX 9574 4122
 MOBILE 0428 929 127

P.O. Box 1062
 TOODYAY 6566

NO JOB TOO BIG OR TOO SMALL

CONTRACTING SERVICES

COSHAN CONTRACTING

Asphalt, Spray Seal & Base Work	Bobcat and Truck Hire
Driveways	Site Levelling and Clearing
Crossovers	Post Holes
Carparks	Fire Breaks
Repairs & Potholes	Sweeping

Phone Lionel or Rowena Coshan
 Mobile: 0488 095 429
 Phone/Fax 08 9574 5583

CRANE HIRE

Avon Valley Crane & Truck Hire

2.5 Tonne Crane
 5 Tonne Crane



Phone Mike Devlin 0413 155 255
 Email : avonvalleycranes@westnet.com.au

EARTHMOVING

Jonesy's Backhoe Hire

Toodyay and surrounding districts
 Over 30 years experience



Ph: 08 9574 4162 | Mobile: 0407 744 162
 s.w_jones@bigpond.com
 PO Box 697 Toodyay 6566

EARTHMOVING

Vernice Pty Ltd
 Earthmoving Contractors

Professional Construction of:
 Sand Pads, Site Levelling,
 Bitumen Work, Driveways,
 Dam Sinking and
 Major Subdivisional Work
 Complete Range Of Equipment

Enquire all hours
 Office 9574 2304 Fax 9574 2635
 Workshop 9574 2030
 Mobile 0429 040 362
 Email: vernice@vianet.net.au

EVEN THE SCORE...



... with a Trades and Services Advertisement

You'll earn more while you save more!

ELECTRICIAN

FMG Electrical

Mark Shane

Ph 9574 2623 ~ House & Shed wiring
 ~ Underground power
 E.C. 004736 ~ Repairs

ELECTRICIAN

Hot Spot ELECTRICAL EC: 8888

TORBEN POULSEN
 0421 593 358 Fax 9572 9166
 torben@hotspotelectrical.com.au

FOR ALL YOUR DOMESTIC AND RURAL INSTALLATIONS AND MAINTENANCE

trades and services

ELECTRICIAN

MELTON ELECTRICS
 FOR ALL TYPES OF ELECTRICAL WORK
 * Maintenance * Repairs * Installation * Domestic * Farm

GLENN MELTON
 Licensed Electrical Contractor
 Lic.No. EC004591

Phone/Fax: 9574 7024 Mob: 0417 973 191

ELECTRICIAN

P&G Electrics
 Electrical Contractor - EC004331 Refrigerant Handlers License - L043357
 Clean energy council accreditation No. P4332

- ❖ Complete split-system air-conditioning installations
- ❖ RCDs, smoke alarms, GPOs, lights and fans
- ❖ Solar Pumps
- ❖ Accredited solar power designer & installer

George Groessler
 Phone: (08) 9574 2137 Mobile: 0419 839 384

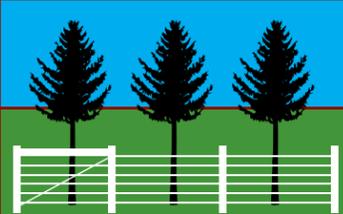
EQUESTRIAN

KC Herbs Plus

The supplier of quality herbs for your horse in Toodyay.

Contact me for a product list.
 Email: kcherbsplus@westnet.com.au
 Phone: 0418 923 005

FENCING



- Farm Fencing
- Post & Rail
- Domestic Fencing
- Mini Loader
- Trenching
- Post Holes
- Post Ramming
- Landscaping

Because your fence says a lot about your property!

Linian Fencing & Contracting
 0427 271 617
 Ph/Fax 9574 4296

FREIGHT

Toodyay Express 

- ☆ WHITE GOODS ☆ YOUR GOODS
- ☆ FURNITURE ☆ FARM EQUIPMENT
- ☆ ALL GOODS ☆ SAME DAY SERVICE

Prompt pickup and delivery to or from the metropolitan area and into the surrounding areas of the Avon Valley

Ph/Fax 9631 1113
 Mobile 0409 118 019
 Pete & Maureen
 We "CARE"
 "CUSTOMERS ARE REALLY EVERYTHING"

FITNESS

FULL CIRCLE GYM & FITNESS

Britt & Dave Benz
 22 Stirling Terrace, Toodyay
 Ph: 9574 5687
 Email: brittbenz@fullcirclegymandfitness.com.au

Sunday	8am to 12pm	Free Weights
Monday to Thursday	6am to 12pm & 3pm to 7pm	Weights Machines
Friday	6am to 4pm	Cardio Machines
Saturday	CLOSED	Group Fitness Classes
Public Holidays	To be advised	Personal Training

GARDEN SUPPLIES

GARDEN SUPPLIES

Topsoil, Mulch,
 Yellow Sand, Sawdust

Pick up 10 Tannin Place,
 Industrial Extracts.
 Delivery Extra.

Phone Charlie or Marion
 9574 2987
 Mob. 0438 412 324 or 0439 842 987

GARDENING

E.B. Garden Maintenance 

**General Garden Maintenance
 Garden Design and Landscaping**

Hedging/Gutter Cleaning/
 Handyman Work/Slashing/Mowing/
 Whipper Snipper
 Specializing in Mulching

Local resident with police clearance
Phone 9574 4767

GENERAL CARTAGE

Johnson Tilt Tray Towing & Hiab Services

Phone: George 0429 328 819
 Barry 0447 219 143

No job too small



Cars, tractors & general freight, Toodyay and surrounding areas

GRADER HIRE

AVON GRADER HIRE

Contour Banks,
 Firebreaks, Fencelines
 Roads, etc.

0429 093 794



GRAPHIC DESIGN

Red Brook Art *Located in Morangup*

GRAPHIC DESIGN SERVICE

CORPORATE STATIONERY | TRADEMARKS
 DISPLAY ADS | NEWSLETTERS | LABELS
 WEBSITE LAYOUT | CARDS | BROCHURES
 SIGNS | PACKAGING | ANNUAL REPORTS

Sandra Faye Harms
 Enquiries: 9572 9061 or 0429 086 253
 p1sharms@westnet.com.au

HAIRDRESSING

lime fusion HAIRDRESSING

Call for an appointment

- Precision cutting - Creative colouring
- Perming - Styling - Spray tanning
- Specialising in balls, weddings and editorial work
- All types of extensions

Beautiful hair - with passion

0409 138 961

HELP YOURSELF

Can you keep a secret?

We're cheaper.
 Probably friendlier.
 We're owned by the Toodyay community.

But shhh, don't tell...
 or everyone will want to advertise with us.
 Call us now.

9574 2106



'trades and services' advertising is now available in colour for our valued customers
 single advertisements \$22 - double advertisements \$44

if you require alterations to an existing advertisement this month, please email us at toodyayherald@westnet.com.au

trades and services

HANDYMAN

Avon Valley Handyman and Maintenance Service

- Small welding jobs
- Minor Renovations
- Trenching
- Small fencing jobs
- Home & business maintenance
- Shed, patio & gazebo erections
- Odd jobs

All Areas

Reasonable Rates Pensioner Discount

Phone Geoff: 9574 4786 or 0429 110 286

HANDYMAN

Chorebusters

REGISTERED BUSINESS

LOCAL BUSINESS FOR TOODYAY & SURROUNDING AREAS
HOUSE CLEANING, WOOD CHOPPING, YARD CLEAN-UPS,
GUTTERS & TANKS CLEANED, LAWNMOWING, BRUSHCUTTING, CHAINSAW WORK
PLUS ODD JOBS

"All the little chores you don't want to do"

Call Mitch or Toni

9574 4919

0401 874 804

HR & F Class License for contract work

HOBBIES AND MODELS

Dave's Hobby Centre

Now Open 7 Days

See website for times

www.hobbycentre.com.au
dave@hobbycentre.com.au

10940 Great Eastern Highway
Sawyers Valley WA 6074
08 9295 6466

"Stay Sane. Get a Hobby"

MACHINERY HIRE

PERTH SALES MACHINERY HIRE

- Dry Hire Weekly Specials
- Specialising in Tracked Skid Steers & Attachments
- Modern Equipment Hire, Brick, Demolition Saws, Mulchers & more
- Very competitive rates
- We deliver to you

PH: JOHN 9572 9240
0400 468 067

mail@perthmachinery.com.au



PAINTER

G.W.Y. PAINTING SERVICE

Reg No. 6240

- Domestic & Commercial Painting
- Special Finishes & Spraypainting



FOR FREE QUOTES

PHONE GRAHAM 0419 194 974

Ph/Fax: 9622 3571

35 Fermoy Avenue Northam 6401



PANEL BEATER

- 28 years experience in the smash repair industry
- All insurance and private work welcome
- HBF recommended repairer
- Free quotes
- Courtesy car available

AVON VALLEY SMASH REPAIRS



Phone: 9574 4300

Lot 17 Extract Place Toodyay

(Just off the Northam/Toodyay Road)

PANEL BEATER

Toodyay Panel & Paint Smash Repairs

Lic No. MRB2905

Units 3/4 21 Stirling Tce Toodyay
Phone 9574 4530

For all your panel and paint requirements



No job too big or too small
Opposite Toodyay Tyres

PANEL BEATER

Toodyay Smash Repairs

21 Extracts Place, Toodyay

Call Harry on 0400 177 731

Sandblasting, spray painting, restoration work, fabrication work and general auto body repairs.



PHOTOGRAPHER

The CRYSTAL COTTAGE

Wayne Weaver - Photographer



Portraits - Weddings - Sport - Functions
Digital Restoration & Retouching

Ph: 9574 1338 Mobile: 0417 172 165

PEST CONTROL

REGIONAL PEST CONTROL

PHD Lic : 727

ABN : 75 949 009 220

The Experienced Professionals in Pest Control

LOCALLY OWNED & OPERATED

For all your Domestic or Commercial Pest Control Needs

CONTACT : KEN & NAT PROWSE

9574 4401 ph / fax

Mobile : 0427 778 643

OBLIGATION FREE QUOTES

Call Your Regional Pest Control Experts



PLUMBER

J.S. WILLS

Plumbing & Gas Service

MOBILE: 0417-905-313

General Installation & Maintenance
Sewerage Connections
Gas Fitting & Maintenance

Plumber Lic # 5915

Gasfitter Lic # GF007695



PLUMBER

Martin & Martin Plumbing

Contact: Pat Martin

Plumbing Approvals & Reports for Home Buyers

"43 Years of Experience"

Quality of Workmanship & Service Guaranteed.

Phone: 9574 5791 or Mobile: 0412487715

Lic. No. 1113

ABN 57039733090

Services: Tap Repairs, General Maintenance, Hot Water Heater Repairs, Blocked Drains, New Hot Water Heaters, Drain Cleaning/Maintenance, Hot Water Heater Repairs, General Consultation & Advice.

PLUMBER

Lic. No: 6872

S.F. Fitzgerald PLUMBING & GAS

Sean Fitzgerald
Ph 0414 015 603

Gas Lic. No: 011458

POOL MAINTENANCE

AVON POOL TECH

THE FULLY MOBILE POOL SERVICE

- Clean-up of green pools
- Installation of equipment
- Pumps, filters, pool cleaners & chlorination systems
- On-site water testing & balancing

: GREAT PRICES ON CHEMICALS

: FAULT FINDING AND REPAIRS

: REGULAR SERVICING

CALL GRAEME

9574 2531



'trades and services' advertising is now available in colour for our valued customers
single advertisements \$22 - double advertisements \$44

if you require alterations to an existing advertisement this month, please email us at toodyayherald@westnet.com.au

trades and services

PROPERTY MAINTENANCE

CLEARFIELDS CONTRACTING



Firebreaks
Slashing
Tree cleanup
Clearing
Earthmoving
Rock Picking
Rock Raking
Rock sales
Loader and Truck Hire
Ph Bob 0429 010 210

PUMP REPAIRS & SALES

Toodyay Puffa Pumps

The original air pump owned solely by Marlene.
If you have a low yield bore or a windmill that isn't doing the job when you need water the most, call Marlene on 9574 2084

PUMPS

WAvon Water Solutions

Maximising your minimal resource
32 Years Experience
All Pump Requirements & Repairs
240v - Air - Solar - Petrol - Diesel
All underground water needs
BORE BLOWOUTS
PHONE STEELE ON 9574 2903

PUMPS

TOODYAY PUMPS

Supplying all your pump requirements.
Servicing of all makes of pumps.
Home of the Feri Airlift system.

PHONE 9574 4032

SAND SUPPLIER

CLARKE'S SAND SUPPLY

400 Mount Road, Toodyay
Operating Hours 6.00am—5.00 pm
Monday to Saturday by appointment
Yellow Sand



Contact Steph or Barry
Ph: 9627 5283 Mob: 0428 275 283

SCRAP METAL

CASH PAID FOR ALL SCRAP METALS

Aluminium Cans etc. Copper Brass
Tin Steel Batteries Radiators etc.
Old Carbodies (will pick up)

Phone Charlie or Marion
9574 2987

Mob. 0438 412 324 or 0439 842 987

SHEDS

Andrew Carr

Welding and Carpentry Work

Problem trees or firewood trees
call us!

For our big tree, we called Isaac to climb and cut. A good job done.

For help in your garden and removal of garden rubbish, please phone me
9574 4528 or 0418 937 324

SHEDS



Discover...
THE Shed Company Difference!

SHEDS ~ BARNES ~ FARM SHEDS ~ GARAGES ~ CARPORTS
COMMERCIAL ~ INDUSTRIAL ~ FREE CALL 1800 821 033

**THE BEST Sheds! THE BEST Price!
THE BEST Service! Simply ~ THE BEST!**

Display Office: Unit 1/18 Forrest St, York Ph: 9641-2526
Terry Edwards - 0418 189 128 *Over 25 Years Experience in the Shed Industry.*
Web: www.theshedcompany.com.au - Email: york@theshedcompany.com.au

SIGNS

SIGNS & STATIONERY DESIGN PROMOTIONAL



ph 9574 4948 fax 9574 4641
email: grovewesley@bigpond.com

SKY DIVING



LAND ON THE BEACH!



Try something you will never forget or regret:
Ph 0438 44 1239

Gift Vouchers Online

www.skydivejurienbay.com

TILING

Wall & Floor Tiling

- Building Maintenance
- over 30yrs exp.
- Gvt approved contractor
- Free Quotes

Phone : 9623 2375
Mobile : 0402 658 817

TILING

Wall & Floor Tiler



Dale Sweeney
Ph: 9574 5350
Mob: 0422 534 311

E: wallandfloortiler@bigpond.com
FREE QUOTES!

TOWING

Avon Valley Crane & Truck Hire



8 Tonne Truck, Tilt Tray & Hiab

Phone Mike Devlin 0413 155 255

TOWING

NORTHAM TOWING



ACCIDENT & BREAKDOWN SPECIALISTS
Tilt Slide Tray - General & Insurance Towing
Servicing Toodyay and Surrounds

9622 7220

Bob Lawler
0419 253 241

Fax
9622 7990

Steve Lawler
0427 964 264

PO Box 144, Dempster St, Northam

TOWING

TOODYAY & SURROUNDING SUBURBS



ABN 40058378530
AAAC Contractor #402



24 HOUR Accident/Breakdown

Michael Speciale
0419 62 0055

148 Wellington Street
Northam WA 6401

Ph/Fax 08 9622 2623

'trades and services' advertising is now available in colour for our valued customers
single advertisements \$22 - double advertisements \$44

if you require alterations to an existing advertisement this month, please email us at toodyayherald@westnet.com.au

trades and services

TREE LOPPING

Toodyay Treelopping
Commercial & Domestic Work



Own truck mounted picker
 Fully insured
 23 years experience
 Fully experienced climber

Phone Mick 9574 5589 or 0407 198 018

TREE LOPPING



TREE LOPPING **ISAAC**
0450 288 737

Very competitive prices
Total customer satisfaction
GUARANTEED!

Pruning
 Limb Removal
 Felling
 Tree Dismantling
 Palm Pruning
 All Areas

Feel free to give me a call on 0450 288 737 for a free quote on all aspects of tree work

FULLY INSURED
SENIORS DISCOUNT

TRENCHING

TOODYAY TRENCHERS

**Trench Digging,
 Cable Locations
 & Telephone Points**

For Power, Water & Phone

**Ph: 9574 2511
 or 0428 924 100**

WASTE REMOVAL



ASB
AVON SKIP BINS
CONTROLLED WASTE SA. TRUCK

- COMMERCIAL
- DOMESTIC
- RURAL
- PERMANENT
- TEMPORARY

9574 2464
 0427 381 832

BIN BOOKINGS MON - FRI 8am - 5pm

Servicing the Avon Valley & Wheatbelt

WATER / BORES

Avon Water Solutions
Maximising your minimal resource

32 Years Experience

**BORE BLOWOUTS
 AND ADVICE**

**PHONE STEELE ON
 9574 2903**

WATER/BORES

Julimar Drilling Services

- Water bore construction
- Domestic and Commercial
- Rotary mud and air
- Hard rock, clay and sand
- Free quotes

Contact Nathan or Sandy
 Ph: 9574 5582
 Mob: 0409 089 392
 Email: julimards@bigpond.com

WEB SITES

Website Design
 Affordable, professionally designed web sites without breaking the bank.

Web's Creative Studios
 Complete Web Design & Maintenance
 Art and Animation Studio

- Complete Website Design
- Website Maintenance
- E-Commerce solutions
- Flash Animations
- Corporate branding
- Online Booking facility
- Search Engine Optimisation
- CMS & Software solutions

Ph: 9574 2821 - Toodyay
 Ph: 6364 0748 - Perth
 Mob: 043 909 5712

P.O.Box 1138
 Toodyay 6566 WA
 2005 ABC Business Award FINALIST

Contact Guido Verschoor for a no obligation quote. Our first visit is free.

Check out our website @ www.WebsCreative.com.au

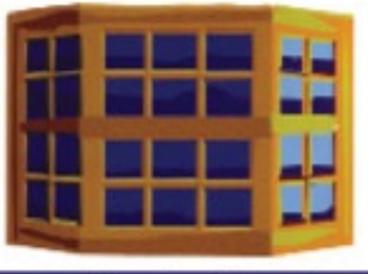
WINDOW CLEANER

WINDOW CLEANING
STEEPLE
WINDOW CLEANING

**For Professional Service
 Call Sean 0408 092 694**

Commercial & Domestic

"Servicing the Central Midlands and Wheatbelt Area"



WINDMILLS

WAIMARIE (WA) PTY LTD
 ABN 18 083 000 471

Southern Cross

Specialists in:
 Windmills, Pumps,
 Tanks & Spare Parts
 Crane Hire

Tim & Kay Henry
 255 Meragup Rd
 Gidgegannup
 WA 6083

Email: waimarie@bigpond.net.au
Ph/Fax +61 8 9572 9066
Mobile: +61 417 991 302

Toodyay Rainfall Chart Explained

A READER called to ask what the story was on our rainfall chart? Why does it say that the driest year was 1914 with a reading of 255.3mm? Why wasn't 2010 the driest year with only 149.6mm recorded?

The answer lies in where we retrieve the information. The Toodyay Herald gets its information on rainfall from the Bureau of Meteorology website (www.bom.gov.au) but, in 2010, the first six months were not recorded due to the fact that the person who recorded the rainfall for Toodyay had passed away.

Eventually, when the Toodyay Club offered

to take on the duty of recording the rainfall, the information started up again. However, the BOM just didn't update its statistics. Now, those statistics like driest / wettest years, wettest month / day don't even appear on the website or, if they do, it is very difficult to find.

So, thanks to the caller, the Herald has removed the offending, possibly incorrect details from the rainfall chart.

Suffice it to say, however, no matter that the bureau does not say that 2010 was the driest year on record, it certainly was!

TOODYAY RAINFALL

Recordings are taken from Bureau of Meteorology (in mm).

YEAR	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	TOTAL
2001	7.2	3.2	2.6	2.8	60.4	6.4	78.6	70.6	50.8	22.4	28.0	0.0	333.0
2002	9.0	5.4	2.2	52.4	37.2	72.4	90.4	50.6	50.0	27.0	11.4	2.6	410.6
2003	0.0	26.6	46.2	49.0	71.8	120.0	68.6	92.0	75.2	7.0	26.8	6.8	590.0
2004	2.2	2.4	3.4	4.2	73.6	93.2	63.8	82.8	28.6	21.2	35.0	0.8	411.2
2005	0.0	2.2	25.2	10.6	86.0	135.6	43.6	71.6	51.0	22.6	9.6	4.6	462.6
2006	119.5	16.6	3.0	21.2	19.0	29.8	54.8	88.8	73.2	15.6	13.8	9.4	464.7
2007	16.4	26.6	10.2	34.0	58.2	43.2	121.0	74.0	70.4	39.2	0.0	57.6	550.8
2008	0.0	10.8	9.8	76.8	38.2	62.8	146.2	8.4	50.6	43.0	31.0	3.4	481.0
2009	8.0	8.0	9.0	32.6	39.2	83.6	115.0	76.2	56.2	17.2	30.2	2.6	478.2
2010							69.4	36.2	12.0	3.4	7.2	21.4	149.6
2011	14.8	0.0	14.2										29.0
AVERAGE ALL YEARS: (RECORDING COMMENCED IN TOODYAY 1/1/1877)													
	10.7	12.4	19.4	25.9	67.2	99.9	102.4	80.3	47.8	31.4	14.8	9.1	521.3

environmental matters

Cocky Counters Needed from Geraldton to Esperance

The Great Cocky Count is on again and this year more volunteers are needed to help in a cockatoo census across the entire range of the endangered bird.

Environment Minister, Bill Marmion, said volunteers were being asked this year to stake out Carnaby's black cockatoo night roost sites from Geraldton to Esperance and the interior to the Wheatbelt, on the evening of 7 April.

"Previously, the Great Cocky Count has focused on the greater Perth metropolitan area, but this year Birds Australia and the Department of Environment and Conservation (DEC) are keen to get information about bird numbers anywhere the birds roost at night," Mr Marmion said.

"The Great Cocky Count was so successful in 2010 that this year we want to expand the survey to include roosting birds from Geraldton all the way to Esperance.

"Last year, 350 volunteers visited 220 sites of which 120 were night roost sites.

"The strong community support, especially from members of Birds Australia, makes it possible to cover a vast area and visit all roost sites on the same evening, giving a 'snapshot' count of bird numbers.

"The survey, jointly organised by Birds Australia's Carnaby's Black-Cockatoo Recovery Project and DEC, aims to determine a population estimate for the species across the South-West. It will also help determine whether the population has declined or increased since previous surveys in 2006 and 2010."

The Minister said that last year 6,600 Carnaby's black cockatoos were counted in the greater Perth region. This was consistent with expert estimates of 8,000 to 10,000 birds for the greater Perth area.

Repeating the Great Cocky Count will make it possible to monitor the number of birds visiting the Swan Coastal Plain this autumn

and provide an indication of whether they bred successfully last year.

Mr Marmion said the partnership between DEC and Birds Australia was helping to map critical habitat of Carnaby's black cockatoo, with the aim of protecting the species from further decline.

"Taking part in the Great Cocky Count is easy and fun," he said. "It involves getting to your site half-an-hour before sunset and counting the birds as they fly into the roost, until about half-an-hour after sunset.

"The night roosts are easy to identify. Carnaby's black cockatoos roost overnight in tall trees, often pines or eucalypts, and will flock there in significant numbers, calling loudly, at dusk."

To join the Great Cocky Count, provide information about a Carnaby's black cockatoo night roost site; or to be part of the ongoing Cocky Count, contact either

Dr Xander Kabat at greatcockycount@birdsaustralia.com.au or on 0404 713 866; or Dr Geoff Barrett at geoff.barrett@dec.wa.gov.au or on 9423 2907.

Weed of the Month Ruby Dock

Compiled by Wayne Clarke

Ruby dock (*Rumex vesicarius* L), or bladder dock, is a weed native to North Africa, south west Asia, southern Iran, Afghanistan and Pakistan. It has become common in the arid areas of Australia, particularly on roadsides and disturbed areas. It was introduced by the Afghan camel drivers during early settlement. Toodyay has been virtually free of this weed until recently. Seed appears to have been in the soil of plants donated to people affected by the December 2009 bush fire.

Growing to 80cm in height, it is an annual that is stout and succulent. Leaves are triangular, broad to very broad, and the fruit is a three-angled nut. The fruiting valves are circular to elliptic, up to 2cm in diameter, thin, inflated, and purplish to 'ruby' in colour.

It flowers in August or September, with the flowers rather inconspicuous. It will spread quickly throughout the area and, then the Shire – **if left unchecked!**

The easiest method of removal at this early stage is by hand pulling any plants that you find. Place the plant into a black plastic bag, after removal of the bract of seeds, and leave the bag in the sun for the plant to rot. The remains of the rotten plant can then be buried. The seeds, on the other hand, need to be disposed of very carefully so as not to reproduce – in the soil they are viable for a period of twenty years!!!

If you see what you think is Ruby Dock growing on your property, or unsure if it is Ruby Dock, contact the Seed Orchard at seedorchard@toodyayfor.org.au.

Source: *Western Weeds (Plant Protection Society of WA 1997)*
Flora of the Perth Region Part One (AGPS Canberra 1985)



Near Wiluna. Photo Wayne Clarke

Python Watch

Desraé Clarke

THE past month has been quiet as regards sightings of herpetofauna whereas before the end of 2010 there were so many reports. Is it the constant heat, the lack of food in some areas, lack of moisture – who knows?

The Spotted Burrowing Frog has been reported and I have seen a number of frogs sitting on the roads at night. There has been a report of frogs calling in the area of our river

following our sparse rain events and a lone Pobblebonk in the nearby dam.

A Carpet Python made its presence known and was rescued by our ranger, Paul, who also found a Stimson's Python that had not survived the recent storm event. Paul also shifted a Gwardar and a young Dugite, both on different occasions, to an area of safety. A photo has been sent from Mrs Viv Street (via email), of a lively baby Gwardar (note the large eye that most very young reptiles have) that was making an attempt at getting indoors via the flywire door gutter. Although the photo is a tad blurry, because of the speed of the little one's attempt to miss being photographed, it was passed onto naturalist, John Dell, for positive identification.

The Gwardar has been described before in Python Watch but this interesting reptile is worth a repeat description. It is a common snake in our Shire and in the same family as the dugite; it is stated as 'dangerously poisonous'. The young reptiles are as poisonous as the adult so care must be taken not to attempt to catch these snakes and ensure your dog and cat are safe.

The Gwardar has great colour variation. Its ground colour may be very dark (to appear black), grey to orange, orange-red, gold, pale yellow, herringbone patterning on the orange or gold colouring or wide, even bandings of brown on gold or yellow. An added variation is that it may have a dark 'v' or a 'w' on the back of the neck, a blackish-brown head or both head and neck; what an amazing variety of colour and patterning. As can be seen by the photo this baby Gwardar has the formation of a 'w' on the back of its neck.

The Gwardar is a slender snake with an adult growing to approximately 1½ metres in length with the head and body of the same width. It is an egg-layer with up to 26 in a clutch. Its main foods are mice, rats and small lizards and it may be found around aviaries, poultry yards, hay sheds and in areas of undisturbed rubbish, unwanted vehicle bodies and sheets of discarded galvanised iron that all house its favourite foods. A snake also enjoys a bowl of milk or a plate of pet food so leave it in an

Continued Page 36

We owe you one.

Dear tradespeople, suppliers and our construction staff,

For a long time we've known how important you were to the finished quality of our homes, but as we all know, without a trained eye it's often hard to see when you've done a good job or when you've done a bad one - until recently.

The destructive storm that hit Northam and Toodyay on January 29 certainly highlighted the quality of your workmanship. Frankly, even we didn't expect our homes to survive 165km hour winds totally unscathed.

At times we even wonder how you hold a roof on a home under such a destructive onslaught.

If there is one positive that we can take from this storm it is that your workmanship has proven itself to be worth the awards that we at WA Country Builders sometimes take for granted. It's just a shame that you weren't responsible for the construction of all the homes in the path of that storm.

So, from all the team at WA Country Builders, we'd like to say thanks. We're grateful for your workmanship.

Ian Holloway
General Manager

WA Country Builders
Avon and Wheatbelt

environmental matters

Python Watch
continued from previous page

area not to encourage a reptilian visitor. When taking your dog for a walk keep it on a leash if there is long grass about or if it tends to wander off at the beach as snakes are often found in the sand dunes. Symptoms of snake bite in a dog are usually relatively slow to become obvious and include a slow progression of paralysis commencing at the back legs and moving to the front legs. If it could have been in contact with a snake take it urgently to the veterinary surgeon for a thorough checking.

The Toodyay Naturalists' Club is grateful for records of sightings of birds, herpetofauna (frogs, turtles, lizards, snakes, dragons, geckos and pythons), flowers, orchids and animals – anything of natural history interest to add to its database.



Photo courtesy of Mrs Viv Street – a baby Gwardar

TOODYAY EMU FARM



Walk amongst the "Free Range Emus" in natural bushland

- Guided Tours • Barbecues
 - Emu Products Shop
 - Covered Eating Area • Toilets
 - Ice-cream & Cool Drinks
- Coach & School Groups by Appointment

OPEN DAILY 10AM - 4PM

Hosts: Kip & Charmian Venn

PHONE 9574 1415

Bird of the Month



Peregrine Falcon

Desraé Clarke

WHAT an incredible thrill it was to see, and photograph, the rare Peregrine Falcon in our township of Toodyay. The pair of birds raised three chicks that were later seen flying about with one of the parents obviously keeping a close watch on proceedings.

The Peregrine Falcon is found throughout the world except in New Zealand. Unfortunately, there was a period of a severe decline with the popular use of the insecticide, DDT, which rendered the thinning and breaking of the shell of the birds eggs. Hopefully with the cessation of the use of this volatile insecticide the bird numbers will build to former numbers.

The Peregrine is one of the swiftest and most successful of all hunting 'hawks'. It soars high or may perch on a dead limb of a large tree and will swoop on its unsuspecting prey at estimated speeds of up to 300km/h. Peregrine Falcons, who pair for life, may also hunt co-operatively. Its main prey is a bird in flight which it will pluck to take back to a sheltered area to eat or to the nest of young. The term 'stoop' is used when the bird appears to drop out of the sky at tremendous speed with practically closed wings.

This bird of prey has a distinctive black hood and dark blue-black back. Its chin is white and it has buff-coloured underparts which have fine, transverse, dark barring through to beneath the tail. Its cere (bare, fleshy structure at the base of the upper beak containing the nostrils), eyes, legs and feet are bright yellow in colour.

The male Peregrine Falcon, as with most birds of prey, is considerably smaller than the female with a difference of 30 – 44 cm and wing span 85 to 100cm. They have a home range of up to 50 square kilometres throughout the year but often rest and roost close to the nest site. Peregrines prefer cliff ledges or crevices for their nesting or large tree hollows. In the south west of

our state they nest in tall trees often using large, deserted nests of other birds. They also nest on ledges of tall, city buildings; a pair is known to be nesting in the vicinity of a mining company building in Perth. Breeding is between August and December when three pale buff, with heavy red or red/brown blotching, eggs are laid. The young are covered in white down. The incubation period is approximately 30 days with the young fledging within five to six weeks.

The call of the Peregrine Falcon is a coarse, staccato 'chak, chak, chak, chak' with the male's call higher in pitch than that of the female. If calling in the vicinity of the nest it is a high-pitched, thin 'keer, keer, keer'.

As has already been stated the Peregrine Falcon is found throughout the world in the Tundra regions, Japan, South America in the high Andes, North America, Africa and we were fortunate enough to observe one flying over the mangroves while in the Everglades of Florida.

Toodyay Naturalists' Club

Desraé Clarke

DURING the 29 December 2009 fire a beautiful 'A' Class Nature Reserve that has been dedicated to Toodyay Naturalists' Club President (1987-1989), Mrs Mavis Jeffery, suffered approximately 50% destruction. The Reserve, on the corner of Sandplain Road and Drummond Drive, is overseen by the Department of Environment and Conservation (DEC) and is the subject of research by both the Toodyay Naturalists' Club members, DEC and undergraduates from Edith Cowan University.

Dr Geoff Barrett, Ecologist and Ornithologist from the Swan Region of DEC, is assisting the members with seasonal research. The first visit and data recorded was just before Christmas; it was obvious the fire of twelve months earlier had stimulated the Christmas Trees into one of the most spectacular displays of blossom seen for many years.

The scene of autumn with much growth of Stirlingia and tiny shrubs that demonstrates new life AND the ants are very busy! Birds were few. However, tiny Weebills were gleaning the Banksia regrowth searching for insects, Rainbow Bee-eaters, who will be gathering soon to leave to fly north, were seen and heard flying overhead, and the raucous calls of the New Holland Honeyeater and Red Wattlebird were a constant reminder of their presence.

Unfortunately, the advertised speaker for the March meeting was unobtainable; it is hoped that a representative from the Great Western Woodlands will be able to give a presentation at a future date. Because of this gap, Wayne Clarke came to the rescue with a delightful digital presentation of life and fauna in Kenya and Tanzania, East Africa.

The colourful and interesting native peoples of the area, the Maasai warriors, dress in their robes of brilliant red/orange with the reason given that the red resembled fire and wild creatures have a fear of fire. The very tall and slender Maasai were enthusiastic in showing visitors their incredible ability in leaping high off the ground from a standstill position. The small villages, of up to eight tiny houses built by the women from sticks and cow dung, were formed in a circle with spiky shrubbery forming a fence in which

to keep goats and their cattle, (the latter resembling the Indian Brahmin); calves were housed with the family.

It was interesting to note that three species of giraffe were seen namely the Maasai, Rothchild's and the Reticulated and two distinctly different Zebras being the Greevy's and the Biholtz. Several species of Vulture (the vacuum cleaners of Africa!) were either soaring in slow circles high overhead or fighting to get the best position when working. There were Golden and the Silver-backed Jackals, Bee-eaters, Bustards being the Kori, Black and the White-breasted, Eagles, Snake eagles, Hippopotamus (the most dangerous creature in Africa!), Weaver birds, Cheetah, Leopard, Elephant, Impala, Gazelle, Dik Dik, Gnu (Wildebeeste), Nile Crocodile, Olive Baboon, Black-faced monkey, the beautiful Lilac-breasted Roller plus many, many more – an unimaginable list of animals and birds.

While the 'King of the Jungle' lounged in long grass, usually at the top of a small hillock, his pride rolled about like playful kittens or slept – but not always! A pair of lioness watched a very nervous herd of Zebras waiting to cross a grassed area to drink, when all at once, the two cats sprung into action with a third coming from the opposite direction to ambush a lone beast that was pulled to the ground and had very little time left till it was food for the pride.

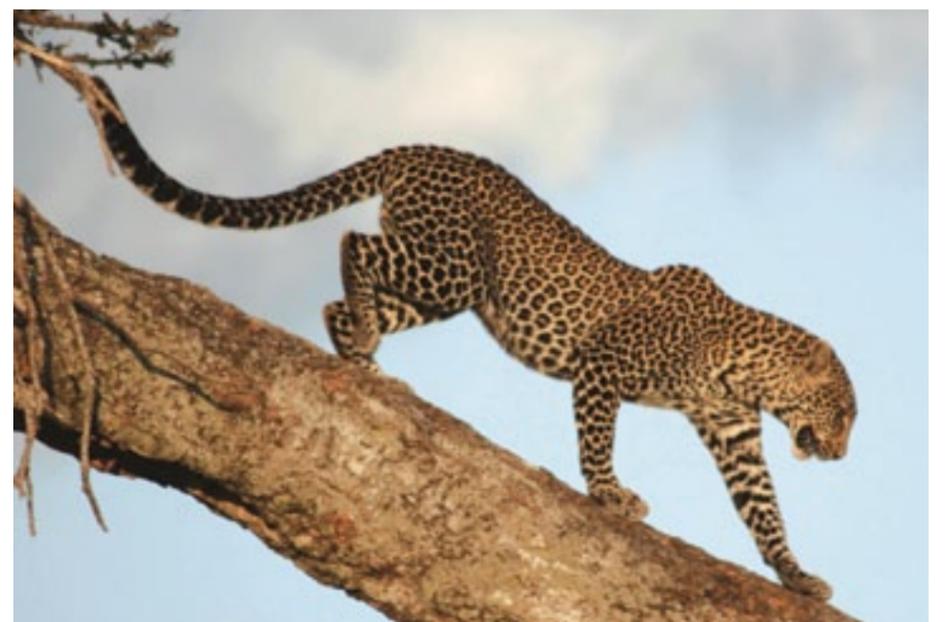
Prior to the trip a second-hand book of East African Birds was purchased, from America, and a guide of the Serengeti National Park both proving to be very valuable on such a trip.

Please Note: Visit to Kanyana Wildlife Rehabilitation Centre.

The car pool will depart from the Visitors' Centre at 4pm on Saturday 16 April. Kindly be there by 3.50pm so we can organise the necessary transport to Kanyana. The Wildlife Rehabilitation Centre is at 128 Gilchrist Rd, Lesmurdie. If travelling independently of the car pool, the quickest route is to drive to Kalamunda, then use Canning Rd and Pomeroy Rd. This crosses Welshpool East and becomes Edward St. This in turn becomes Gilchrist and the Hospital is at the very end. Please park in the car park to the left of the Administration Centre, not at the Hospital. We are expected at 5.30pm.

Kanyana, being an organisation run by volunteers, charges \$20 per person for the nocturnal tour. This is a set fee to be paid by each of us attending. Some of Kanyana's volunteers will conduct the tours, the first of which will be of the establishment in daylight, including the hospital, pre-release aviaries and Education animals - and the second, the nocturnal tour after sunset. Bilbies, Quendas, Woylies, Sugar Gliders and Echidnas are among the attractions. Please bring your own picnic/BBQ (there is a kitchen available for our use). We anticipate leaving Kanyana for Toodyay at 7.30pm at the latest.

Kanyana has 140 volunteers working at the Rehabilitation Centre in some form or other per week. In order to facilitate the organisation for this trip it is essential that we know the numbers attending in advance, so that we know how many volunteers will be required to assist. Kindly register with Naturalists Club member Sarah Dudley by 11 April if you would like to come on this excursion. New members to the Naturalists Club are always welcomed. If you require further details kindly contact our Acting President, Greg Warburton, on 9574 5445 or Sarah Dudley on 9574 2118.



Worm Workshops

...on again

Learn how to turn your organic household and farm waste into a natural fertiliser, that your plants will thrive on!!

Worm Farms & Worms at a discounted price.



Two hour workshop demonstration on setting up worm farms, maintaining & operating worm farms.

Toodyay Community Centre 5th April @ 6pm
16th April @ 10am

FREE

Presented by Vermiculture Expert: KEVIN SMITH
To book a seat, contact Kevin or Debbie
At **THE WORM SHED**, Chittering, 9571 8003

classifieds

toodyay sports

FOR SALE

CASH paid for aluminium cans, steel, brass, copper, old car bodies, etc. Lot 10 Tannin Place, Industrial Extracts, Northam Road. Ph 9574 2987 or 0438 412 324

GARDEN supplies. Top soil (\$44), mulch (\$35), yellow sand (\$44) and sawdust (\$20). Prices for 6 x 4 trailer. Ph 9574 2987, 0438 412 324 or 0439 842 987

SHEEP manure. Trailer load \$50, truck load \$400. Ph 0429 323 819

HOUSE bricks. New 8000 still in packs. 90% red, 10% cream. \$4000 for the lot or sell in lots of 1000. Ph 9574 4245

TRUNDLE bed, 3ft. Strong steel frame. Plus 6in thick foam rubber mattress. As new condition. \$60. Sunbeam 'Classic Banquet' Frypan. Supersize extra deep, glass lid. As new condition. Used once. \$50. Ph 9574 2477

CHESTS of drawers (2), 2 wardrobes, 2 single beds with clean mattresses. Make me an offer. Ph 9574 4184

WARDROBE, 3-door, quality, mahogany stained. VGC. \$200. Drawers, his and hers, quality, mahogany stained, very large. VGC. \$300. King single bed, good quality mattress, wrought iron look. Comes with sheets. \$100. Ball gowns, 1 Teal strapless, long, size 10 - 12. 1 white strapless, long, size 10 - 12. VGC. \$150 each. Ph 0427 476 432

MANY 1000L plastic storage pods/tanks in steel frame. Ideal for firefighting or watering farm trees. \$150 each. Ph 0418 771 665

HENS Isa/brown. \$6ea, 10 for \$50, 30/\$120. Pullets 16wks \$16ea. Del Mon 11 April Toodyay. Ph 9846 6055.

FIREWOOD, split dry Jarrah. We deliver. Ph 0409 549 833

BEE hives, full of bees and homey. Will deliver. Also honey for sale \$6/kg. Ph 9574 0393 AH please.

REAL ESTATE

HOUSE for sale: Historic colonial cottage built 1852 on 1200m², (2 x titles) with loads of character. 2 x bedrooms, 1 x bathroom, a study, a front lounge room with a separate dining room. Features lime rendered walls, pressed tin ceilings, jarrah features, an ornate fire place and wooden floors. New 300lt energy efficient HWS, Perth Digital TV channels, part air-conditioned with underground power, ADSL Internet available and deep sewerage to both blocks. Outside there is a covered al-fresco area, a large workshop with 3 phase power and concrete floor, a garage at the rear and plenty of parking. Short stroll to town. Owners keen to sell, private sale at \$455,000. Offers considered. Mobile: 0408 156 826 or Home: 9574 5692

Wheatbelt Clinical Psychology

- Psychological health problems and disorders
- Work, career problems, business issues and change of direction
 - Workers' compensation
 - Legal reports

Toodyay & Bindoon

Richard Taylor

Member of the *Institute of Clinical Psychologists WA*
Foundation Member *Australian College of Specialist Psychologists*

Specialist Clinical Psychologist
Medicare provider

0427 447 190
(business hours)

HOLIDAY RENTALS

LEEMAN: Reverse cycle air conditioning, two bathrooms, accommodates nine people, BBQ, microwave, TV/DVD, 100m from beach. Ph Brian or Jeannette for information on 9574 5087 or 0427 446 439

MOTOR VEHICLES & MACHINERY

BUCKET to suit small tractor. New condition. \$450. Ph 9574 4245

MTT Bus rigged out as a camper. No motor - has to be towed. \$2000. Ph 0417 765 927

1989 FORD Maverick, dual fuel, new h/duty tow bar and reece nitch, 2 x new tyres, h/duty bull bar. Tows well, runs well. \$3500ono - cash only. Ph 0438 742 221 (Carol)

MITSUBISHI Triton, 2004, white, 160,000km, serviced, reg til August. Good tyres. \$7500ono. Ph 0459 359 949

BEAUTY TREATMENT

MOBILE Make-Up for Weddings, Balls and Special Occasions - Phone Peta Norrish on 0409 842 309

WORKSHOPS

LEARN how to grow your own vegetables. It is time to start planting now for your winter crops. Have a higher success rate with your vegetable growing by attending our workshops. Available to individuals or groups. Contact Sandy for more information on 9574 4721

LIVESTOCK

ALPACA, 4 x females with male crias at foot. \$700 fem and cria inc GST. 3 x wethers. \$330ea inc GST Also Alpaca products for sale: 3 ply, 5 ply, 8 ply balls of 100gm for knitting, tops for spinning, felt. Ph 9574 7028 or mobile 0439 922 321.
Email jbxater@westnet.com.au;
www.corbracaghdownsalpacas.com.au

GARAGE SALES

SATURDAY 9 April, 7.30am - 2pm. 100 Timbercreek Cres, Coondle. Books, household goods, kids' toys and games, bird cages, boat accessories, spotlights, beer kegs and lots more.

SATURDAY 9, Sunday 10 April, 8am - 4pm. Assorted household machinery, workshop. Tons of stuff. 28 Eucalyptus Road. Ph 9574 5658

ART CLEARANCE SALE

Would you like to own a piece of art from the late Harry Newton's collection? Some collectables are included in the sale.

Works are available for sale at Julimar Cottage, 1650 Julimar Road, Julimar.

9am to 4pm Saturday 9 April & Sunday 10 April 2011.

Great art at fantastic prices. Come and make an offer.

For further information
Phone John 9574 4664

YOGA

Monday 6pm ~ Friday 9am
Toodyay Community Centre

9574 4184

Clackline/Toodyay Karate Club

LOOK out for our Mother's Day raffle and cake stall which will be held on Saturday 30 April outside the new IGA. All donations and support will be appreciated. Our club, like so many in the community, depends on fundraising, donations and grants to purchase supplies and equipment etc.

Sensei Ken and Sensei Helen are planning to further consolidate their skills by travelling to Malaysia in July to attend seminars conducted by Sensei Andre Bertel. This may be an exciting opportunity for students as well. If you are genuinely interested in attending and prepared to make the commitment, talk to Sensei Helen or Sensei Ken. Expressions of interest need to be registered by 8 April. Proceeds from the Mother's Day raffle and cake stall will assist team members to get to Malaysia.

The next Committee meeting is to be held on 10 April at 10am at the Avonbrook Winery, Clackline. Come along and support the club. We have a full calendar of events for this year so become involved in the committee and help us to maximise the opportunities available to all the students.

The WA State Championships are being held at the Morley Recreation Centre on Sunday 29 May. There will be scheduled training sessions over the April school holidays to help students prepare for the championships. Let's get a team together and show off all the talent within our club! It was great to see Saxon back at the Dojo and we wish him a speedy recovery. Our thoughts are also with friends affected by the earthquakes in Christchurch and Japan.

Toodyay classes are held in the Youth Hall:

Wednesdays

3.45 - 4.15pm 5 - 8yr olds
4.30 - 5.30pm 8 - 12yr olds
6 - 7.30pm Highschool and adults

Fridays

3.45 - 4.15pm 5 - 8yr olds
4.30 - 5.30pm 8 - 12yr olds
6 - 7.30pm Highschool and adults

Classes are also held in Bakers Hill at the Bakers Hill Rec Centre on:

Mondays

3.30 - 4pm 5 - 8yr olds
4 - 5pm 8-15yr olds

If you would like to keep up-to-date with all that is going on at the club, email Helen at helenbain@optusnet.com.au and ask her to link you into the Avon Valley Shotokan facebook site.

Toodyay Bowls

June Eastwood

THERE is no doubt the beautiful playing surface the Toodyay Bowling Club now enjoys has resulted in a vast improvement in member's bowling prowess as evidenced by the results in both Men and Ladies results this past season.

Men's Results:

First Division finished 3rd on the ladder this year and in finals competition, they played Dowerin and won. This placed them in a semi final against York and after a hard fought match, they went down to York by only two shots.

Men's Results:

First Division finished 3rd on the ladder this year and in finals competition, they played Dowerin and won. This placed them in a semi final against York and after a hard fought match, they went down to York by only two shots.

Men's Results:

First Division finished 3rd on the ladder this year and in finals competition, they played Dowerin and won. This placed them in a semi final against York and after a hard fought match, they went down to York by only two shots.

First Division finished 3rd on the ladder this year and in finals competition, they played Dowerin and won. This placed them in a semi final against York and after a hard fought match, they went down to York by only two shots.

First Division finished 3rd on the ladder this year and in finals competition, they played Dowerin and won. This placed them in a semi final against York and after a hard fought match, they went down to York by only two shots.

First Division finished 3rd on the ladder this year and in finals competition, they played Dowerin and won. This placed them in a semi final against York and after a hard fought match, they went down to York by only two shots.

First Division finished 3rd on the ladder this year and in finals competition, they played Dowerin and won. This placed them in a semi final against York and after a hard fought match, they went down to York by only two shots.

First Division finished 3rd on the ladder this year and in finals competition, they played Dowerin and won. This placed them in a semi final against York and after a hard fought match, they went down to York by only two shots.

First Division finished 3rd on the ladder this year and in finals competition, they played Dowerin and won. This placed them in a semi final against York and after a hard fought match, they went down to York by only two shots.

First Division finished 3rd on the ladder this year and in finals competition, they played Dowerin and won. This placed them in a semi final against York and after a hard fought match, they went down to York by only two shots.

Second division finished on top of the ladder and, in the preliminaries, played and defeated Northam Gold 102 - 83. Northam Gold then played Northam Blue for the right to challenge Toodyay, with Northam Gold the winners. Sunday afternoon saw an absolute cliff hanger final between Toodyay and Northam Gold.

Initially Toodyay was well down but climbed slowly back up to be ahead. Two of the four Toodyay teams each dropped four on their last end of the match and the third team had also fallen in a hole at one stage. This left one team still with two ends to play and Toodyay trailed by three. On the second last end, Toodyay was down three when a saving bowl turned the three down to one up and scores were locked at 91, all with a final end to play. Again, all appeared lost with Northam Gold holding three and Toodyay's Skipper, Phil Watson, with only one bowl left to play. He sent his bowl down and squirted the jack over to a Toodyay bowl. Bated breath while the Northam Gold Skipper played his last bowl but he could not emulate Phil's bowl and Toodyay won their first Pennant in some years 91/90. There is a saying about snatching victory from the jaws of defeat. I think Toodyay took out the tonsils as well.

The men contested their Singles which were won by Branco Jokich with Mickey Jaworski runner up. In the Plate, the winner was Ashley Grundy with Branco Andrijich runner up. Congratulations to all winners. Pairs will be contested this coming Sunday

Ladies Results:
The ladies' pennant also improved this season to finish 5th on the ladder. Bolgart were the season winners.

On 2 and 9 March, the ladies contested Championship Singles with Heather Henderson being the winner and Kaye Rewell runner-up. They will be playing at Bolgart and Northam in the coming weeks in the ChampOChamp (and runner-up) for the League.

Marilyn Smith and Kaye Rewell went to Northam on 15 March to play in the League Open Singles with mixed success. Winner of this event was Wendy Mitchell from Northam.

One team of four ladies went to Goomalling on 10 March for their Gala Day and came out winning one round and gaining a prize for this. They had two wins on the day out of three.

Four ladies went down to Country Week and won two out of four games in the fours and one pair had two wins and the other, one win out of three games in pairs.

We have our Handicap Singles in April and the Captain's Trophy and hope to have the Championship Fours if enough players are available.

Our final event for the season will be our Gala Day on 30 April which is already fully booked.

A big thank you to Sadie and her band of helpers who at very short notice prepared afternoon tea, morning tea and meal for the Pennant Finals played over this last weekend.

AVON HILLS WINDMILLS & PUMP SERVICE

Specialising in rural water systems



WINDMILLS
New and Used Serviced and Repaired

TANKS
500 - 50,000 gl capacity

PUMPS
Submersible, Pressure & Solar

BORES
Bore testing and equipping

TRENCHING
Power, Phone, Water Pipe

Phone **9578 3245**
Email: insciba@bigpond.com

Authorised Sales & Service Agents for:

DAVEY

onga PUMPS

SOUTHERN CROSS

toodyay sports

Avon Valley Adult Riding Club



Adult Riding Club members Sandra Sutton (left) and Mel Flowers (right) competing at the recent York Horsemen's gymkhana at Northam.

Caroline Venables-Kyrke

AVON Valley Adult Riding Club's March rally was very well attended and we welcomed several visitors and some new members.

Luckily the weather was a bit cooler than the February rally and so riders enjoyed the flatwork lessons in the morning with instructor Catherine Trindall and visiting instructor Sue Britza who was standing in for her son David, our usual instructor.

After a delicious salad lunch a general meeting was held to discuss several alterations to the club's constitution, mainly the membership categories, especially with regard to day membership and insurance.

It was also agreed that the club would have an association membership at a cost of \$30 per year for those who wished only to attend clinics if there are sufficient places and also take part in any social events, but they would not be able to attend normal rallies or club gymkhanas.

All alterations to the constitution were passed on a show of hands.

In the afternoon riders split into two groups – one for the show jumping and one for horse handling.

The club's new show jump and poles

trailer has arrived and a very big thank you goes to Tom Kress for all his work in converting a dilapidated caravan base into a very useful trailer where all our jumping equipment can be stored.

The jumping course was made more challenging with some inventive fills for some of the jumps, which everyone managed to clear without the horses being scared at the bright flowers in pots.

Plans are well underway for the interclub challenge on 1 May – not long to go now! Several members have volunteered as helpers for the day but there are still several positions that need to be filled.

Please remember that if you are not riding you should be able to help out on the day and make it run as smoothly as possible.

Also the club is looking for donations for prizes – we are hoping to fill up a water bucket or feed buckets with lots of useful bits and pieces as one of the major raffle prizes.

As this is an interclub challenge all entrants must wear complete club uniform, i.e. cream jodhpurs, black boots, club shirt, brow band and saddle blanket. If you don't have a club shirt or saddle blanket contact Sandi and she will be able to help you out.

Many members went to the York Horsemen's March gymkhana held in Northam and did very well.

Here are some of the results, and apologies to anyone who has been missed out:

Suzette Davis on Devon won Reserve Champion Show Hunter and Reserve Hack in the walk/trot/canter ring.

Sandra Sutton on Gypsy won Reserve Hack in the walk/trot ring.

Gail Kershaw on Darcy won Reserve Champion Rider.

Eloise Paust on Sheldene Tristan won Champion Show Hunter and Reserve Champion Galloway.

Julie Malley on Sheldene Zantor won Champion Galloway.

Congratulations to everyone on a terrific day and this augurs well for the club at the upcoming interclub challenge which is a hack day.

The club is open to anyone who is over the age of 18 and owns a horse or pony and wants to join in a social group with instruction once a month.

The grounds are at the Toodyay Racecourse and rallies are held on the fourth Saturday of the month.

If you are interested in joining please contact Caroline on 9574 1407 and she can give you any information you require.

Toodyay Districts Horse and Pony Club



Emily Carpenter on her pony Chelsea and led by her Mum, Tanzi, participated in the led showjumping round.

Cassandra Duckworth

OUR first rally for the year, held on 28 February at the Toodyay Racecourse, was certainly a hot one.

The keen young members were not deterred by the hot sun beating down on them, so much was the pleasure of being on their horses' backs after a couple of months off from club rallies and activities. The riders happily participated in their lessons but the poor lead liners' Mums were practically melting from all of the running around beside their ponies. When we finally dragged ourselves up to the stables the horses, Mums and kids were all hosed down to everyone's relief!

A very informative and thorough gear checking talk followed lunch which gave all members the chance to have their own gear assessed and explained the importance of having correctly fitting gear in good condition for the safety and comfort of both horse and rider.

To really kick off the year and promote our club to the community an Open Day was held on 13 March. This was a really fun day with barrel racing, handy pony, games and showjumping for all levels and capabilities. It was a great success and showed a lot of the variety that our club has to offer. Those that missed out on attending this Open Day were able to come along to the next rally on 3 April. Usually rallies are held on the fourth Sunday of the month but occasionally another date will be used or we'll meet more than once in the month for things such as Open Days, Camps and Gymkhanas.

Members are currently getting ready for

our first big fundraiser of the year. Once again we are catering at a big horse show at the Claremont Showgrounds where ponies registered with the Australian Pony Stud Book will be shown for two days. Good luck to the brave members who will be juggling cooking with showing their own ponies at the show!

A busy bee was held at the grounds on 2 April. More info about this will be in next month's issue of the Herald.

For all Pony Club enquiries please call Tanzi on 0427859493

Toodyay Soccer Club

Soccer Clinic, Coaching Clinic and Registrations

Cost:	Free
When:	Sunday 17 April
Where:	Toodyay Hockey Oval
8 Yrs and under:	10 am
10 Yrs and under:	11.15am
11 to 16 Yrs:	12.30pm
Coaching Clinic time:	(TBA)
Register for clinic:	Narelle 9574 5815
Toodyay Soccer Club is starting Adult Mixed Social soccer:	
When:	Wednesday Night 6.30pm
Where:	Toodyay Footy oval
Age:	17 and over
Contact:	Narelle 9574 5815

Toodyay Junior Tennis



L to r: Kristen Twine, Andrea Chitty, Mitchell Cording, Michael Hasson, Jacob Blankendaal, Jayden Ellis, Mary Groves.

ON Thursday 24 March the finals of the junior championship singles were held. This is known as the Groves Cup for the girls and the O'Reilly cup for the boys.

Mary Groves, representing the two families, presented a new honour board to the tennis club as the original board has been filled. The cups started being played for in 1961, 50 years ago! This has been a huge effort on the tennis club's behalf and also on behalf of the Groves and O'Reilly families, to keep this event going over that number of years.

Congratulations to all the players who entered. Our juniors do not play singles very often and they enjoyed the competition.

The winners of the cups were Kristen

Twine and Jacob Blankendaal, runners up Andrea Chitty and Jayden Ellis. The singles plate winner was Mitchell Cording with the runner up Michael Hasson.

The tennis season is coming to a close for the juniors. The last event for the year is the Jones Perpetual trophy which was played on Sunday 3 April, which was also our closing day.

Four of our juniors have been chosen to represent our zone (Moore Districts) in the zone country challenge at the State Tennis Centre on 27, 28, 29 April. Well done to Kristen Twine and Andrea Chitty who will play in the 14 and under A team and to Megan Moffet who will play in the B team. Kieran Hug will play in the 16 and under A team.

Looking for finance for a home or investment?

Renovating?

Need to restructure existing loans?

Business finance?



Brendan Fitzgerald

MOBILE MORTGAGE BROKER
ACL 383804

Ph 0418 951 712

Fax 9574 2995 22 Lukin St, PO Box 1024, Toodyay 6566

Toodyay Cricket



'A' Grade

Sat 26 February

Toodyay 128 lost to Grass Valley White 179

Toodyay Batting:	
Rob Glover	32
Corey Higgins	27
Jason Jones	17
Jack Dasborough	15
Mick Geary	14
Toodyay Bowling:	
Rob Glover	3 for 27
Blade Brown	1 for 11
Jason Jones	1 for 21
Corey Higgins	1 for 30
Jack Dasborough	1 for 34
Mick Carter	1 for 45

2nd Semi Final

Sat 12 March

Toodyay 6 for 154 def Grass Valley Green 145

Toodyay Batting:	
Jack Dasborough	49
Shane Farrall	34
Jermaine Davis	30
Toodyay Bowling:	
Rob Glover	3 for 34
Jason Jones	3 for 49
Jermaine Davis	2 for 19

Grand Final – 2-day Game

Day 1 - Sat 19 March

Toodyay 7 for 171; Roos 183

Toodyay Batting:	
Jack Dasborough	76no
Shane Farrall	37
Rob Glover	20
Damon Geary	20
Toodyay Bowling:	
Jason Jones	4 for 37
Ryan Van Beek	2 for 16
Shaun Bazley	2 for 32
Jack Dasborough	2 for 36

Day 2 - Sun 20 March

Toodyay 134; Roos 106

Toodyay Batting:	
Peter Dasborough	28
Damon Geary	27
Corey Higgins	22
Toodyay Bowling:	
Ryan Van Beek	3 for 15

Jason Jones	3 for 23
Jack Dasborough	2 for 27
Jermaine Davis	1 for 24

Toodyay Premiers – 305 to 289 – for the first time in seven years.
Congratulations to all.

'B' Grade

Sun 27 February

Toodyay 122 def Grass Valley White 72

Toodyay Batting:	
Andrew Valance	34
Ryan Van Beek	31
Paul Morgan	18
Toodyay Bowling:	
Shaun Bazley	3 for 11
Paul Morgan	2 for 3
Andrew Valance	2 for 15

Semi Final

Sat 12 March

Grass Valley White 208 def Toodyay 54

Toodyay Batting:	
Shane Nagle	11
Ryan Van Beek	10
Toodyay Bowling:	
Andrew Valance	2 for 24
Ryan Van Beek	2 for 38
Paul Morgan	2 for 49
Steve Riseley	2 for 61

Under 13

Both the Red and Gold teams were competitive during the season, finishing 4th and 5th in the six team division.

Under 16

Sat 26 Feb

Toodyay 152 def Northam High School 68

Toodyay Batting:	
Jeremy Ferguson	42no
Damon Geary	37
Peter Wlazlowski	34
Patrick Cording	14
Toodyay Bowling:	
Jeremy Ferguson	3 for 26
Damon Geary	2 for 14

The team finished 3rd in the four team division. Damon Geary won the bowling trophy for the Northam Junior Cricket Association Under 16 Division.

Toodyay Tennis



The Governor General with the tennis teams. Photo courtesy of Wayne Weaver

Angela Fox

WHAT a great morning we had on Thursday 24 March. The Governor's tennis team came up and played our team; it was such a lovely morning.

The weather was hot but didn't detract from everybody having a really good time. They played three sets straight off with some close, competitive games by all accounts. Afterwards, we all enjoyed a buffet lunch.

A special thanks must go to all who helped prepare the lunch and serve it; what a lovely spread we did. Our thanks also go to Therese for coordinating the event for us. She then, after a morning of tennis, ran a Junior Tennis tournament in the afternoon; there's dedication for you.

The morning prior to the Governor's

visit, a few of us spent four hours giving everything a spruce up. The gardens all looked good as did the courts, club house etc. A special thanks to Maz who scrubbed all of our chairs; they look brand new now Maz! Also, again, thanks to Maz and Mike for their joint efforts in producing the invitations.

Friday nights are still getting a few people with this Friday the exception (I think the heat was a bit much.) Of course, maybe those who had played the day before were a bit worn out, except Roma. She was there. Where do get your energy from, Roma?

Tuesdays are still going well. We have a couple of new members, Ross and Lorraine; welcome to you both.

That's all for this month. Hopefully, the weather will one day cool down!



Toodyay Theatre Group



PRESENTS

CinderFELLA

A Modern Twist On An Age Old Classic

20th, 21st, 27th & 28th May, 2011
Toodyay Memorial Hall
Show starts 7:30 pm sharp
Bar Facilities Available
BYO Nibbles
Tickets \$15 per person
Available at Makit Hardware
119 Stirling Street, Toodyay

Directed & Produced by
D Mitchell & G Piercy
Written by G Piercy



YES - YOU DO HAVE THE CHOICE OF SETTLEMENT AGENT WHEN BUYING OR SELLING REAL ESTATE

Sharon Stivey Settlements



Phone: 9574 4320 Fax: 9574 5014
P.O. Box 827 TOODYAY 6566

An Independent Real Estate Settlement Agent

FAMILY LAW

DEFACTO RELATIONSHIPS

- * Separation
 - * Child Support/Maintenance
 - * Divorce
 - * Property Settlement
 - * Contact/Residence - Children
 - * Restraining Orders
 - * Prenuptial Agreements - Binding Financial Agreements
 - * Legal Aid Accepted
- Discounted rate for initial 1 hour consultation.*

Now seeing clients at:

Sarah Somers
Barrister & Solicitor
85 Fitzgerald Street, Northam
(offices of Mayberry Hammond)
Telephone: 9622 7255

SMALL FARM CLEARING SALE
21 BLACK WATTLE ROAD TOODYAY
FOLLOW SIGNS OFF BINDOON-DEWARS POOL RD
11AM Saturday 16th April 2011

Plant & Equipment:- Isuzu tray top 1983 with tilt tray & hiab, Colchester 3 phase electric wood lathe, Luzhong tractor (as new, 12 hours) with Backhoe & Front End Loader, John Deere Backhoe, TAE20 Massey Tractor, Kawasaki Motor Bike 4WD (Ex Con), 3PI Grader Blade (new), 3PI Grader Blade, Hay Bale Loader, Petrol Cement Mixer, Electric Cement Mixer, Portable Saw Bench (as new), Hardi Portable Sprayer, Diesel 5kva Generator, Large Compressor, Brick Trolley, Antique Circular Saw, Sicle Mower

Vehicles:- Range Rover (Accident damaged, unlicensed), Old Landrover (Unlicensed)

Workshop equipment:- Extension ladder, Trans Mig Welder, Hand Tools, Power tools, grease & oils, bolts, drum pumps, lawn mower, portable A/Cond., aluminium dinghy, backpack sprayer, **SCRAP STEEL**, plus sundries too numerous to mention.

Outside vendors welcome – please contact auctioneer.

Note:- 10% buyers premium applies to all lots.
All bidders must register at office on-site.
Drivers License ID required.
Cash only (no EFTPOS available)
Inspection from 9am morning of sale

Enquiries to:- Auctioneer Tony Maddox 9574 2917

Sausage sizzle & cold drinks by Toodyay Scouts

21 BLACK WATTLE ROAD TOODYAY

MUST BE SOLD

100 ACRE SMALL FARM

PICTURE PERFECT

Rolling hills, tall trees, stream lines & well.

Arable land with additional grazing, excellent fencing, driveways, one main shed with quarters & workshop, second shed & outbuildings.

\$499,000

JOHN BUTLER
L J HOOKER TOODYAY
9574 2455



NEAT, TIDY & CONVENIENT

On town boundary with massive 2,437sqm of land is this fibro & iron 3 bed home. Freshly painted, sanded hardwood floorboards, security screens & spacious covered-in area for playroom, sleepout or hobby/craft. Magic budget buy for starter or investor.

\$320,000



YOUNG & PRETTY

3 bed home in prime culdesac position at Avon Heights. Modern home with impressive frontage only minutes from the town centre & river, set on a very large 1,500sqm corner lot. This home has air-con, ceiling fans, slow combustion fireplace & is fully insulated. Terrace & reticulated gardens with both scheme & rainwater.

\$329,000



COUNTRY CASUAL

2ac with informal, roomy, air-con 3bed home just 5km from town. 40' x 20' (12m x 6m) powered shed with many extras, fresh water bore & paddocks for your cherished farm animals. Cool outdoor entertaining & established gardens make this a property you should inspect. GENUINE SALE.

\$359,000



THE BEST LITTLE STREET IN TOWN

3 bedroom 2 bathroom family home with high ceilings & air-cond. Full length patio for outdoor entertaining. Your own below ground pool plus self contained teenage retreat in the backyard. All on huge level terraced block with two street access.

\$385,000



TOWN CENTRAL

5 bed 2 bath with 2 room external office, spa room & 3 separate living areas. Big open shady gardens with ponds, fruit trees & pool. Complete family unit in a perfect location. Get so much more for your money here!

\$439,000



AVON RIVER FRONTAGE

11 beautiful acres right on banks of the Avon River, between Toodyay & Northam. Extra large 4 bed 2 bath home with O/P living, dedicated lounge, separate study/music room & pool. Connected to scheme water & 20,000gal r/water storage - this is indeed a bargain! TAKE A LOOK!

\$499,000



EASY ACCESS TO TOWN

Perfect horse property with bore water, renovated 3 bed home & just 2kms from town. Extra spacious verandahs, large country kitchen, & extra shower & toilet in the laundry room. 11 acres fenced into paddocks, just right for stock. Two 6m x 6m sheds. Make an appointment to view.

\$550,000



WHEN SIZE DOES MATTER

Magnificent D/B home featuring timber ceilings, paved verandahs, B/G pool & guest accommodation, all on 2 acres backing onto Avon River. Living area is spacious, with built-in-bar, French doors, warm log fire & split R/C air-cond. Invite your friends over & still have room for more. INSPECT NOW!

\$595,000

112a Stirling Terrace
Ph 9574 2455
toodyay@ljh.com.au

LJ Hooker
Toodyay
08 9574 2455

Visit our websites:
ljhooker.com
reiwa.com
realestate.com